

To provide the training, the atmosphere, the companionship and service opportunities necessary to *"link Hierarchical intent with human aspiration"*

Arcana WorkshopS

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Meeting Location: 3916 Sepulveda Blvd., Suite 107 Culver City, CA 90230 Mail Address: P.O. Box 506 Manhattan Beach, CA 90267-0506 www.meditationtraining.org webdisciple@meditationtraining.org Phone 310-749-3585, 310-545-0910

February 2006

In this Issue

The New Aquarian The Lessons of Scorpio

P. 1 - by Tom Carney P. 5 - by Diana Lange

✓ Workshops/Classes Held At Arcana Workshops

Fourteen Rules For Group Initiation - Sundays @ 9:00 AM. (Please Call)

Fourteen Rules For Group Initiation - Tuesday Mornings @ 11:00 (Please Call)

Study/Discussion Group, Walking The Endless Way - Tuesdays 7:00 to 9:00 PM

Exploring, Understanding and Working with Esoteric Principles and their Practical Applications in Daily Living along with Occult Meditation Techniques and Alignments

Drawing On the Works of Alice A. Bailey, Lucille Cedercrans and The Agni Yoga Series Focalized by Tom Carney (Please call 310-545-0910 for more information)

✓ Up Coming Events

March 13, 2006, Monday 7:45 PM

March (Pisces) Community Meditation Meeting Arcana Workshops, 3916 Sepulveda Blvd. Suite 107, Culver City, CA

	The Three Linked Festivals
Aries	April 12, 2006 Wednesday @ 7:45 PM
Taurus	May 12, 2006 Friday @ 7:45 PM
Gemini	June 10, 2006 Saturday @ 7:45 PM

Arcana Workshops, 3916 Sepulveda Blvd. Suite 107, Culver City, CA

Group Meditation New Moon Cycle Seed Thought

January 29, 2006 through February 27, 2006 SENSITIVITY in relationship

February 28, 2006 through March 28, 2006 The STRENGTH that strengthens others.

Note: Write to the Editors at webdisciple@meditationtraining.org

February 2006

Inbreathing In Aquarius

A s far as I can tell, Aquarius has always been associated with water. It has always been known as the Water Carrier, and even the modern symbol for the sign looks like ocean waves. We all know about the 11th Labor of Hercules, the cleaning of the Augean Stables by channeling the waters of two rivers through the stables and washing out all the muck. There are countless other ancient depictions of the Aquarian disciple as a Water Carrier. There are even statues

of Maitreya holding a vessel of water.

Some years ago, I realized the modern symbol for Aquarius, 22, looks as much like parallel lightening bolts as it does water. This got me seeing

Aquarius in a whole new light. From one point of view, the ancient one, those are water waves. However, from a modern point of view, those could be symbols for sine waves. Obviously, if I, like the ancients, had never seen a light bulb or an oscilloscope, I probably would not have made this connection; however, I have, and I have come to think of the Aquarian disciple as a carrier of what might be considered the modern equivalent of the Water of Life, energy.

Today, in my mind at least, the waves are indicative of electricity, or energy, or fire. Using occult terminology, one might say, fire by friction, solar fire and electric fire. The modern or the Aquarian disciple also sees his service as much more than simply cleaning out old stuff. His is a service of salvage, a matter of releasing life from old forms and allowing it to flow into new more

Unless one has the practiced eye and knows what to look for, it is much harder to see the sine wave produced by solar fire.

efficient and effective forms. The Aquarian Disciple sees his service, in a word as a matter of synthesis.

Each of these "fires," as we know, is related to or deals with a different level of consciousness or place on the Path or one of the Crosses. One of the marvels, to me, of symbolic language is how it works across such giant spans of life. For example, I was in a hospital recently visiting a friend who was hooked up to a

> heart monitor. While watching the monitor, I found myself thinking of Aquarius. The little line was moving across the screen in a regular rhythm making that little beep and creating these little waves. Each little

wave was an indicator of life, of one of the fires, fire by friction perhaps, present in the dense physical form of my friend. I have also been present at a bedside when the beep suddenly becomes a steady tone and the little line stopped creating the little waves and went flat. No waves, no life, no pulse of sound, no fire by friction, or of any other kind.

