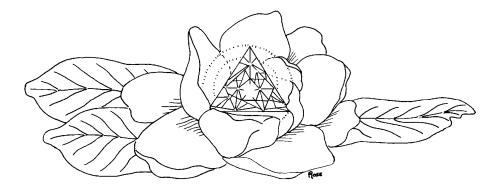
January 2009



To provide the training, the atmosphere, the companionship and service opportunities necessary to "link Hierarchical intent with human aspiration"

Arcana Workshops

Arcana Workshops is a non-profit tax exempt corporation and your donations are tax deductible.

Meeting Location: 3916 Sepulveda Blvd., Suite 107 Culver City, CA 90230 Mail Address: P.O. Box 506 Manhattan Beach, CA 90267-0506 www.meditationtraining.org webdisciple@meditationtraining.org Phone 310-749-3585, 310-545-0910

January 2009

P. 4

- ✓ In this Issue Dear Friends and Fellow Way Showers by Tom Carney P.1 2009 Meditation Work Season's Greetings A Note of Gratitude
- ✓ Workshops/Classes Held At Arcana Workshops

Building the Lighted Way - Sundays @ 9:00 AM (Please Call)

Building the Lighted Way - Tuesday Mornings @ 10:30 AM (Please Call)

The Nature of the Soul – Tuesday Evenings @ 7:00 PM (Please Call)

✓ Up Coming Events

Community Meditation Gatherings

New Year's Eve, Zero Hour Meditation Service for Humanity, December 31, 2008 @ 11:30 PM

*Capricorn, Saturday January 10, 2009 @ 6:30 PM (Note: This is an exact time meditation.)

At Arcana Workshops, 3916 Sepulveda Blvd. Suite 107 Culver City, CA phone 310 545-0910, 310 749-3585

> **Group Meditation** New Moon Cycle Seed Thought December 27, 2008 through January 25, 2009

We affirm that the spiral of the will carries the spirit on the wings of cooperation. We affirm the sacred bond of the heart and rejoice when the wings of cooperation radiate in the tension of joy. Yes, yes, yes! Infinity II 108

January 26, 2009 through February 24, 2009

From synthesis to synthesis the life of God passes. First the synthesis of the atomic lives into ever more perfect forms until the three kingdoms of nature appear; then the synthesis in consciousness, enabling the human being to enter into the larger awareness of the Whole and finally to enter into that mysterious event which is the result of the effect of all preceding developments and to which we give the name of Identification. Rays and Initiations P.58

January 2009

Editor's Note: The following piece was the letter for the exact time meditation group. If you would like to participate in the work of this group, please e-mail the editor.

My Dear Friends and Fellow Way Showers:

We have held the open chalice steady and received the Fires of Aries. We have looked through the single eye of Taurus; we have seen and helped to hold the Wisdom of the Buddha. We have helped the Christ carry the Wisdom through the pillars of Gemini and beheld, in the waxing Light of the Soul, the diming of the light of the separated self. We brought the New Willed, Love-clothed Way into form in Cancer. We consciously endowed it with its ancient heritage, the will and courage to serve the Greater Good, in Leo. In Virgo, we helped the Divine Mother nurture and Birth the mind born Christ. In Libra, united, we achieved the state of Grace and Power which men call Balance and which is Justice. We flamed and endured through the tests of Scorpio. We emerged fierce and triumphant.

Thus, we have travelled and grown together through the powers of eight constellations. We stand now within the field and powers of the 9th Sign, Sagittarius. And here we have come, as we always have, to a fork on the Path. Now we don "the lily-colored clothes...not labored at or spun" the clothes of the Way Shower, the Direction Setter, the clothing of Lanoo our ancient Self.

We have accepted the responsibility; we know and will point the way that leads to the mountain top in the 10th sign, Capricorn, where we will stand in the Supernal Light and proceed into the World Service of Aquarius. From Aquarius we will move fiercely, triumphantly into Pisces where the old way will continue to wither away, and the New Willed Love-clothed Way will continue its unfolding liberation.

