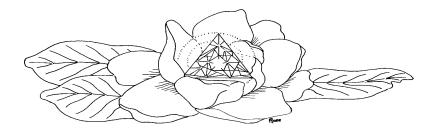
# Though Eline February 2014

## COMMUNITY MEDITATION MEETINGS Capricorn, January 15,2014 Wednesday @ 7:45 Aquarius, February 13,2014 Thursday @ 7:45

In this Issue

Meditation: Service To The World by Tom Carney



Workshops/Classes (To participate, please call to arrange a meeting)

- ▶ Building the Lighted Way Sundays @ 9:00 AM
- ▶ White Magician Training Wednesday Evenings @ 7:30 PM

Online Workshop/Class/Group Meditations (Please call to join)

New and Full Moon meditations (To sign up for notices e-mail wezkuhl@gmail.com)

#### Group Meditation Work

January 1, through January 30, 2014

Creativeness encompasses the fiery potentiality, and is impregnated with the sacred fire of the heart. Therefore, upon the path to the Hierarchy, upon the path of Great Service, upon the path of Communion, synthesis is the one luminous path of the heart. *Heart* 1

#### February 1, through February 28, 2014

The disciple acts "as if" he were initiate and then discovers that "as a man thinketh in his heart so is he," because the heart is the custodian of the power of the imagination. The imagination is released into creative activity when the disciple acts "as if" he were the soul in full expression, "as if" the Master were ever aware of the doings of His disciple, "as if" he walked in full liberation consciously. Discipleship In The New Age II p.555

#### Arcana Workshops

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## Meditation: Service To The World

eing a world around group of experienced energy meditators, the very best thing we can do to empower and continue the dynamic unfolding of the restoration of the Plan on Earth--which we can see happening all around us--is to meditate. For meditation is the engine that drives evolution. That "energy follows thought." is no casual comment. It is the basic formula, the secret of creation.

Over the past few decades, there has been a growing and rather remarkable development in our meditation processes. The basic formula never changes. Energy does follow thought.

However, the way that we have been approaching this work has evolved in synchronicity with the ever growing presence of the energy of synthesis as it flows through the Ashram of that name. The "new" process is being driven by Love or Pure Reasoning Will, rather than blind devotion to thoughtforms of ancient rituals and formulated ideals. We think of this new method of meditation, not so much "new", as adjusted to reality, as a science.

Scientific meditation that works from energy into form, or Will into Creation through Love, is, to use a very misused concept correctly, ritualistic or the conscious, systematic, and coherent direction of energy. It therefore tends to create or cause to appear in the dense physical a more accurate and effective appearance of the initiating Cosmic Principle.

The creative processes of the, previous Age, including a lot of various kinds of meditation, seldom started with Principle and were often confused with, that is, joined with previously held emotionally

polarized thoughtforms, ideals. assumptions, rituals. superstitions, illusions, traditions, half truths, and just plain wrong conceptions of Reality. Thus, as we have witnessed century after century, the constant revolution systems that merely extrapolated the existing flawed systems into new iterations of form, rather than the evolution of systems of government, finance, and conceptions of humanness, godliness and so forth that were generated from deeper understandings of the Principles of Cosmic Physics and manifested as advances in the revelation of the Good.

#### The Long Chain of Avatars

Any progress that was made during this very long and very dark age, was made only as a result of pioneers, brothers and sisters, or to use an ancient word, "avatars" of great courage and vision who literally sacrificed their lives to move Humanity, often only a tiny step at a time, forward out of that darkness and into the Light. I was thinking just now of Joan of Arc. But there were countless others, who came before and after that great being, whose deeds and names will never be known. However, it is only as result of their indefatigable striving that we, Humanity, stand here now on the rising wave of the Coming One: One Planet, One People, One Equality, One Justice, The Common Good and the General Welfare.

This development in the process of meditation, as I said, makes of the work a scientific process of moving Principle into manifestation. This approach reveals a more accurate way of understanding what the Ageless Wisdom refers to as ritual. Probably few of us are what is known as

programmers. However, those who do know what a "program" is, that is a series of instructions that tell an electronic device what, how, and when to do what it does, how it basically works, marvel at the beauty, harmony and power of these ritualistic movements of energy through thought into action.