Unless one has the practiced eye and knows what to look for, it is harder to see the sine wave produced by solar fire. But a good example of the presence of this fire is the steadiness of a meditation rhythm. It is the pulse of solar fire that produces a meditator, that carries forward the regular exposure of the mind to the light of the soul. The sine wave of solar fire is apparent in other areas of a person's life too, the regularity, or lack there of, of one's service rhythm for example. As on the heart

monitor, an irregular meditation and service rhythm signifies arrhythmia. This is a kind of psychic heart problem, a shorting out of a soul connector or a transmission line jam.

Again to the practiced eye, the wave sine of solar fire is relatively easy to see in a group of disciples when they are working as a group. The energy flow around and through the group seems seamless and does not generate any of the friction or jolts that one experiences when working with a number of people who are using the primary energy of the personality, fire by friction.

Group Consciousness

Solar fire is group consciousness. While it recognizes differences it appreciates each nuance and difference as an aspect of the One Mind that constitutes the group's mental body. When fire by friction enters the group aura, we experience its usually sudden presence as a significant change. For some of us, this change registers as a drop in voltage, a drop in the group energy field and as a sense of wariness. Fire by friction or personality energy frequently generates a frequency of defensiveness which seeps into the group aura. Unless noticed and stopped, the conversation, the group's energy exchange and circulation system will deteriorate into a contest of some form.

Solar Fire never competes. Charged with the energy of Love, as it is, it always sees and illuminates the common ground of the idea that is being faceted out and embodied by the group mind. It is this tendency to come from and to go to and illuminate the middle or common way that creates the spiral effect of the group's query and enables the penetration of the higher abstract mind, that opens the path to the field of Electric Fire or the Spiritual Will. The sine wave produced by the presence of Electric Fire or the Spiritual Will is even harder to see, again, unless one knows what one is looking for. If one can relate to the following from The Rays And The Initiations, one can see Electric Fire on a planetary scale. "The final phase of the divine purpose is the most difficult of all to indicate, and when I say indicate, I mean exactly that, and nothing more definite and clear. Does it mean anything to you when I say that the ceremonial ritual of the daily life of Sanat Kumara, implemented by music and sound and carried on the waves of color which break upon the shores of the three worlds of human evolution, reveal-in the clearest notes and tones and shadesthe deepest secret behind His purpose? It scarcely makes sense to you and is dismissed as a piece of symbolic writing, used by me in order to convey the unconveyable. Yet I am not here writing in symbols. but am making an exact statement of fact. As beauty in any of its greater forms breaks upon the human consciousness, a dim sense is thereby conveyed of the ritual of Sanat Kumara's daily living. More I cannot say." The Rays And The Initiations P. 246-7

Well, we can see the difficulty of understanding the wave sine of Electric Fire, and we should definitely not make the mistake of assuming that the will is "...a power by means of which things are done, activities are instituted and plans worked out. This general definition is the easiest for men to formulate because it is understood by them in terms of their own individual self-will, the will to selfbetterment...." The Rays and The Initiations P. 170-1

The "will to individual self-betterment" is, of course, Fire by Friction. Electric fire is in reality the "dynamic pull of Shamballa."

This Fire has nothing to do with form of any kind. It is pure intent. It is the Will that is "present as a quiet deep pool of power behind all expression of the energy of love." *Esoteric Healing* **P.528**

As I said a moment ago, service is generally equated with physical plane activity of one sort or another, and Aquarius as a sign of service, has been, over the years, considered as a period of intense physical activity. It has been a sign in which the disciple, Hercules, for example, does a lot of stuff, engages in a lot of dense physical work like cleaning the Augean stables.

Yet Aquarius is an air sign, and the second sign of the inbreathing

when

energy

cycle of the yearly breath. During any of the inbreathing cycles, whether we are talking about the day, the month or the year, we do not engage in intense periods of dense physical activity. We focus in. We strive for a point of silence.

