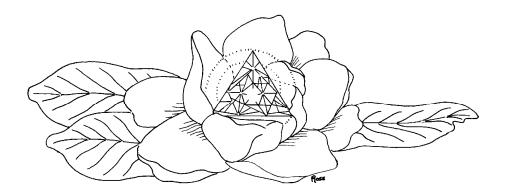
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To provide the training, the atmosphere, the companionship and service opportunities necessary to "link Hierarchical intent with human aspiration"

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✓ Workshops/Classes Held At Arcana Workshops

Fourteen Rules For Group Initiation - Sundays @ 9:00 AM. (Please Call)

Fourteen Rules For Group Initiation - Tuesday Mornings @ 11:00 (Please Call)

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Drawing On the Works of Alice A. Bailey, Lucille Cedercrans and The Agni Yoga Series Focalized by Tom Carney (Please call 310-545-0910 for more information)

✓ Up Coming Events

Community Meditation Gatherings

December 31, 2006, Sunday 11:30 PM

Meditation for the New Year Arcana Workshops, 3916 Sepulveda Blvd. Suite 107, Culver City, CA

January 2, 2007, Tuesday 7:45 PM

January (Capricorn) Community Meditation Gathering Arcana Workshops, 3916 Sepulveda Blvd. Suite 107, Culver City, CA

Group Meditation New Moon Cycle Seed Thought

December 20, 2006 through January 18, 2007

Thus, the heart, intensified by silence, replete as a dynamo, beats out the rhythm of the Universe, and personal desires are transmuted into the guiding Universal Will. Thus is cooperation with the distant worlds evolved. *Heart* #68

January 19, 2007 through February 17, 2007

It is intensity of purpose which will change you from the plodding, fairly satisfactory aspirant into the disciple whose heart and mind are aflame. *DINA 1* P. 538

Note: Write to the Editors at webdisciple@meditationtraining.org

Season's Greetings

Dear Friends:

First, we wish to acknowledge with our deepest gratitude the numerous gifts of love and light often in the form of money that we have received from all of you over this past year. Without this support, "the substance of things hoped for and the evidence of things unseen," we would be hard pressed indeed to keep this heart center in the Heart of the United States bright and radiant.

As, in the light of the Christ, we look toward the new year, we are filled once again with renewed faith and fresh hope. The coming days are going to present us with opportunities to manifest those Possibilities of the Spirit about which we have been dreaming to these many years. These coming manifestations will be the stuff of Christmas cards: Peace on Earth, a Humanity based on Goodwill and directed by the Will to Good.

We have dreamed these dreams for many years. Increasingly now we, the disciples who are presently in incarnation, with the willing help of our Elder Brothers, must focus our intent and energies on the effort to actually bring these "Visions of Truth which we call Ideas" into form.

It is our Christmas and New Year's wish for all, our hope, our will that we, the Community in manifestation, will rise to this wonderful opportunity in the coming months.

With Love and Cheer Your Friends and Co-workers at Arcana Workshops

December 2006

The Aquarian Sagittarian

have been thinking about the disciple Humanity in Sagittarius. Sagittarius is all about leadership. If we are familiar with Sagittarians, we have come to understand that they are very interested, some would say obsessive, about getting things started in the NEW direction.

Consider the word for Sagittarius "I see the goal. I reach the goal and see another." Sagittarians are

really not that interested in sitting around and enjoying the moment. Their moment is a moving point. It is in the struggle to reach the next goal that the Sagittarian really lives.

As any Sagittarian tracker, leader, scout, or point man on the fire team would know, one sees the goal by looking ahead. So, for "untold eons", a relatively longish time, Sagittarians have been shooting those arrows of searching. And every Sagittarian, coming out of Scorpio, has, true to his/her nature, retrieved those arrows, made course corrections for themselves and those who follow, and fired them off again.

Looking Ahead

Of course, the notion of looking "ahead" is also somewhat relative. As the disciple Humanity we went "ahead", that is from one goal to another; however, "ahead" did not always lead us in a direction we would call forward or into the New. Consequently for many of those "untold eons" the disciple Humanity, as we only too painfully know, spent a lot of time going around in circles.

Motive has an awful lot to do with the direction in which one goes. It is all too obvious that a significant number of our brothers and sisters are still stuck on that old treadmill of desire and disillusionment. However, according to the very finest

horoscopy lore, some of us, and I think enough of us to make a difference, have become properly oriented toward the Father's house; and our arrows of searching have struck evermore closely to the Heart of the World.

