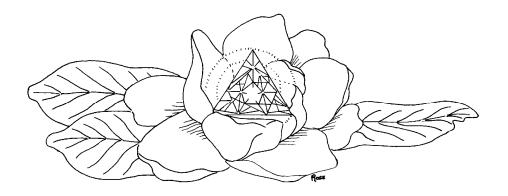
# ThoughtLine

June 2007



To provide the training, the atmosphere, the companionship and service opportunities necessary to "link Hierarchical intent with human aspiration"

# Arcana WorkshopS

Arcana Workshops is a non-profit tax exempt corporation and your donations are tax deductible.

Meeting Location: 3916 Sepulveda Blvd., Suite 107 Culver City, CA 90230 Mail Address: P.O. Box 506 Manhattan Beach, CA 90267-0506 www.meditationtraining.org webdisciple@meditationtraining.org Phone 310-749-3585, 310-545-0910

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## ✓ Workshops/Classes Held At Arcana Workshops

Fourteen Rules For Group Initiation - Sundays @ 9:00 AM. (Please Call)

Fourteen Rules For Group Initiation - Tuesday Mornings @ 11:00 (Please Call)

**New Workshop:** The Nature of The Soul – Tuesday Evenings @ 7:00 PM (Please Call)

✓ Up Coming Events

### **Community Meditation Gatherings**

Gemini May 30, 2007 Wednesday @ 7:45 PM Cancer June 29, 2007 Friday @ 7:45 PM Leo, July 29, Sunday @ 4:45 PM (Note: early start time)

Arcana Workshops, 3916 Sepulveda Blvd. Suite 107 Culver City, CA phone 310 749-3585, 310 545-0910

# Group Meditation New Moon Cycle Seed Thought

May 17 through June 14

When the Christ founds His focal point on Earth, it will be in the nature of a tiny heart centre through which the love energy of the Hierarchy can persistently flow. 7R5 p.618

June 15 through July 14

The sun is the heart of the system; so, also, the heart of man is the sun of the organism. There are many sun-hearts, and the Universe represents a system of hearts; therefore, the cult of Light is the cult of the heart. Heart #62

Note: Write to the Editors at webdisciple@meditationtraining.org

### "AS A MAN THINKETH IN HIS HEART...."

esak is the festival where the Christ and the Buddha work in closest spiritual union to create a point of inspiration for the work of the current year. When we work in union with these two Divine Leaders, we help make these spiritual energies uniquely available. Externalization of the Hierarchy, p. 641

For centuries, the Wesak Festival has been held in the valley of the Himalayas to substantiate the fact of Christ's physical existence among us ever since his socalled departure, to prove (on the physical plane) the factual solidarity of the Eastern and Western approaches to God, to form a rallying point and a meeting place for those who annually—in synthesis and symbolically—link up and represent the Father's House (Shamballa), the Kingdom of God (headed by Christ) and Humanity and to demonstrate the nature of the work of Christ as the great and chosen standing Intermediary, as the Representative of the Spiritual Hierarchy and as the Leader of the new group of world servers, and in His Person voicing their demand for the recognition of the factual existence of the Kingdom of God now. Externalization of the and Hierarchy, p. 599

As we gather here in the greater Los Angeles/Southern California area, heart chakra of the United States of America, we can think about our relationship on a lower harmonic to the position that the Christ and the Hierarchy hold as the heart chakra of the Logos, as well as to all those functioning as heart centers in their respective organizations, cities, states, and nations around the world. I would like to

focus our attention tonight particularly on the evolving heart chakra of humanity.

The Master Diwhal Khul stated that it is this centre which has been "receiving the most attention from Those on High who are responsible for the development of human consciousness." One of the reasons why the world war couldn't be avoided was because of the rapid unfoldment of the heart chakra of humanity. As energies were pushing upward from lower centers, and the pull from the ashrams were increasing simultaneously, the petals of the heart lotus began to turn upwards. of government, religion, crystallized social orders, which depicted selfishness within the mass humanity, had to be dissolved. At the time, group awareness and interaction had arown deeply humanity. New forms were necessary for the new spirit to be expressed adequately. Esoteric Healing, p. 156

This continues to be applicable today in light of the idea that the mass of humanity is completing the first initiation (opening of the heart chakra), and preparing to enter initiation (activation second application of the heart) As we see the events unfolding around the world, we are reminded that these are results of the energies lifting upwards within humanity, stimulating and transmuting the consciousness and forms that still focus on separation.

