

ThoughtLine

September 2010

Up Coming Events

COMMUNITY MEDITATION MEETINGS

First Libra, Wednesday September 22, 2010 @ 7:45 PM

THE THREE LINKED FESTIVALS OF FALL

Second Libra, Thursday October 21, 2010 @ 7:45 PM

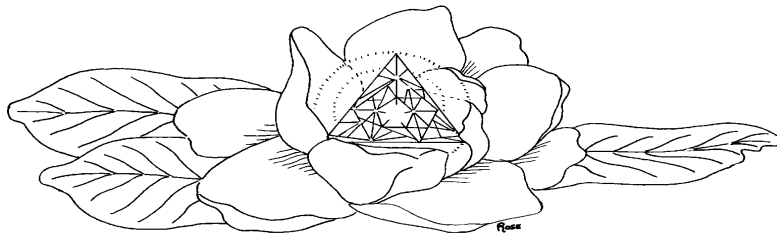
Scorpio, Saturday November 20, 2010 @ 7:45 PM

Sagittarius, Monday December 20, 2010 @ 7:45 PM

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P. 1 by Tom Carney



Workshops/Classes (To participate, please call to arrange a meeting)

- ▶ **NEW WORKSHOP:** The Antahkaranic Linkages Behind The 2012 Conjunction- Saturday 8/28, 9/11 and 9/25 @10:00 AM - Noon
- ▶ Building the Lighted Way - Sundays @ 9:00 AM
- ▶ Building the Lighted Way - Tuesday Mornings @ 10:30 AM
- ▶ The Nature of the Soul – Tuesday Evenings @ 7:00 PM

Group Meditation Work

August 10, 2010 through September 7, 2010

Yes, the New Epoch requires spiritual cognition. The New Epoch must manifest due respect to the Mother of the World, to the Feminine Element. "The bird of the spirit of Humanity cannot fly with only one wing" - these are words of Vivekananda, who meant to affirm the great significance of the Feminine Principle. *Letters Of Helena Roerich I, 10 October 1934*

September 8, 2010 through October 7th, 2010

The disciple acts "as if" he were initiate and then discovers that "as a man thinketh in his heart so is he," because the heart is the custodian of the power of the imagination. *Discipleship In The New Age II P.555*

Arcana Workshops

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Conscious Co-Creation Part Two

The techniques and required skills to get in "touch" with Cosmic Law or the Silence are available in many languages and can be learned by anyone. When I say language, I am not referring just to English, Swedish or Russian types of language. I am talking about the various metaphorical formulations of these skills and techniques, including all the arts and sciences, which have been in the field of human wisdom for untold centuries. These techniques were mainly kept secret or shrouded in impenetrable mystical language and made available only to a selected few for many eons. Today, although in many cases the language of the metaphorical presentations still presents a formidable challenge, the techniques and skills are available to anyone.

These skills and techniques which are employed in what we call the science of meditation deal with the discovery and development of the innate human ability to sense or contact, and then to embody and manipulate energy and force. In most cases we lack the words to describe the energetic processes which these skills and techniques allow us to master, thus the use of metaphor and the difficulty of the language.

Historically, most of us have been taught a mental process of linear, logical thoughtform processing called induction

which works from the part to the whole. This process, which Master R. calls "not thinking" is fine, is actually essential and wonderful for a form relational understanding and dealing with dense forms, including thoughtforms. It is a wonderful tool for organizing, categorizing, analyzing, combining, separating and otherwise manipulating the form world. Unfortunately, linear thoughtform processing does not function outside of form. It will not reveal meaning or significance. It can bring us to the brink of the formless worlds, but it will not enable the meditator to penetrate the formless realms of The Great Silence.

The collection, memorization, organization and analysis of thoughtforms or data points, is the basic template of most modern educational systems.

This kind of lower mental, form focused activity, the collection, memorization, organization and analysis of thoughtforms or data points, is the basic template of most modern educational systems. As such, it has dominated the content of most educational curricula for centuries, and remains the boilerplate methodology used in most schools today. The system is reinforced through testing processes which require individuals to recall and feed back various memorized formulations of data. The ability to do this is recognized and encouraged within the system through the awarding of symbols of achievement i.e.; the BA, MA, or PhD degrees.