Again we see the play of symbology, for in the silence, the Aquarian disciple of synthesis does make it possible for a kind of "clearing" to occur. This seems strange. However, looking at Aquarius from the perspective of the three fires, we recall that just as the modern or Aquarian disciple in Capricorn had to descend into the cave to climb to the mountaintop, we see that the Aquarian disciple needs to stand still to move forward. We encounter one of the primary qualities of the Disciple of synthesis, Mobile Steadfastness.

So, Aquarius is basically a time for inbreathing, and, looking at Aquarius from this perspective, what I sense just now as the presence of Aquarius, is this "quiet deep pool of power." It is a time for us to hold. It is a holding that has to do with maintaining a focus and tension at a very concentrated level, but to not engage in dense physical activity. The holding of this point of tension will hold open the Way, the Antahkarana, for Monadic Life to flow into our service field. "You must bear in mind that when the antahkarana is constructed and in use, there is consequently a free play of energy in a direct line between the Spiritual Triad and the personality: i.e., between the Monad and its "earthly anchor." The Rays And The Initiations P.161

> So, during this phase of the inbreathing cycle, we need to focus our intent, and we need to place all of our Spiritual Will behind our intent. This does not mean that we become passive and

sidelined from the world and its needs. This holding is our service just now. Not everyone can do this kind of work, so it is important that those who can, do.

is

line

The energy field generated by our effort will be extremely magnetic to Purpose, and as a result we will be able to capture and register the coming revelations at the time of our meditations, and especially at our full moon meditations. Our efforts are to hold in the silence, so that when Light appears, we can clearly see the Way ahead. In this holding we are focused on the principles which are in the process of bringing the New Civilization and Culture into

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manifestation. This effort requires sensitivity in relationship.

The symbology of the Augean Stables is timeless and applies to the situation today. The old and used up forms-the systems, attitudes, visions, habits, traditions, beliefs, idols, that were used to embody the Principles of Life as they were understood and embodied during the passing Piscean Age and which today are simply the detritus of our infant understanding-these old and used up forms need to be removed from the field wherein we will build the New Civilization. The difference is that whereas, in the ancient tale. Hercules used the water from the two rivers to clean out the stables, the disciple of synthesis uses the group Way, the group antahkarana and Electric Fire to synthesize the old forms into the new.

The Aquarian disciple salvages and liberates Life by contacting, containing and directing Monadic energy, the energy of the Principles into the veils, the illusions and glamours, the shadows of the old and outworn forms that shroud the world.

Like all forms, these ancient systems, attitudes, traditions have a life of their own, and like all living things, they are loath to let go of that which they think they are. So, once again, we are faced with the work of salvation which is the true service of the disciples of synthesis in the Age of Aquarius. Although this effort involves much elimination and disposal, and often is accompanied bv much pain and misunderstanding, what the Aquarian disciple of synthesis is salvaging is the Life essence that has been embodied in these ancient and now confining forms. This freed up Life is made available for the building of the new forms for the new civilization and world culture. Thus it adds to the Life More Abundant which is the promise of the New Evolution Impulse, the Light to this New Age.

> Tom Carney Aquarius 2006

Hush! Black hills rim gold Diamond bright the rising Sun The Christ is coming.

-tom

February 2006

The Lesson Of Scorpio

The following piece was a full moon talk given by Diana Lang at the 2005 Scorpio full moon. We think it carries a message that would be worth reviewing as, in the upcoming Three Linked Festivals, we face the service opportunities uniquely fashioned for each of us by the Lords of Karma.

The Editors

R ecently, we have passed through the cycle of Scorpio. How did you fare?

Scorpio gives us the opportunity to reexamine, delineate, decipher, extricate, and finally distill "the matter" of things. Scorpio gets to the heart of the matter. To be under the scrutiny of Scorpio's piercing, unflinching, unwavering gaze can be intense, but when it comes to discernment and discrimination, no sign does it better.

Elevated, Scorpio is about transmutation. One of the images associated with the sign is the phoenix that rises from the ashes of what it once was. Her lesson is transformation, real and true and tested transformation. Scorpio's symbology ranges from the crawling scorpion to the risen phoenix. Scorpio can reach to the highest and sink the to lowest. It can kill with its stinger and can elevate beyond the material world. As it careens from the highest to the lowest, from the darkest to the brightest, Scorpio finds its way home to the Soul, truly and surely. It is Scorpio's destiny.