"As a man thinketh in his heart, so is he." Thinking in the heart is possible when mental faculties have been developed to a fairly high degree. This is the result of

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transmuting desire into love in the movement of forces from the solar plexus into the heart centre. Heart thinking indicates that the higher counterpart of the 12-petalled lotus of the heart centre found at the centre of the thousand-petaled lotus has reached a point of real activity. *Esoteric Healing*, p. 157 The reciprocal vibration of the 12-petalled lotus at the centre of the head chakra and the 12-petalled lotus of the heart is reminiscent of the relationship between the Buddha and the Christ on a lower turn of the spiral.

Rudolf Steiner states that 6 of the 12 petals of the heart lotus are already present and active due to past evolutionary stages of humanity. They appear on their own and begin to rotate when we start working on the other 6 petals. How do we promote their development? Rudolf Steiner offers these 6 qualities that orient the soul in a particular direction:

Attend to directing the sequence of our thoughts via logical thinking. Flitting, illogical thoughts distort. Thus Waldorf School teachers teach math holding this purpose in mind. In other words, we begin to bring our thoughts under conscious control.

**Logical** consistency is also brought into our actions. Instability and disharmony in actions injure this lotus. We begin to bring our actions under conscious control.

**Cultivate** perseverance to obtain a goal. Obstacles are challenges to be overcome rather than reasons to give up. We further develop the right use of the will via purpose.

**Develop** tolerance toward other people, beings and events. Just as the sun doesn't

withdraw it's light from evil, we should not withdraw understanding and empathy from anyone.

**Develop** openness and impartiality toward all phenomena of life. When faced with something new, we are willing to test our opinions and views and revise them where necessary, rather than holding hard and fast to our position. We should trust and have faith in the effectiveness of whatever we undertake.

Achieve balance in life. Inner harmony allows us to meet and deal with joy or sorrow equally. How to Know Higher Worlds, p. 118, 120-122

Rudolf Steiner reminds us that these six qualities are also the attributes a person seeking initiation has to develop. The heart chakra is the first step onto the Path of Initiation, and continues to develop with every initiation.

"Every human being is a miniature replica of the entire plan." Esoteric Psychology I, p. 21 This profound statement by the Master Djwhal Khul gives us reason to consider it more carefully. This is what higher beings do. When we look at another person or ourselves, we are looking at Divine Life. Man is a Life who has built a form, colored it with his quality and presents an No matter the stage of appearance. development of the soul or the appearance. when we acknowledge the fact that each person created out of life, a form and radiates through it, we are witnessing the entire plan unfolding. We slowly become aware of the process and goal, as our consciousness becomes more like that of Divinity Itself. How would our thoughts, feelings, actions, and speech change if we really saw this truth in each other?

Like the Christ, we reach upward to the Divine Spiritual Life to continually relate it to life in incarnation. In the words of Henry David Thoreau: "If you have built castles in the air, your work need not be lost; that is where they should be; now put foundations under them."

To strengthen the activation of the heart chakra of humanity, it behooves us to recognize, support, and participate in the

building of foundations of the Divine Plan for Humanity, which succinctly stated is "Every man a Christ.". In this endeavor, we

If you have built castles in the air, your work need not be lost; that is where they should be; now put foundations under them.

H. D. Thoreau

periods. What does change over time and with different cultures is the way the needs are satisfied. Human needs must also be understood as a system because they are interrelated and interactive; there is no hierarchy of needs, other than the basic need for subsistence for survival. Manfred Max-Neef and his colleagues are demonstrating the quality of Brotherhood through their heart-thinking, which would not have surprised Rudolf Steiner. Steiner

stated that a sustainable three-folded society must have the economic sphere guided by the quality of brotherhood, the

polity or rights sphere by equality, and the spiritual-cultural sphere by liberty. Manfred Max-Neef and colleagues have taken up their rightful mantle and are promoting the circulation of economy through the heart chakra of humanity.

Making use of what has been made known through Max-Neef's work is Marshall Rosenberg, a clinical psychologist, who is teaching worldwide the techniques of Nonviolent Communication (NVC) or as he says should really be called Nonviolent Consciousness. What he is teaching is a transmutation technique that lifts the energies up from the solar plexus to the heart centre where one's feelings are understood to indicate what basic human needs of ours are or are not being met.