Motive has an awful lot to do with the direction in which one goes.

So, Sagittarians are the trailblazers. As I said, for untold eons the trail just meandered around in the forests of desire,

covering the same ground over and over again having the same, usually bummer type experiences, until we eventually became properly oriented. Since the time of the first turning of the first disciple toward Home, the trail these one pointed archers have been busily blazing is the one that leads from the 4th Kingdom of Humanity back to the 5th Kingdom of the Father.

Now, "In the Fullness of Time, it has come to pass" that the trail between the 4th and the 5th Kingdoms has been pretty well blazed. What started as a trickle with one or two occasional disciples struggling their way up an extremely dangerous and arduous trail toward the Supernal Light of a hoped for but unseen Mountaintop has become a veritable flood. And, if you consider the influx of advanced people reincarnating during this period of great opportunity, literally thousands of us, if not millions, have been finding our way into groups and thence into the Ashrams of the Hierarchs.

To the eye that can see, this ancient route between the 4th and 5th Kingdoms is beginning to resemble the 405 Freeway at rush hour. However, best not be fooled by the simile here. For the individual disciple, the path is every bit as challenging as it ever was, and, given the group aspects which

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appear on the higher pitches of the trail, it is even more difficult. But then what would we expect when the Keys of the Kingdom are the goal.

The View From The Top

So, having *finally got there*, back to the Father's House that is, what we found was a whole lot of really bright light and a message. The message said, "Lost am I in Light Supernal; yet on that Light I turn my back." Hmm, that sounds pretty strange. We just got here, and we are leaving?

Well, lets deconstruct that sentence, put it into "post modern" language so we can understand it. What the first phrase means is that reaching the top of this mountain, opened up a multidimensional, and, you might conservatively say, mind blowing, vista. That's the first part.

Going Down To Go Up

The second part, "yet on that Light I turn my back", says that this "top" is actually like the base camp or the starting point for the next climb, and—this is the part that Sagittarians really like—that we will have to go down to go up. The Path to the next Mountaintop leads back into the valley out of which we have just, "fought our way", one might say.

Thus, today's Sagittarian disciple/initiates have reached the Father's House. And, true to our Sagittarian nature, not being inclined to recline in the nirvanic, or any other state, we are blazing a new trail. This trail, we have been assured, leads to a new, however, at this point equally unfathomable, mountaintop and on into what is called The Higher Way. The trail starts right here, right now by our turning around and going back into the valleys out of which we have just come.

Not to worry though. We are not the same beings that struggled up the mountain. Although we are turning our back on the Light Supernal, we have figured out how to let it shine through us. We have some new stuff now, and we have access to some rather potent additional resources.

The Great Unfolding

So, looking at the big picture, this is not just the beginning of a new trail for a few disciples. It is a New Cycle of the Great Unfolding for Humanity, and, which is only reasonable, with it comes a new evolutionary impulse, part of which is the new stuff and the additional resources, that Light Supernal which we are carrying.

This cycle is called The Age of Aquarius. I think that in due time we will see it as the initiation of the promised Satya Yuga.

The New Evolution Impulse

During the early stages of this new cycle the focus of the returning disciple/initiates will be on the trail which leads from the 5th Kingdom back into the 4th Kingdom of Humanity. The new evolution impulse which is the driving force behind us and for which we are the seed carriers, is opening the heart of humanity. This impulse focuses Life, the energy of the Spiritual Will, into service to the One Life and the One Humanity. It will eventually bring about the merging of the 4th and 5th Kingdoms and a more perfect example of Unanimity or Brotherhood on Planet Earth.

It is most difficult to make specific pronouncements concerning the Purpose behind this new evolutionary impulse; however, since the last Hierarchal Conclave in 1925 or so, those disciples who have been oriented toward the Ashrams have received new Teachings, that is actual books, as well as subtle instructions and

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guidance regarding the implementation of some of the interrelated major aspects of the new impulse. Let me cite three examples:

> 1) We have been specifically asked to aid in the freeing of the prisoners of the planet.

This task is being implemented through the upgrading of the current self centered human consciousness which has spawned untold misery and death through the generation of an overpowering desire for the qualities centered of separative self exclusivity, power over others, entitlement and privilege. The upgrade involves the opening of humanity's heart center and the gradual realization and understanding of the one's synthetic factual nature of participation in all aspects of Life. The common name for this new type of consciousness is Group Consciousness. The Great Illusion dissolves in the Supernal Light of the new evolutionary impulse.