For most mentally functioning humans, even those who are somewhat limited, this system of processing data, which has very little to do with understanding or realizing the possible meaning or significance of the data, has fallen below the threshold of consciousness. The process is a mind/brain activity that functions automatically and continuously at indescribable speeds. Nobody has to tell him or herself to process incoming data. We are always processing data, even when we are sleeping. If it hasn't already, this process will eventually become as automatic as breathing or beating the heart.

The expanding sense of consciousness from a separated personal self to an identification of self with group gradually eliminates the illusions of separation which the inductive method or part to whole linear thoughtform processing fosters and supports. As this old process continues to fall below the level of conscious awareness, intuitive comprehension of formless Reality, the next step in evolution for humanity, is already appearing.

At first, this expanding sense of consciousness generates intermittent and very brief intuitive flashes of insight. These sudden intuitive hits facilitate the connection between brain awareness and the higher three basically formless levels of the mental plane. As the identification of self continues to shift from the separative form focused notion of the real to the formless notion of, for lack of any kind of language at all, an awareness of self as Being, as Spirit, these hits, flashes of

insight, become more frequent challenging the meditator to "stand steady in the Light."

The intuitive function of the Buddhic plane gradually supersedes the automatic thoughtform processing apparatuses of the lower mental plane. The frequencies of Principle, what we call Spiritual Will, come into brain consciousness reach of the meditator. Thus, the meditator begins to live a co-creative life acting from principle to form or from whole to part.

Intuitive comprehension of formless Reality, the next step in evolution for humanity, is already appearing

From intellect to intuition, as Alice

A. Bailey pointed out in her book by that title, some 78 years ago, is basically the direction of evolution within the Human Kingdom. Although highly efficient and essential in what it does, the old habit of non-thinking data processing presents a huge barrier to the would be meditator or intuitive. Meditation is a prolonged and deepening focus that leads first into a stillness where the polarity of the mental matter changes literally from an intellect receptive polarity to an intuitive receptive polarity. It is in the effort to explain this process that language fails us.

However, let us try.

The big Sheet of Paper

Metaphorically, imagine that the dimension of mind is a big sheet of paper. One side of this sheet of paper is negative, the other positive. The negative side is focused toward the dimension we call the world of form. It is therefore attractive to the vast field of positively charged bits of "information" which inhabit the dimensions we call the lower mental field. According to an IBM ad in the June 21st issue of *Bloomberg*

Businessweek, "We live on a planet where nearly 6 terabytes of information are being exchanged over the internet every second, and where billions of connected people are surpassed in number only by trillions of connected devices."

We marvel at such statics. Yet, the lower mental plane or as I think of it, the information field, includes not only all of the traffic on the internet, but all of the thoughts, opinions, conclusions, data facts, just plain old random daydreaming and so forth that have ever been formulated either consciously or unconsciously through any connected mind/brain in any human being over the centuries. This mental data field also includes all data impacts flowing from the dense physical planes of appearance, the emotional and physical etheric fields, which any of the five senses automatically brain register and respond.

There is a constant and uncountable number of impacts being made on the negative side of the Big Sheet of Paper we call the mind. These impacts are processed at instantaneous speeds on the INNER-NET, the collective consciousness of the human mind and its etherically linked individual work stations or brains. It is the mastery, the conscious awareness, control and direction of one's "personal work station" which is etherically linked to the humanity wide inner-net system, to which the techniques and skills of meditation, including what is called the creative process of internalization, eventually lead.

So we approach the initial steps in a meditative alignment. We begin by recognizing ourselves as the Soul, and as Soul, we impose a rhythm on our three fold personality equipment, the physical etheric, emotional and mental bodies. "One of the first lessons that humanity will learn under the potent influence of the seventh ray is that the soul controls its instrument, the personality, through ritual, or through the imposition of a regular rhythm, for rhythm is what really designates a ritual." *Esoteric Psychology Volume I*, p. 365

***The INNER-NET:
The collective consciousness of the
human mind and its etherically linked
individual work stations or brains.***

To deconstruct this language a bit: In the beginning through a process of

mental focus we impose a new rhythm on our equipment. We successively "tune out" impacts on the Big Sheet of Paper from the three dimensions of dense physical activity. First, we tune out the impacts from the physical etheric, things like slight physical discomforts, mosquito bites, ticking clocks, street noises. Next, we work on the emotional field. We tune out any emotional reactions, like irritations, desires, fears, any kind of day-dreaming, happy things or what have you. This brings the emotional field into a kind of calm balance or stasis. With practice this field becomes transparent.