So, it is as scientists that we approach this work. It is as scientists that we marvel at the power of thought and what Principle directed bv enlightened consciousness can "Toiler, when create. the energy is transmuted into an ocean of light, does thy consciousness quiver or expand? Toiler, is thy heart fearful or exultant when before thee looms Infinity?" lt is as scientists, explorers Reality, that we can respond to Master M's query at the close of Community with a resounding affirmation to strive into the Light

These developments in our approach to meditation are the unavoidable effects of the general expansion of consciousness that has been going on in human evolution. (Gone on, we might add, in spite of all of the efforts of the Retrogressors to twist and block it.) Stripped of all of its exotic, mystical, coded, hidden, and metaphorical anciently necessary language. so bygone eras to convey to the students of the Path and, at the same time hide from the unready, the details of cosmic energy functionality, the scientific explanation of consciousness expansion is relatively simple. It means that the re-incarnating soul, previously imprisoned, as in a "prisoner of the Planet", by its identification with its personality, its forms, after lives of "struggle for the meaning of existence" has finally seen through the fogs of glamour and illusions of form identification and discovered the Light of its Essential Divinity.

"Toiler, when the energy is transmuted into an ocean of light, does thy consciousness quiver or expand? Toiler, is thy heart fearful or exultant when before thee looms Infinity?"

"Light and revelation are cause and effect." The Rays And The *Initiations* p.74 This revelation in effect creates a need of tremendous power, i.e.; the need of the now conscious, or "freed" soul incarnate to reunite with its greater self. This need, as do all needs, generates a negatively charged energy which radiates through the layers of the dense physical dimensions and contacts that Source of positive Life, its originating Source or Soul. In effect, a "bridge of Light" between the positive and negatives poles of energy field is revealed. Metaphor works too. Consider a very long period of preparation which results in a briefer but still lengthy lightening strike.

As a result or effect of this purely scientific event which we call "bridge building" and "soul infusion" the center of thought direction has moved from the lower mental/desire body to the heart. We have evolved, to use the language of the Ancients, from a condition of kama/manas to a condition of manas/buddhic. What this means is that thought is being generated from an inclusive synthetic point of view rather than from the illusory point of view of separation that characterized the

consciousness of the personality who was imprisoned in the illusion of the Great Lie.

As we know from much experience, both individually and collectively, these purely scientific events do not happen in a single flash of the lightening or the touch of the Soul. They involve much backing and forthing or "short circuits, overloads, and black outs" in the energy wiring. Also, the immutable Laws of Cosmic Physics, overseen and implemented by the Adjusters of Cosmic Harmony, the Lords of Karma, indicate that both the individual and collective systems must and will be returned to a state of perfect

balance.

However, Humanity much that four chambered has been about the blood pump but the energy re-construction of field of which that blood this network for pump is the dense physical many eons and precipitate and symbol. since there is in Reality only One Humanity, there is a collective field or a kind of capacitor within which experience the of every disciple who successfully completes this connection and bridge building process is stored. This collective power field of the One Humanity becomes available for those individuals following on the Path. Thus the journey has, over the eons, become shorter, very much quicker, and balance can be achieved for both the individual and the Collective, as we have been witnessing, in rapidly decreasing periods of time. As the spiral of evolution moves into the higher dimensions it tends toward a center point and the revolutions become both shorter and closer together. Things seem to speed up!

So, the point of all this has to do with the heart. Not so much that four chambered blood pump but the energy field of which that blood pump is the dense physical precipitate and symbol. The science here has to do with the difference between symbols, meaning and significance.

The heart which beats in our chests is a symbol. It moves the blood through our bodies. feeding. actually nourishing. maintaining these dense physical instruments--By the way, I would not call these bodies robots because they are so much more sophisticated than any human designed robot, including Data, will ever be.--in a state which So, the point of all this has we refer to as "alive" to do with the heart. Not so capable or functioning on the dense physical plane. All of these actions symbolic are of deeper, greater

> Symbols are objects or forms. They are more or less For dense. example, thoughtforms symbols. are Thoughtforms are formulated symbolic energy fields which hold the patterns and intentions of either an old thoughtform or, again, when the meditation is true, an Idea. A human body, a heart, a flag, a crucifix, the Washington Monument, Versailles, the Constitution of the United States of precipitations America are gross or formulations of such thoughtforms.

Meanings.

As a separated consciousness, we were and many, many still are, are identified with form. Our mind functionality can only register or relate to other forms. Hence, as separated or deluded consciousnesses, no matter how "intelligent", we cannot access

the Dimension of Meaning. We cannot **realize** anything that is not a dense form.

The Dimension of Meaning is formless and can be accessed, therefore, only by a consciousness that has been freed from the chains of thoughtforms and material living. The path of form identification is from form into denser form. The Path out of form identification lies through the heart.