These 9 basic human needs identified by Manfred Max-Neef, which Marshall Rosenberg uses synonymous labels to highlight, are as follows: (Max-Neef's terms are in italics.)

must also be willing to look in unlikely places. For instance, Manfred Max-Neef, an economist, has developed, along with colleagues at the Centre his Development Alternatives (CEPAUR) in Chile, which he founded, a new paradigm based on a revaluation of human needs. They are attempting to practice 'economics as if people matter' among the poor in South America. In this new paradigm, human needs are described as "existential (having, doing, being) and as axiological (values) and the things needed to satisfy them are not necessarily dependent upon, or commensurate with, the kinds or quantities of economic goods available in given www.rightlivelihood.org This thinking of the ethics of well-being counters the current practice and logic of the economic system. Instead of seeing human needs as wants that are infinite and insatiable, Max-Neef sees human needs as few, finite and classifiable; he has identified 9 basic human needs. Moreover, he sees them as constant across cultures and historical time

sustenance; subsistence)
safety / protection
love / affection
empathy / understanding
community / participation
recreation or play / leisure
creativity / creation
autonomy / freedom
meaning and purpose / identity

Via heart thinking, we are taught to observe and state clearly, with care and without suppression, without judgment thinking or bias, what occurred that stimulated those feelings. Then taking responsibility for our feelings, which are not caused by someone else but rather by what we have been thinking or assuming, we learn to identify our own basic needs that have not been met. We are then in a heartfelt place where we can make a request, and the other person is more likely to be capable of hearing that request and meeting it with empathy. We learn to practice listening with empathy in order to receive it. This is not a touchy-feely, wishful technique, nor is it easy. It takes practice, because we have all been conditioned to think in terms of rewards and punishment, and good-bad judgments. We often think we are justified to think, feel, say, and do what we do, even as spiritual workers, yet are reacting due to unmet needs. Psychology is one of the fields that Master Djwhal Khul states will help bridge humanity with the life of the soul. Here is an example of heart consciousness at work.

Each of you, I'm sure, could name other work that depicts the heart centre being activated within humanity, and I hope you will share it widely and support them. For these are the foundations being built under the castles in the air so that the Divine Plan can manifest here and now. Our own

colleagues in World Service Intergroup (WSI) who are meeting in Geneva, Switzerland this week are using daily seed thoughts in meditation which align the heart of the Cosmos, the Christ, humanity, and world servers. Karl Maret and Lesley Carmeck of heartmindcommunication.com wrote a stimulating paper titled "Heart Matrix and Esoteric Astrology" relating the 12-petalled lotus of the heart to the 12 signs of the zodiac and the 12 faces of the HealingLA.com dodecahedron. stimulating the meditative heartbeat by directing attention to healing the etheric network and flow of water here in southern California. The Anthroposophical group hosted a conference early this year in Los Angeles called "Harmony of Hearts; Man Know Thyself" The symbol on their flyer was the dodecahedron. Our collective attention (a tension) and participation can help humanity's initiatory effort to activate the heart proceed more efficiently and compassionately.

Olive Whicher, who wrote Heart of the *Matter* stated, "to truly know is to truly love. . . . In our search for understanding, we learn to transform cold intellectual thinking, however exact it may be, into warmth of understanding, not only in science but also in meeting the thinking of others." Heart of the Matter p. 18 To truly understand (stand under) another person, an experience, an event, a need, is a result of, and simultaneously promotes, Love. Whicher further states: "To quote Edward Schure: 'Quand la science saura, la religion pourra.' When science reaches maturity knowledge, religion will again have vital power. Science, which today is the recognized source of knowledge, together with a modern aspect of the art of mathematics, can renew our understanding of the true *religio*-reunion with the spiritual

aspect of life. The word science means to know, but knowing as a threefold quality; the three become one in the union of science, art and religion." *Heart of the Matter* p. 19

It is the Heart of the Matter. "As a man thinketh in his heart, so is he."

Let us be the point of the cross where Light and Love and Power

can flow through the group heart to activate the hearts of nations, the hearts of organizations, and the hearts of individuals to **Restore The Plan on Earth** 

> Joyce Muraoka Taurus 2007

#### *ᲓᲓᲓᲓᲓᲓᲓᲓᲓᲓᲓᲓᲓᲓᲓᲓᲓᲓᲓᲓᲓᲓᲓᲓ*

## US II

ccording to the Lore, Love is the energy signature that exists between Spirit and Matter. To understand this energy we must realize that Love does not ever stand alone. Love always and only co-exists between idea and form, between impulse and manifestation.