As we tune out these two more dense fields, our sensitivity to register impacts on the lower mental field is enormously increased. This enhanced sensitivity, as you can imagine, often leads to the chaotic lower mental process we call free association. This condition is very noticeable, for example, when many

people, having tuned out most of the impacts from the dense physical and emotional plane, attempt to fall asleep.

They are unable to sleep because the mental body begins to run out of control. Having no focused consciousness directing its processing, the focus of consciousness moves, at great speed, from one thoughtform to another simply through a kind of random association that lacks any coherence. For example, one may be drifting off to sleep thinking of a friend's big car. This leads to big cars, street cars, Stony Island Ave, Stone Henge, England, Bill and Guy, the river Thames, water skis and on and on.

Managing The Data Processor

At humanity's present stage of evolutionary development, processing information is the natural and automatic function of the lower mental body. Lacking the presence of a conscious controlling will, this Deva or elemental will processes information and run programs according to previously learned formulas concerning basic bodily functions, safety and survival situations or simply random patterns of "free association". To deal with this sub-conscious activity during meditation, a commonly used teaching technique employs what we call seed thoughts.

A seed thought is simply a statement which houses a deep concept. For example, "Energy follows thought." In using a seed thought, the meditator consciously or willfully engages the mind to discover the symbolic frequencies, the meaning and the significance of the

concept housed within the seed thought. Thus, the automatically functioning thoughtform process is consciously engaged by the meditator to help focus the enormously sensitized lower mental information.

The seed thought is introduced by the meditator into the lower mental field. Every thoughtform radiates the frequency of its housed principle or idea. The frequency of the chosen seed thought creates a kind of electrical "ring pass not" within the lower mental field. The frequency field of the ring-pass-not allows entry only to those thoughtforms which are relatively synchronous or electrically compatible with the frequency of the field.

The frequency barrier which the meditator has established through his focused intent within or on the Big Sheet of Paper is thus negative, or in this case receptive or magnetic only to those pieces of data or thoughtforms which are synchronous. Like iron fillings, these data points stick to this negatively charged pole. These will include all of the thoughts, opinions, conclusions that the meditator already has within his or her own mental body that relate in one way or another to the seed thought.

The pertinent facts and data of the analysis or categorization are recorded upon this field. As the focus grows tighter the negative field becomes smaller and smaller. There is less and less activity in the lower mental field because there are fewer and fewer data points or thoughtforms whose frequency will be synchronous with the focused center. This

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leads to a gradual quieting of the lower mental processes. Eventually, the meditator will realize or experience a point of stillness. This is the doorway into the silence.

Since the lower mental body's natural function is to process data, this is a difficult discipline to establish and maintain. Any loss of focus or drifting of intent will open the ring pass not to a flood of "alien" thoughtforms. Also, at this point, a problem frequently occurs that requires close watching by the meditator.

As the meditator's consciousness slows and approaches stillness, it is similar to the process of falling asleep. Meditation and what we call sleeping are two different things. Unless the meditator maintains the vigilant attention of a hyper-alert conscious "I" or point of will, he or she can slip either into a free association pattern, or the lower mind will get caught in a feedback loop. The meditator will find him or herself repeating the same phrase or collection of phrases over and over. This habitual processing is not meditating, and needs to be rigorously watched for and controlled.

At this level of meditation, motive is a controlling essential. Service to humanity must be the sole motivation for the meditation work. This is a simple to understand Law.

Meditation that is driven by motives of a separative personal nature of any kind, such as the gaining of personal improvement, or material goods, or power

or knowledge, or so called spiritual purity will further lock the meditator's consciousness into identification with the form we call the personality. This form focused vision defeats the expansion of consciousness. It prevents penetration of the formless dimensions and will eventually lead the meditator, at the Parting of the Ways, to choose to follow his or her "selfish intention and the fixed determination to remain with the separative condition of matter." *The Rays And The Initiations P. 350* This is way not cool!