Consider the Sun, the Heart of our Solar system. Its radiation of Light includes every atom of matter in the Solar system. Consider the function of the heart. The heart is the sun of our system. It is the symbolic organ of inclusion. It carries vitality or life or blood to ever single cell in the entire human body.

When the consciousness of reincarnating souls expands to the point of **inclusive awareness of others**, we begin to "think in the heart". Because we are no longer confined to the illusion of form reality, we are able to realize Meaning, the formless dimension we call the higher mind.

When we can stand still long enough, or steady in the Light as the Teaching puts it, the Dimension of Meaning is linked by a still higher iteration of the symbolic heart, the fourth dimension we call Buddhi, to the Heart in the Dimension of Principle. A linked chain of Sun Hearts connects us with the Dimension of Principle of Spiritual Life. Thus Principle is unified with Mind. It is this connection through which we discover that energy field we call Wisdom, and it is Wisdom which enlightens the lower mental apparatus and manifests through forms which more accurately synchronize with Divine Intention.

Meditation therefore is the science or study of what energy is, how it works in a multidimensional Cosmos, and how to use it as a c-creator in the ever unfolding Plan.

Meditation, like all true science is actually a highly advanced form of Art. As the Master M. has indicated, "Thus, while studying the arts, let us not forget the art of the Good, which requires assumption of full responsibility and an understanding of the meaning of life. It is the most difficult of arts, but it speeds the way. An unskilled sculptor can ruin a block of marble, but an unskilled doer of good can break many hearts! Only by hard work can a sculptor become skilled. Likewise. only profound contemplation can perfect the art of the Good. Supermundane 11, #309

You will see that the attached meditation work for the 2014 cycle is focused on the Heart and the Mother. The evolution of the Planet and the One Humanity depends upon the reconstruction and right balance of how humans live on the planet. The thoughtforms necessary to reconstruct the systems of our planetary life must be engendered from Principle into Mind and only then through the power of the Mother or Goodwill into formulations.

The Heart is the only path, the Soul Path for this work. Thus the meditative emphasis on Willing and Thinking the heart into conscious existence in the minds of Humanity. Among all the service work in which we are engaged, this meditation work is the preeminent service that we are uniquely suited, and trained to do. We are doing this meditation work ourselves, we are doing it for Humanity. Remember, Energy follows thought. We are powerful, highly trained, one pointed meditators and what we Think In The Heart really matters. We co-create as meditate

Tom Carney Aquarius 2014

# Arcana Workshops 2014 New Moon Meditation Cycle Seed Thoughts

THE INDEFATIGABLE HEART OF

### The Mother Of The World

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All times are PST. Adjust Daylight Saving Time for your time zones.

Inbreathing Cycle Capricorn through Gemini

New Moon	Seed Thought	Full Moon
%	Creativeness encompasses the fiery potentiality, and is	%
Jan 1	impregnated with the sacred fire of the heart. Therefore, upon	Jan 15
3:15 AM	the path to the Hierarchy, upon the path of Great Service, upon	8:53 PM
Wednesday	the path of Communion, synthesis is the one luminous path of the heart. <i>Heart</i> 1	Wednesday
m	The disciple acts "as if" he were initiate and then discovers that	æ
Jan 30	"as a man thinketh in his heart so is he," because the heart is	Feb 14
1:40 PM	the custodian of the power of the imagination. The imagination	3:54 PM
Thursday	is released into creative activity when the disciple acts "as if"	Friday
	he were the soul in full expression, "as if" the Master were ever	
	aware of the doings of His disciple, "as if" he walked in full	
	liberation consciously. Discipleship In The New Age II p.555	
X	With Us the unfelt touch of a Brother is called by a secret word.	<del>)(</del>
Mar 1	It is not to be expressed by verbal signs, but is reflected upon	March 16
12:01 AM	the heart; therefore the heart is called the reflector of	9:09 AM
Sunday	Brotherhood. Brotherhood #309	Saturday
Υ	The bond with the Fiery World is established by the saturated	Υ
March 30	heart, because this vessel alone permits penetration into the	# April 14
10:46 AM	Fiery World. To understand the striving of the heart as a	11:43 PM
Sunday	symbol of creativeness brings to the spirit affirmation of the	Monday
	Fiery World. The heart bears the burden of the World. The heart	
	liberates from the earthly burden. Fiery World III, #111	
R	The Spatial Fire is impelled to the heart, and in this principle is	R
# April 28	comprised the entire cosmic process. Hence, Cosmos dwells in	May 14
10:15 PM	the attraction of the heart. Only the energies based upon the	11:17 AM
Monday	attraction of the heart produce life. Thus, the life chain is	Wednesday
	endlessly forged by the heart. Infinity II #68	
П	The evolution is important not of earthly humanity but of	I
May 28	humanity of the Universe. If this simple formula could be	June 12
10:41 AM	adopted by human hearts, the whole starry vault would become	8:13 PM
Wednesday	tangible. Verily, it would be easier for the beings of other	Sunday
	worlds to pierce through the stifling atmosphere of Earth if	•
	toward them were coming appeals from earthly incarnates.	
	Community, 32.	
# Indicator or	linse of the sun by a new moon, or of the moon by the earth at full moon.	into noifuina