This New Consciousness is grounded in the fact of the One Humanity. It embodies the Principles of Essential Divinity, Unanimity, and Good Will and the Laws of Right Human Relations, Group Endeavor and Spiritual Approach. The new consciousness recognizes these as the basic underlying Principles and Laws which are impulsing the construction of the new civilization and world culture.

2) We have been specifically asked to reveal the fact of the Spiritual Hierarchy and to facilitate the externalization of this, the 5th, Kingdom.

This task is being implemented first of all through the efforts of the disciple/initiates to open the heart center of humanity which in turn will enable the planners of the Race to register the newer truths. Then, through the work in all departments of human endeavor to recognize the fact of the continuity of Life, of one humanity and one planet and the reality of the higher planes of awareness and existence, the Hierarchy will become visibly, factually involved, once again, in the affairs of Mankind.

3) We have been specifically asked to aid in the efforts to bring about the physical reappearance of the Christ.

The way for the Christ to reappear will continue to open as we continue to accomplish the previous two tasks.

So, these are some pretty heavy opportunities. I know a number of disciples who think they are way not qualified, or not worthy is another phrase I have heard them use, for these kinds of assignments. And I know some others who are of the opinion that those who think they are qualified are a bit or maybe a lot en-glamored or maybe, just nuts.

Just Do It

Well, leaving both of these issues aside, the facts are pretty clear that the above are real requests from real members of the Hierarchy (See page 300 in *The Rays and The Initiations* for an example.) The opportunities are unmistakably there. My thought is that we forget about this Old School activity of arguing over whether we are qualified or worthy. What we need to do is jump in and do it. Our qualifications will be determined by what happens.

Taking Initiation

To me this is like taking initiation. We think that "taking initiation" is some kind of party that we get invited to when we are spruced

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up and ready. I think that doing the job is taking the initiation. We are "taking initiation" everyday. Eventually we get to a point where the One Initiator says, "Well, this guy is cool." And He lays the rod on us.

The ceremony of initiation, I have no doubt, really happens just like D.K. lays it out in *Initiation Human and Solar,* participation in the ceremony is not **taking initiation**. It is kind of like being officially recognized, like getting some kind of stamp on your passport or something. In actuality, I think the ceremony is a prelude to the next assignment, a kind of notification that one is ready to do the next thing without killing him or herself and a bunch of other people in the process.

To me **taking initiation** is working 24/7 on these or other assignments. Disciples and Initiates are the people who are doing this stuff. In the Old School, we called the work that the disciples and initiates do, "Spiritual Activity".

Anyway, there is no denying that these are some pretty heavy tasks. These opportunities will and do require a disciple "whose mind and heart are aflame". "Plodding, and fairly satisfactory" will not cut it in this work.

It's all part of the new evolution impulse. It is a question of the Will, not the skill. The skill comes with practice. The practice is initiated by the Will. So, one might say that the ability to tap and use the higher will is the first skill.

Again, we realize that these are very challenging tasks. However, let us not get all bleak and discouraged here. We have not been sent out, or down here by some dummies without the necessary body armor and properly protected Humvees, to do some impossible things.

First of all, we are not the same disciples who struggled up to the Mountaintop. Remember, the Supernal Light. Those of us who have the requisite "flaming minds and hearts", those of us who have our nose in the work of liberation 24/7, have some new stuff. We are not without resources.

Help From the Inner Side

Major among these resources is the help of the Inner Guides. We need this help, the help of the Ashram in the work of salvage. This help is what we call guidance.

On the upward climb, we received flashes of this kind of help through our meditation work and soul alignments. But, as I said, we have some new stuff. We are a lot more conscious now than we ever were on the way up the Mountain.

For one thing, we are part of a group now. The entire group is not exclusively in incarnation. This enables a much more efficient interface and is the source of what I can only think of as conscious guidance. Conscious guidance is much more useful to the working disciple than the occasional flash of understanding and insight. Actually going forward through the alignment while we are working, we are able now to engage in dialogues with the inner group workers and guides.

The Essential Skills

As we all know, from years of training in this life, as well as previous lives, the three essential skills for this kind of work are detachment dispassion, and discrimination. The first of these that requires mastery is dispassion, for without dispassion there would be no hope of ever able to make the beina kinds discriminations required. The gradual and painful development of these three qualities on the inbound Path enabled us to contact

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our own soul, find our way into groups and eventually the Ashram.