Many were skeptical and negative about the possibilities, but for us there was never any doubt. "Twilight will end. Do you not see that the Cosmic Consciousness is in convulsion? We know the course of the battle—the Plan of the Creator cannot be altered. From the Beginning the dark ones struggled. From the Beginning We conquered." The Call #231

We have been trained to look for the working out of the Plan in the unfolding events of our daily lives. What has occurred in front of our faces in the past 21 months or so is astounding in a number of ways. I mention only three:

One is the power of the synchronous and coordinated meditation of the world disciples.

The second is the speed with which the Light manifested and drove the darkness form the field.

The third is the manifestation and power of a new energy which we call synthesis.

It is this energy which the synchronized, combined efforts of the esoteric meditating community was bringing into the planet over the past 10 years. It is Mr. Obama's use of this energy that accounts for both the speed and power of the unfolding Way. It is also this energy that mystifies the old consciousness observers and pundits. They troll the past looking for explanations and comparisons that will make sense of what has happened and, on a daily basis, is happening right in front of their eyes. *They will not find the understanding or clarity they desire in the past.*

In 1945 or so Master D.K. pointed out that "...life is loving synthesis in action, and of that there is little today in demonstration. We have life in activity but love, based on realized unity and leading to expressed synthesis, is still absent. The vision of it is, however, upon the horizon of many, for in these days many are attaining sight and light is pouring in. Revelation will come when the world disciples and initiates have perfected the art of revelation." The Rays and the Initiations P.300 Well, it looks to me as if we have finally figured out and are beginning to master the "art of revelation" because what is being demonstrated by Mr. Obama and the disciples who are subjectively supporting him is precisely "loving synthesis in action."

It is the inclusive aspect of synthesis that befuddles the old consciousness focused people. They are constantly looking for the expected self promoting motives in any action. It is very hard for old consciousness to even imagine that one is acting for the Common Good and the General Welfare rather than for the benefit of one's own personal power, image, prestige. But such is the case, and such is the new face of the Great Unfolding.

Because we are esotericists, that is, because we understand the process of how events unfold on the dense physical, we realize that for the next few years we will be focusing our efforts on cleaning the confusion, obfuscation, sophistry, lies, and illusions which generate confusion and turmoil on the mental plane and the doubt, fear, distrust, anger, hate, the bogeymen that hide and distort the Light, on the emotional plane. It is not easy for old consciousness individuals to move into a condition where the focus is on the Common Good from the ages old self focused place. We need to carefully bring forward the facts of life which seem so obvious to us, and in doing so we must follow the Law of Synthesis.

In their advance into the Way of Higher Evolution, "Under the great law of synthetic expression (called by us the Law of Synthesis, the law governing the first divine aspect) the Hierarchy must move forward in such a manner that the effort must encompass the physical plane as well as the higher planes." *The Rays and the Initiations* P.334 Just so, we can leave nothing behind. Our efforts are inclusive. This is one of the qualities of the energy that is so bewildering to the old consciousness. All aspects of the One Humanity will go forward.

Mr. Obama is being heavily criticized for his choices of cabinet members. Many of them have been powerful figures in the previous administrations and are well schooled in the old ways of competition and fighting. These people, it is said, do not represent change. These people do however represent a great deal of knowledge and understanding of how the present system works.

We need to remember that during his campaigns it was said that Mr. Obama appealed to our "higher angels". This was so. The not so obvious fact is that everyone, including these cabinet appointees, has a "higher angel"—if that is what we wish to call the Soul—to which one can appeal." It is my sense that the higher angel, the Soul, within the vast majority of these men and women will hear and respond. Having as co-workers experts in the system who are responding to their souls, is not a bad idea.

It is good and right and serviceable that we share with our brothers and sisters in the non-esoteric community of co-workers our particular understanding of these events. That carries hope and joy and encourages them. However, it is essential that we understand the part we have played and are continuing to play in these events. This work we do is grown up work. We need to understand it and accept that we can and do, do it. "Doubt is a hole in the balloon."