# Indicates eclipse of the sun by a new moon, or of the moon by the earth at full moon, intensifying whatever influences then prevail.

# Arcana Workshops **2014 New Moon Meditation Cycle Seed Thoughts**

## THE INDEFATIGABLE HEART OF

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Out-breathing Cycle Cancer through Sagittarius

New Moon	Seed Thought	Full Moon
69	The work you have to do is to take the knowledge which is yours and	(3)
June 27	adjust its application to the world's need so that recognition of the truth	July 12
12:10 AM	may be rapid. In the heart of every man lies hid the flower of the	3:26 AM
Friday	intuition. On that you can depend, and no eternal or cosmic fact clothed	Sunday
	in a suitable form will fail to receive its meed of recognition and	•
	understanding. The Rays And The Initiations P. 11	
ઈ	It is intensity of purpose which will change you from the plodding, fairly	ઈ
July 26	satisfactory aspirant into the disciple whose heart and mind are aflame.	August 10
2:43 PM	Discipleship In The New Age I P. 538	10:10AM
Sunday		Saturday
m	The cosmic Breath of the Mother of the world is all-pervading. Verily, all	m)
Aug 25	is imbued with it. From infinitesimal grains of dust to immeasurable	Sept 8
6:14 AM	magnitudes, life moves and breathes by this Breath. How then not to	5:39 PM
Monday	cognize the power which moves the Universe! How not to ponder upon	Monday
	the essence of Being! Fathom the rhythm of cosmic energy and	•
	understand the rhythm of evolution. The essence of evolution is	
	unalterable and is measured by the manifestation of Infinity. <i>Infinity I</i> , 10	
<u>요</u>	The heart will prompt when it is necessary to rush to the help of one's	<u> </u>
Sept 23	neighbor. The heart will indicate when to stop short the madness of a	# Oct 8
10:15 PM	fierce animal. It is impossible to express in a word of law just when the	2:52 AM
Tuesday	necessity of this or that action becomes evident. Unwritten are the laws	Friday
	of the heart, but only therein does justice dwell, for the heart is the	
	bridge of the worlds. The sword of knowledge flashes at the command	
	of the heart. For the heart there will be no contradiction. Brotherhood, 121	
m,	"As a man thinketh in his heart, so he is." The lower mind should be the	M,
# Oct 23	organ of heart expression and be as unconscious in its functioning as is	Nov 6
1:58 PM	the rhythm of the heart itself—the physical heart. The higher mind is	2:24 PM
Tuesday	intended to become increasingly the field of the initiate's effort, and	Thursday
	hence the constant need for him to build the antahkarana. The Rays And	
	The Initiations .137	
×,	Today we find this ray energy [5th Ray] expressing itself mainly through	<b>X</b>
Nov 22	science—a science sadly debased and corrupted by materialism and	Dec 6
4:33 AM	human greed, but a science which (when animated entirely by goodwill)	4:28 AM
Sunday	will lift humanity on to higher levels of consciousness, thus laying the	Sunday
	foundation for that time when humanity on a large scale can pass	
	through the Transfiguration Initiation. The Rays And The Initiations p.595	
γ <sub>0</sub>	Whoever loves flowers is on the heart's path. Whoever knows the	η,
Dec 21	striving to the summits is on the heart's path. Whoever thinks purely is	Jan 4 2015
5:37 PM	on the heart's path. Whoever knows of the highest worlds is on the	8:54 PM
	hearts path. Whoever is ready for Infinity is on the heart's path. Thus	
	shall we summon all hearts to the realization of the Source. It is correct	
	to understand that the substance of the heart belongs to the Subtle and	
	also the Fiery World. One can perceive worlds within the heart, but not	
	within the mind. Thus, wisdom is contrary to intellect, yet it is not	
1	forbidden to adorn the mind with wisdom." <i>Heart</i> , 390	

# Indicates eclipse of the sun by a new moon, or of the moon by the earth at full moon, intensifying whatever influences then prevail.