To make this cosmic Principle understandable to humans, the ancient Teachers, the original revealers, resorted to metaphor. They clothed

this cosmic reality in what is perhaps the most common and deeply held human conception of all, that of the father, the

mother and child. Thus they referred to Spirit as Father and to Matter as Mother and to the Mysterious and Omnipresent energy we call Love as the Child or Son. This metaphor, Father, Mother, Son has become the most basic of the "archetypes" presently known to us Humans. As a metaphor it both reveals and, alas, as does all art of any genre, hides the Truth.

This revealed fact of the always and only co existence and appearance of These Three was at one time in humanity's past seen and unquestionably accepted as Truth. As we have seen over the past few thousand years, this basic archetype has been greatly obfuscated and dimmed by both design and tradition. The actual existence of the Formless or Spiritual aspect of this Trinity, not being accessible to the lower 5 senses, had been all but dismissed as imagination, wishful thinking, superstition or just plain non-sense. With the denial of the Spiritual or formless aspect of this Truth,

Humanity lost not only the concept of The One Will which Fathers forth throughout the Cosmic dimensions of Universe,

but the Son, the Child, as well. When we lose the Child or Son, we lose Love the divine linkage between Spirit and Matter.

The loss of Love, literally the Heart of the Life, also resulted in the whirlwind of intellectual dissection of the Matter or Mother aspect of our beloved planet. With this lower mind driven matricide of the Mother we lost Her Mystery, her very nature. She had been reduced to forms, to periodic tables, to protons, electrons and

strings, pieces of stuff. Gone with the Son was

Love always and only co-exists with and between idea and form, impulse and manifestation.

Humanity are beginning to

awaken to it.

all the mystery of Her Purpose in the Grand Design. Gone was the fact of Her living presence, Her service, Her Divine Intelligence, Her Mothering, Nurturing, Protecting powers and co-creative contributions to the Intent of the Father and the Cosmic Whole.

Millions of people, the world over, walk daily through the splendor of Her nurturing power with blind eyes. Few of the seven plus millions of souls who live here in the Southern

California, for example, notice that in spring the rolling hills will suddenly turn from delicate shades of green to a vibrant chrome yellow, and shortly later will be covered in a purple carpet of tiny, flowers. How many of us stop and resonate to the deep mystery of the magic and power of the Mother at work.

In its place we see the planet, the Matter as a thing. She is reduced to mere substance, resources, oil, coal, timber, minerals, flesh, fish, fowl-something to be dominated and used. There is no understanding, no reverence or appreciation for Earth as a living essential in the Co-Creative process of Father, Mother and Child and the manifestation of the Divine Plan.

The world's religions for the most part have been of little help in maintaining the clarity and beauty of the Grand three part Design of Father, Mother and Child. On the one hand they have preached the notion that the world of matter, of flesh, the body of the Mother was evil, the source of Sin. On the other they preached that salvation was only possible through the renunciation of the world or the denial of the Mother and the acceptance of a transcendent Father. A very large number of Humanity's most grievous actions against the Mother, the Father, the Child and even each other can be laid at the doorstep of this bit of darkness.

Even so, the ageless and deeply embodied metaphor, the fact of the One Life, of the Father, Mother and Child has, from the beginning, reverberated, with out a pause, through the fabric of human consciousness. This ancient archetype still resonates deep

There is only One Life within which we live and move and, with countless others, have our being. And re-

within the core of Humanity, and today is responsible for the burgeoning, in fact exploding, renaissance of Love. It lies at the heart of our

growing re-cognition of our basic relationships on all levels of living.

The pulse of this strong and deep truth is steadily shattering the limes and veneers of illusion and half truths that have been layered over the basic truth of our essential divinity and our basic belonging to not only one another but to the very Earth upon which we walk, to the water we drink and the air we breath. There is only One Life within which we live and move and, with countless others, have our being. And we Humanity are beginning to re-awaken to it.

Just as the Master D.K. pointed out that, "There is no your soul and my soul, but only the One Soul." We are beginning to realize that there is no my "I" and you "I". There is only Us. And even within the shell of our own "I" we are beginning to understand that the Soul, the personality and the wrongfully maligned subconscious self are really aspects of the One Self. We are realizing that we are not three separate and separated hunks of stuff, but the One Self. We are a single "I" and as Mathew said, "When the eye is single thy whole body will be full of Light." Or as the ancient Mantram chanted by applicants for the third Initiation indicates, "There is a Power that makes all things New; it lives and moves in those who know the Self as One.

