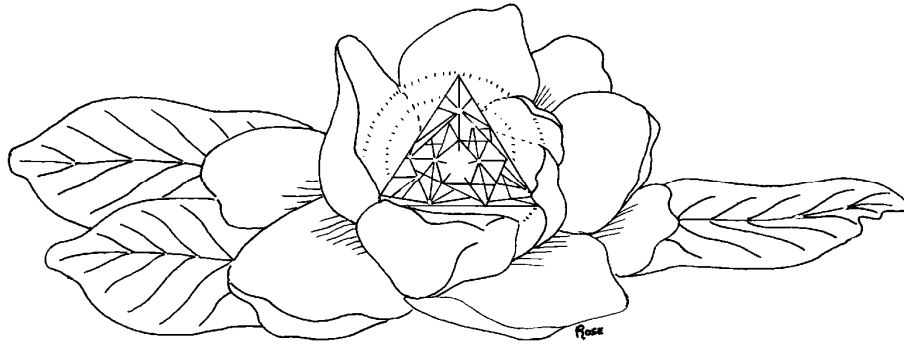


# ThoughtLine

June 2008



To provide the training, the atmosphere, the companionship and service  
opportunities necessary to  
*"link Hierarchical intent with human aspiration"*

## Arcana Workshops

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**Meeting Location:**

3916 Sepulveda Blvd., Suite 107  
Culver City, CA 90230

**Mail Address:**

P.O. Box 506  
Manhattan Beach, CA 90267-0506

[www.meditationtraining.org](http://www.meditationtraining.org)  
[webdisciple@meditationtraining.org](mailto:webdisciple@meditationtraining.org)  
Phone 310-749-3585, 310-545-0910

- ✓ In this Issue *Group Conscious Meditation:  
How and Why It Works*

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- ✓ Workshops/Classes Held At Arcana Workshops

Fourteen Rules For Group Initiation - Sundays @ 9:00 AM (Please Call)

Fourteen Rules For Group Initiation - Tuesday Mornings @ 10:30 AM (Please Call)

The Nature of The Soul – Tuesday Evenings @ 7:00 PM (Please Call)

- ✓ Up Coming Events

### **The Three Linked Meditation Festivals of Spring**

Gemini, Tuesday June 17, 2008 @ 7:45 PM

### **Community Meditation Gatherings**

Cancer, Thursday July 17, 2008 @ 7:45 PM

Leo, Friday August 15, 2008 @ 7:45 PM

*At Arcana Workshops, 3916 Sepulveda Blvd. Suite 107  
Culver City, CA phone 310 545-0910, 310 749-3585*

#### **Group Meditation**

**New Moon Cycle Seed Thought**

**June 4, 2008 through July 2, 2008**

**[The manifestation of intuitional telepathy] indicates soul contact and the consequent awakening of group consciousness, for sensitivity to intuitional impressions has to do *only* with group concerns. *Telepathy And The Etheric Vehicle P68***

**July 3, 2008 through July 31, 2008**

**To stand really free is to stand in the clear unimpeded light of the soul, which is basically and intrinsically group consciousness. *Glamour P. 48***

## Group Conscious Meditation: How And Why It Works

**W**e often talk about how superficial is the understanding of the concept of consciousness. However, from an energetic or esoteric perspective, the understanding of the concept of group is equally superficial. A gathering of people is not necessarily a group, and meditating with a gathering of persons in the same room or at the same time does not necessarily make a group conscious meditation.

Basically, three elements are required for any meditation to be a group meditation. These are “The unity of aim, the desire to serve, and the recognition of the present focused intention of the Hierarchy (under the guidance of the Christ)....” *Externalization of the Hierarchy P. 680* These three elements are the essentials of group structure on the etheric and dense physical plane. When these three are present, one need not be even in the same country or dimension, let alone, room as those with whom one has aligned and with whom one is meditating.

The unity of aim means that each participant is aware of, understands and stands through the exercise of his or her own free will in *unequivocal* alignment and agreement with the Purpose of the specific group within which one is working. There is no place for coercion or manipulation of individuals in a group conscious group. The individuality and unique qualities and gifts of each soul is realized and honored by every other soul in the group.

Obviously, one can be, and most meditators are, integrated members of a number of different groups, any or all of

which may be working on very different aspects of the One Plan. However, it is essential—for the direction and flow of the invocative demand and ultimate power of the group receptive sensitivity, as well as the group’s ability to contain and embody the inevitable evocative response—that the focus of each disciple in the group be in synchronous alignment with the group of the moment.

The desire to serve is a bit more abstract. Each of us needs to have a basic understanding of what service means in its true, that is its energetic or esoteric sense. True service is a “Soul urge.” When we involve ourselves in a true group meditation, we desire nothing for the separated self or personality, nothing at all. In fact, as an act of sacrifice, we consciously dedicate all that we have and all that we are to the service of the common good, and the general welfare. Any evocative response to our invocative effort is totally dedicated to the objectives of the group Purpose.