So, trained, tested and triumphant, we proceed as our ancient self, Lanoo. We look forward, the point on the arrow, and we willingly speed on our way.

"Lift up thy head, O Lanoo; dost thou see one, or countless lights above thee, burning in the dark midnight sky?"

"I sense one Flame, O Gurudeva; I see countless Undetached sparks shining in it." *Secret Doctrine I.* 145.

Loving us -tom

January 2009

Meditation Work for 2009

We are being called once again to a year's worth of deep meditation work. In keeping with the evolution of our now 9 year cycle, we will be focusing our meditation work in 2009 on the little understood but increasingly vital concept of Synthesis. We will publish the seed thoughts we will be using for this work in the February issue of **Thoughtline**. These seeds focusing on the concept of Synthesis, its meaning, significance and demonstration in the present cycle of the Great Unfolding are aimed to deepen our understanding of this powerful new energy. Our concern is that we need to understand the nature of this new energy to the level we are able so that we can better employ it in our efforts to embody the unfolding Plan. We think this is of importance since Synthesis is the energy with which we have to work at this particular time of rapid and explosive change which happens to be an effect of the energy of Synthesis.

Our intention is to share these seeds with the wider group of cooperating meditators so that we have some general point around which we may synthesize our meditation work, especially at those points in the cycle when synchronicity is of the utmost importance. The seeds are not meant to be sacrosanct; however, we would point out that each one comes from the mind of one of the 3 Masters whose synthesized consciousness is what we call the Ashram of Synthesis. They usually choose their words with an intention and wisdom that is well beyond anything we can know. To enter the Masters heart/mind is, after all, the point of meditation.

We have provided the first seed for the new moon cycle of January 25th through February 24th on page 2 of this issue of Thoughtline. The next issue will contain the rest of the years work.

In Co-creative companionship Your Sisters and Brothers at Arcana Workshops

4

January 2009

SEASON'S GREETINGS A Note of Gratitude

We recently received gifts from many of you, some, in response to our appeal for financial support, were donations to help us with our expenses. Many others were gifts of love, goodwill, encouragement, light and insight. All such gifts of the heart aid us in our efforts to see the Way ahead in this co-service venture. Arcana Workshops is a venture in which we, you and us, are all deeply engaged and which, by the way, pays enormous and amazing dividends in mysterious ways. Let me explain a bit:

We receive many gifts in many, many guises and from many, many sources: friends, co-workers, the Great Ones, our gardens, our beaches, the sunsets and sunrises, the smile of a small child in the supermarket that makes our hearts skip a beat and floods us with joy, the touch on the arm of a wife or husband. The kinds and guises are too many to document, and they constantly come in from the many paths in the physical and supermundane worlds. All we need be is open, to be sensitive to them.

The gifts of money and kindness that you have all shared with us in this season of giving are an especially sweet part of this omnipresent gift wave. Your gifts were given, we are certain, with intention, with will and love, and they were received with great gratitude. I wonder if you realized that when you were giving us the gift of a donation, or sending us your encouraging comments, you were simultaneously giving us all an even greater gift, the opportunity to feel and express gratitude.

This feeling of gratitude and the effortless way it pours out of us is one of those enormous, amazing and mysterious dividends of a life of service. Gratitude is like a double dividend because it spreads light and joy to both the giver and the receiver. I noticed recently, that the best thing, by very far, about receiving gifts of support for our work is this quality of gratitude which floods out when I open an envelope, or when Mary hands me a note from one of you.

So, in this little note, I wanted not only to express our gratitude for the gifts but also for the opportunity to feel this wonderful sense of gratitude which your many, many gifts in many, many guises have engendered within our worlds.

Loving us -tom

An ardent gratitude for all the good, for all the small, for all the great, does not become extinguished, but participates in the weaving of spiritual wings. SM4 787