On the other hand, meditation that is pursued solely with the intent to serve Humanity and the Plan will lead to the penetration of the formless worlds of Principle, of Cosmic Physics. It will also result in the correct alignment of the meditator's etheric centers. This will occur automatically in the appropriate sequence and at the appropriate time for each meditator.

Service to humanity must be the sole motivating will for the meditation work. This is a simple to understand Law.

Another, less commonly known and or understood fact of the importance of pure selfless service to the Plan being the motivating impetus behind all meditative work and the resulting co-creative products has to do with our relationship with the Deva Kingdom. We know that the devas are the builders, that every thought, every move we make is implemented by the devas. As Master R. points out, "The very mind with which you think is a deva. The feeling nature through which you perceive, sense, and touch is another deva. The substantial body behind your appearance, and the appearance itself, each is an

intelligent life within the devic evolution."
The Nature Of The Soul P. 395-6

These devas build according to the dictates of our will. Their evolution, as does ours, depends on their building in co-creation with the Plan. When a selfish separative will motivates the building, the evolution of both the director and the builder is seriously delayed.

As I said, the meditative discipline of concentrating the mental field to a tighter and tighter focus gradually brings the processing activity of the lower mind to a stop. The meditator now stands on the brink of thinking or what we call meditating. It is at this point that the polarity of the Big Sheet of Paper switches.

The side of paper that is facing down or toward the lower mental, emotional and etheric/physical dimensions, which was negative to those dimensions, now becomes positive. Thus, the positively charged impacts from those dimensions will not now be brain registered. They will in effect be repulsed by the positively charged side of the Big Sheet of Paper. What this signifies is escape or the release of the consciousness from the world of form processing and entrance into the formless worlds of Ideas and Principles.

Now, the negative side of the Big Sheet of Paper is facing the formless dimensions of the higher mind, the Abstract levels of Mind, the Buddhic and Atmic, planes. The meditator has succeeded in "the engendering of a magnetic aura upon which the highest impressions can play."

Telepathy And the Etheric Vehicle P. 115 Also, we need to be very aware "that in this connection we are considering the point of experience where light pours in, bringing revelation, conveying information, evoking the intuition and drawing into the waiting consciousness of the initiate those spiritual laws, those rules of the creative process, those ray conditions and those new energies and forces for which the humanity of any particular period waits, and which are fundamentally needed if the race of men is to move forward into greater spiritual culture and out of the relative darkness in which it at present moves."*Discipleship In The New Age Volume II, P.311*

Eventually, the polarity focus of the sensitive receiving plate we are calling the Big Sheet of Paper, can be switched instantaneously at will

With practice, the concentration step in the lower alignment can be considerably shortened. As the meditator, the Soul, becomes familiar with

the frequencies of the stilling mental apparatus, he or she can simply impose this rhythm on the equipment. Eventually, the polarity focus of the sensitive receiving plate we are calling the Big Sheet of Paper, can be switched instantaneously at will.

In the meditative alignment process however, the seed thought is still functionally useful. It gives whatever is being held in the Silence in preparation for impression a target or frequency range in which to focus.

To this point we have been discussing what goes on in the alignment or the inbreathing process of energy meditation. Besides the focusing and polarity switch of

the mental body, what has happened in this alignment process is that over time the sovereignty of the equipment has been consciously and will-fully moved into the focus of the Soul. A relative point of Soul Personality fusion has been reached.

At this point we discover another level of what it means to stand steady in the Light. Both the reaching of this stage in meditation and mastering the ability to stay within the intensity of the frequencies encountered at this point in consciousness is something that requires daily, rhythmic exposure to the Light of the Soul.

Conceptual Contact and Embodiment

It's precisely at that point in the meditation that the Creative Process of Internalization which is employed by those disciples who are engaged in Conscious Co-creation begins. This process works from Principle into form. It must, therefore, begin with the

penetration of the Silence, which is the abode of Cosmic Law, or Principle, and the conscious immersion in or union with an aspect of Principle.

I think of this as the point of Conceptual Contact. "It is within the substance of the atmic plane that the activity is set up which can impress the abstract mind, which then becomes the seat of the consciousness of the spiritual man; at the same time, he remains in active possession and use of his personality and continues to employ the concrete mind." ***Telepathy And The Etheric Vehicle P.112***

We will continue the deconstruction of this process and the effort to describe its inner workings in the October issue of *Thoughtline*.

Tom Carney
September, 2010