It is precisely now—when, through the building of the antahkarana, we have established an interface with the Ashram and we need their guidance—that the skills of dispassion, discrimination and detachment become most important. But lets deconstruct this process we call guidance. Let's try to put what we mean by this term into some practical framework.

First of all, what is commonly referred to as guidance is usually just the download side of a two-way communications system. This communication system operates through an

The

network. This energy network, an energy field, is an integral part of the and dense subtle aspects of the physical world. lt literally

interpenetrates every form in manifestation. Modern science, on the verge of discovering this energy field, has created what we call the Internet. The worldwide Web or the Internet is an electronic physical model of the underlying reality of what esotericists call the etheric web.

In this communication system, the aligned and focused equipment of the disciple can be viewed as or is akin to the physical computer that is either sending or receiving information over the Internet. Communication travels between the disciple, or the group and the Ashram up and down or in and out over an energy bridge called the antahkarana.

We think of guidance mostly as the response to a request, so communication in this system works mostly in response to a properly Willed, that is focused and motivated upload or what we call an invocation. Our invocation attracts the attention of the inner guides by creating an effectively organized and motivated, therefore attractive, vortex in the energy field upon or through which the higher impressions coming from the Ashramic contact can play. The actual aligned and energized system of the disciple is ever so much more sophisticated, yet simple and seamless in its functioning, but it is something like having packets on a network. Each packet has an address so the network server knows from where the packet came and to where it is going.

Many of us have actually developed the ability to create such a "sensitive receiving

> plate". This part of the the

> interplay is fairly well because protected without the ability to meditative create alignment and provide

the properly focused and motivated invocation, the negative field of reception will not be created in the etheric field. And there will be no vertical transmission through the network and over the bridge that links the denser physical planes with the purely Spiritual or formless areas of the Web.

The motivation is never personal in nature and must be for the common good. When the alignment is tinctured by personal or separative energy, the meditator is opening the equipment to inputs from any number and kinds of lower sources, many of which may not be the best thing for one's evolution at all.

Real problems can, and sometimes do, occur in the backend or on the download side. There is actually an art to fashioning an impression that will register in the invoking or sending disciple's conscious

motivation

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mind. Every impression is sort of custom made. The impressions that are directed toward the sending disciple are crafted specifically for the sending disciple and are without any taint of separation or glamour.

Here is where the 3 D's Dispassion, Discrimination, and Detachment come into play, and here is where a **true group** is most necessary for the safety of both the disciple and the work. Until after we make the 4th initiation, it seems to me that it is not that hard for anyone of us to lose it in one or all of these areas.

What I have seen happen, and experienced myself, is that the worker gets overwhelmed by the frequency that the impression sets up as it passes through the emotional body on the way to the brain. Bam, there goes the discrimination and the detachment.

We have all had these kinds of experiences on the inbound Path to the Mountaintop. The difference is that on the outward Path, the frequencies are very much more powerful than any we encountered on the inner Way, in addition, there are tons of negative thoughtforms out there that generate doubt: doubt that we are worthy, doubt that this is happening, doubt that it is a genuine Ashramic contact, and on and on. There are also tons of thoughtforms that appeal to our old selfish side: We are special, we are the chosen ones, we may even be masters ourselves.

Who is to say which of these monsters is the more dangerous? The glamour of doubt, as Master M tirelessly points out, devours the psychic energy of the will and knocks the disciple out of the game or off the Path. The glamour of exclusivity or in one of its more ancient names, hubris, is literally **blinding to the Light** and has given humanity more grief and horror than we can know.

Still, we have faced and overcome tests of this nature, and now, on the downward Path of service—which leads to the Mountaintop of who knows what—we have the added protection of the group presence which we developed on the inward way. The thing is that the group presence must actually be a group, in the esoteric sense of that concept.

The Aquarian Phase

Impulsed by the Ageless Sagittarian mission, the Disciple Humanity has entered a new phase of the Endless Way, the Aquarian Phase. The leading edge of the human Life Wave, those whom we call **The Willing Ones**, those whose minds and hearts are aflame, will rise to meet the opportunities and the guidance being offered.

As their act of the will proceeds, it will become increasingly clear that these disciples are hearing a new drummer. It will become increasingly clear that they have new ways to work, that they see and know a new Path, a path that leads out of the "dismal weary vale of Earth" into a peace "unlike aught known before where the will-to-good flower will forth as understanding and understanding blossom as goodwill in men."

Tom Carney Sagittarius, 2006