### ***A Soul Demonstration***

Service to humanity is actually a “soul demonstration in the world of affairs... a momentous demonstration of the success of the evolutionary process in humanity.” *Esoteric Psychology II P.125* Also, in the more modern groups, the “desire” to serve is firmly replaced by the will to serve. As I said, service is a Soul urge. It is interesting to realize that the Soul does not desire. The Soul **urges** with the indefatigable, peaceful silent will of the Christ of which it is a fragment. We let nothing stand in the way of our service to the group’s objectives and the common good.

The third essential, “the recognition of the present focused intention of the Hierarchy (under the guidance of the Christ)....” Is even more abstract. It means that the group is conscious of and in alignment with the Hierarchy. The group sees itself as, at least, a ***potential instrument of the Hierarchy*** in incarnation. It signifies that as Soul, the group has a relative understanding of the immediate objectives of the Ashram within which it is functioning, and that the group’s soul intention is to work within the frame of it’s best understanding of the Hierarchal Plan.

## ***Dimensions of Hierarchy***

It would probably serve here to attempt to give some clarity to the meaning of the very misunderstood and abused term, Hierarchy. The general understanding and common use of the concept of Hierarchy is, as are the understanding and common use of most abstract concepts, based on necessarily superficial materialistic and self conscious understandings of reality. Hierarchy as it is generally used in this self conscious paradigm has meaning only in an exclusive materialistic frame of reference. In this framework, hierarchy is seen as a “top down” kind of rulership in which “top” means the most powerful or wealthy or in strictly material terms “superior” person. In this hierarchy, the “top” persons are the “deciders”. They rule. All others are subjects. That is, all others are “subject” to the rule of the top people. In this sense of the concept, our world is and has been for many, many thousands of years ruled by a hierarchy of wealthy, powerful individuals.

## ***Group Conscious Framework***

However, the group conscious framework includes, along with the material dimensions of reality, the omnipresent but largely unseen, and unrecognized formless

or non-material, abstract dimensions of Life. We refer to these dimensions as spiritual. In this framework we have a much deeper more scientific and coherent view of the Real. Hierarchy still means “top down”. However, top has nothing to do with the material status or personality power or domination by extra dimensional beings, personalities or groups of people or of any of the defining concepts of hierarchal power in the self conscious materialistic paradigm.

In the group conscious view, hierarchy has to do with the inner realities of Cosmic Principles and Laws that are gradually unfolding in an involutory and evolutionary process through the many spiritual and material dimensions of Life. On the dense physical plane, these include the dimensions of the animal, vegetable and mineral kingdoms as well as that of humanity. On the spiritual or non material levels there are numerous dimensions and kingdoms of beings of which we know little or nothing.

So, understanding of the Hierarchal Plan means one’s best, present relative conclusions regarding the Principles and Laws of the greater Life. These conclusions—in the face of an always expanding understanding of the Principles and Laws that are seeking manifestation through the many dimensions of Life—are always tentative and serve only as steps into the next revelation. It was this understanding that led Socrates to continually remind his pupils that he really knew very little. It is this understanding that is the root of the wise person’s humility.

## ***Flexible Balance***

In this framework, the over-arching fundamental intention or purpose of a group conscious group will seldom change. However, the group realizes that the Plan is

a living evolving conception of the Will To Good. Therefore, a group's methodologies and ways of working to implement its specific aspect of the Plan will change and evolve as its understanding of the Principles and Laws and the developments of and how these are unfolding through the Plan change and evolve. Thus, *flexible balance* in the face of changing conditions in both the subtle and dense realms is what keeps a group active and useful. Without such flexibility and balance, the group will become form focused, crystallize and become less and less useful to the unfoldment of the Plan.

The presence of these three essentials—the unity of aim, the will to serve and the recognition of the present focused intention of the Hierarchy (under the guidance of the Christ)—create “an invocative, magnetic state of group consciousness” a sensitive receiving plate upon which the higher impressions can play, and will evoke “...from the Christ and His informed Masters an identification of Their united thought with the group aspiration.”  
***Externalization of the Hierarchy P. 680***

This, basically, is how and why group conscious meditation is successful. These days, a large number of groups are very deeply involved in group meditation on various aspects of the unfolding Plan. As we understand, the Plan is a very great and complex whole, and each meditating group plays “it's part in the Plan of the Great Ones.” Group consciousness and the wider world view which comes with it enables us to see these different group meditative efforts weaving together to foster and aid the Great Unfolding we call evolution.

### ***A few Examples***

We see the externalization of the inner hierarchies of truth in the intense efforts

being made by men and women of goodwill all over the world toward the inclusive participation of all people in their governments and destiny. These efforts are gradually replacing the outworn modes of rule by the power elite, whatever their name, in many places in the world.

We see, on the part of many, many millions of individuals, a growing consciousness of our essential divinity and our relationship, not only with other peoples but with the other kingdoms of nature and the Spiritual Kingdoms as well.

### ***The Law Of Spiritual Approach***

Humanity is beginning to understand and respond in a new way to the Law of Spiritual Approach. This Law does not refer simply to the use of theological or religious frameworks of worship. In the group conscious paradigm obedience to this Law flows from the incontrovertible realization that the Spiritual Dimensions are real. They are beauty and harmony. These spiritual dimensions constantly ***approach us*** with expanding visions and revelations of what can and will be as we ***approach them*** and consciously and deliberately open to them and invite them in.