As we re-cognize the ancient varieties—rather than remember them because what we remember is a collection of old and for the most part illusory thoughtforms—we gain understanding of the true nature of reality and move from the darkness into the Light. We are able to fuse our "I" with the "I" of others to create groups. With each unifying effort the whole new body becomes full of Light. We see better and deeper into the nature of Life. Our point of view shifts from the self-conscious, separative view of the isolated "I" to the expanded view of the group and We began to realize what Group Consciousness means.

So, we start by discovering and unifying the three parts of our own self. Then realizing that there is no separate "I" we are able to fuse into groups. Soon we realize that there is no my group and your group but only the One Group, the Ashram.

From here, It is only a brief step to the realization that there is no my ashram and your ashram but only the Hierarchy, only the Christ Who always and only co-exists between the Mother and the Father of the World. And there

is, of course, no my Earth and your Jupiter and our Mars, no my planet and your planet but only the, the Father the Child and the Mother Whom we call the Solar System.

We could, if we liked, go on a long way with this synthetic dance, for it is the nature of Life. Although I do not know what a group of Galaxies is called, I am sure there are such gatherings of Great Ones within the "body" of the Cosmic Mother.

However, the simple practical point for here and now is to reveal and emphasize **the fact of the One Humanity**, and the importance of the one group of group conscious individuals to that unified whole and our role in the Living Plan. In Gemini, which is often called the Christ Moon, our function is to present a single "I" not a uniform but a unified "I" to the Christ so that we can become full of Light, Christ Light, the Light of Love. *For it is Love, friends, truly, Love* that makes all things possible, even a heaven on Earth.

Tom Carney Gemini 2007

# **WORLD INVOCATION DAY • Thursday May 31 2007**

# 24 Hour Vigil – Using the Great Invocation every 15 Minutes An invitation to groups and individuals throughout the Americas

#### Dear Friends,

Every year, since 1952, people in all parts of the world have celebrated World Invocation Day on the day of the Gemini full moon. It is a global day of prayer and meditation when people of different spiritual paths join in a universal appeal to divinity, using the Great Invocation.

This year you are again invited to link in with co-workers throughout the Americas in a 24-hour Vigil for World Invocation Day.

#### SOUNDING THE GREAT INVOCATION EVERY 15 MINUTES

Before the Vigil individuals and groups from North, Central and South America are invited to choose a particular period or periods of time when they agree to take responsibility for holding a meditative focus and sounding the Great Invocation on the quarter hour. Choosing the 45 minute period from 10 - 10.45 am, for example, will involve use of the Great Invocation a minimum of 4 times (10.00 am; 10:15 am; 10:30 am; 10:45am).

We, the peoples of the Americas (including Hawaii), live in 8 different time zones. The Vigil will operate for the 24 hours from midnight to midnight of June 11, in each time zone.

On the rhythmic pulse of every quarter of an hour there will be groups of people from across the region sounding the Great Invocation.

PLEASE NOTE – AS IN THE PAST MANY GROUPS WILL BE ORGANISING SPECIAL EVENTS FOR WORLD INVOCATION DAY. THIS VIGIL WILL SIMPLY BE A FURTHER ACTIVITY, ADDING TO THE CHARGE OF INVOCATIVE ENERGIES THAT ALREADY CHARACTERISE THE GEMINI FULL MOON.

A Participants Chart will be available on line showing those participants covering each time slot so that you can link with others holding the focus at the same time. The chart will show who is linking every 15 minutes in the 24 hours of the time zone your computer is set to. [If, for example, you live in California and you register to use the Great Invocation at 10:00 AM – your name will appear on the Participants Chart in New York for the time of 1:00 PM and in Winnipeg, Canada for the time of 12 Noon]. To register and to see the Participants Chart as it grows visit: <a href="http://www.intuition-in-service.org/IISvigilTIMER.html">http://www.intuition-in-service.org/IISvigilTIMER.html</a>.

#### IF YOU WOULD LIKE TO BE PART OF THIS INITIATIVE:

- PLEASE REGISTER AS A GROUP OR INDIVIDUAL NOW AT <a href="http://www.intuition-in-service.org/IISvigilTIMER.html">http://www.intuition-in-service.org/IISvigilTIMER.html</a> .
- AND SEND THIS INVITATION ON TO YOUR FRIENDS.

In joy and in union with all throughout the Americas who regularly work with the invocative potencies of the Great Invocation,

Steve Nation Intuition in Service