### ***Equilibrium***

Equilibrium is being reestablished in many of the areas of our lives that have been deplorably out of balance. Perhaps the best example of this is the imbalance between the masculine and feminine principles. This imbalance which was one of the more damaging and tragic results of the separative delusion of self consciousness has been in place for many thousands of years. By establishing the feminine as the weaker sex, the masculine eliminated 50% of the “competition” from the never ending self conscious struggle for power and dominance. Today, the heart centered

group conscious perspective is bringing this situation to a close, and the feminine principle is being recognized for what it is, an "essential foundation and essence" for each important achievement.

## ***The Will To Good***

The success of the group conscious science of synthesis, the science of invocation and evocation, or what we refer to as meditation, is demonstrated through these and many other evolutionary developments. The incoming energy, the evocative response to the invocative demand, which is largely responsible for these dynamic and far reaching evolutionary developments is composed of the various frequencies of the Will to Good. As D.K. has said, "The will-to-good is the Father aspect, whilst goodwill is the Mother aspect, and from the relation of these two the new civilization, based on sound spiritual (but utterly different) lines, can be founded. *The Rays and Initiations P.110*

## ***Synthesis***

The Will to Good is manifesting at this particular time through the energy of Synthesis. This synthesis energy is being brought into our system via Shamballa through the efforts of the extra-planetary Avatar of Synthesis.

## ***Goodwill***

Goodwill, is the Mother aspect. Goodwill is the embodiment and the out-breathing cycle of the Will to Good or Synthesis. In effect, goodwill is the "carrier wave" for the synthesis energy. Goodwill manifests as the power of kindness, loving understanding, patience, tolerance and non-blaming. These are some of the qualities of goodwill. These powerful energies are able to open the way and to call out that embedded spark of divinity

which lies at the heart of each of us and which will respond to the frequency of the synthesis energy.

## ***The Prisoners Of The Planet***

The synthesis energy, once its way is made clear through the essential presence of the feminine principle, calls out the soul within. Hearing and responding to this energy, the inner spark of Divinity turns of its own, now freed, will to the Father and is abstracted, or withdraw into the Father's House. Thus, the qualities or consciousness aspects, the Souls that have been "trapped" or imprisoned deep within the walls of our separative self conscious delusion are freed and return to their Source. Likewise, the sparks of soul that give life to and that have been imprisoned in the "forms" of the worldwide institutions and systems that have been created by these separative consciousnesses over the past thousands of years are re-called and withdrawn.

The forms which housed or imprisoned these sparks of Divinity, including our old and outworn personality forms, crumble into the dust from which they came. The matter from which they were fashioned is returned to the Mother's reservoir of Divine Intelligence where it becomes available for the constructions of the new civilizations and new more beautiful more transparent and lighted personalities.

The main vehicles used to create the systems of the old civilizations and cultures were and still are the exclusive separative, materialistically focused hierarchies of governments and theologies and the "priest" cultures, police forces and armies that upheld and enforced them. As we all know these entities worked and still work through the forces of fear and ignorance which is made possible and strengthened by the identification of

humanity with its forms rather than with its inner reality the Spiritual Soul.

## ***The Tipping Point***

As the meditation work of focused and dedicated groups continues, the expansion of group consciousness, slowly replacing self consciousness throughout the human genome, will continue. It is a fact that "hearts can inspire other hearts with their fire." Gradually group consciousness will reach a point of balance with self consciousness and humanity will reach the fabled "***tipping point***".

It is my opinion and the opinion of many others that humanity as a whole is rapidly approaching this tipping point. And, as they grow less and less sustainable, we can expect the gradual speed up of the disappearance of the old form focused hierarchies and civilizations. As this evolutionary process grows in magnitude and speed, gradually the hierarchies of spiritual reality will begin to be the source of sustainable life for all.

To demonstrate the success of the meditative efforts of the many group conscious groups of meditators around the world I suggest that we revisit a document that came out of a WSI Conclave gathering

of disciples over the 5 days of Wesak in May of 2001. This document was published under the title of ***The Darjeeling Declaration***. It can be read starting on page 5 by clicking on the following link:

<http://www.meditationtraining.org/thoughtline/tl-2001-10.pdf>

Needless to say, and as we only too well know from our own often painful experience, these old forms will not go quietly. They will struggle, sometimes violently. It is the will and love, the compassion and courage of the world's knowers, and the world's meditators that ensure the movement of humanity into the inevitable sun rise of the Satya Yuga.

***"Thus the Christ, with the fused energies of love and wisdom, with the aid of the Avatar of Synthesis and of the Buddha and under the influence of the Spirit of Peace and of Equilibrium, can implement and direct the energies which will produce the coming new civilization. He will see, demonstrating before His eyes the true resurrection—the emergence of mankind from the imprisoning cave of materialism. Thus He will "see of the travail of His soul and shall be satisfied." The Reappearance of the Christ P. 101***

Tom Carney  
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