When we pass through the tests of Scorpio—and there are always tests in Scorpio—we are being groomed for a higher turn of the spiral. We are asked to transform our lives, whether it be in the area of things, relationships, ideas, or ourselves.

As we move through Scorpio, or wherever Scorpio is placed in our chart, this is the area for transformation. Scorpio's tail points to the problem, the area to be examined, like an arrow. And with its fierce determination it probes and pokes, dissects and cajoles, until the material is fully dismantled, carefully mounted, studied and examined, and fully understood.

Moving through a Scorpio period is like a being in a spiritual cauldron. It is a classic Scorpionic pressure cooker. This is how Scorpio teaches. Through intensification, through increasing tension, it tightens. The heat is ever increased until "the matter" becomes malleable. This is the process of transformation. This is the process of alchemy where base metal is turned to gold.

The Alchemist Of The Zodiac

Scorpio is the alchemist of the zodiac. When the matter comes under the lens of Scorpio's relentless gaze, an alchemical process begins. Scorpio puts its whole heart and mind into the process of examination. analysis and finally distillation. In the alchemical process the vessel is placed over the flame and kept at a very precise temperature to allow for the alchemical process to occur. It is watched carefully until the exact specific conditions are met. Then Scorpio adds it piercing discernment. It tests, corrects, makes adjustments, authenticates, refines, and finally transforms the matter.

How do we know what the exact right conditions are, or when to take our matter off the burner? Or, for that matter, how do we know when to put it on the burner? We know by our meditation practice. Our meditation alignment is the genius at the wheel. Our meditation shows us how, what, when, where, why.

When we have an established meditation practice in place, we can navigate the changing conditions. Meditation is our connection to wisdom. It is like a compass for the soul. Our meditation insights help us to know when to move forward, when to hold steady, when to retreat, and when to action. knowings take These are something that we build with every meditation sitting, and with every conscious moment that we live. We string together these knowings like gorgeous beads on a string that creates a powerful necklace of consciousness, like a rosary.

The zodiacal period of Scorpio is also the polar opposite point of the original Wesak full moon energy that occurred last April.

The Scorpio period of the year is the physical manifested touchdown point of the Wesak full moon. As we watch the news and world events, we can see what Meditation, we can see what

energies are manifesting in the world and in our lives. Globally and personally we have all been affected by these energies. We can see where they are flowing and where they are not. As we have moved through this Scorpio time we have had the opportunity to help transform them. We can see where they are blocked and we can lend our energetic assistance to help clear the channel.

As meditators we can be like midwives. We can help move the energy that may be blocked. By aligning with the "Will of God" in our meditation, we are doing so. It is our privilege to do this. We become like batteries along the circuit that help push through the Wesak intent.

When we're moving through a Scorpio time we can expect intensity. It is as if the heat is turned up on whatever issues in our life that needs our attention. If you are wondering what these issues might be, then these are not the ones. During a Scorpio push there is no uncertainty of where to pay attention. It is hot and bothering, at least, smoldering more likely, and just waiting for a crack through which to flare.

Don't be afraid of these transformative forces. They can change our lives. And it is always for the better, even if you don't think so. One of the challenges of Scorpio is to surrender the little will to Higher Will. A good mantra for a Scorpio is "Thy will be done". When Scorpio learns this lesson it becomes a facilitator and administrator of right action and connected knowing.

Meditation, our connection to wisdom, is like a compass for the soul. Scorpio is associated with the 4th ray. The seed thought for fourth ray is:

"Alone I stand upon the scales, and reaching out I bring into all relationships that peculiar motion which results in balance."

When Scorpio aligns with this higher good, it is relentless. For one of Scorpio's gifts is insight, insight of the deepest kind. It leaves no stone unturned in its quest for understanding. It seeks and seeks; it is persistent. Its job is to understand, deeply, thoroughly, and intensely. You might be recognizing some of these keywords of Scorpio: depth, intensity, creativity, and

death. It is fearless in looking at these subjects. And as it examines, even death, Scorpio learns there is no death, that we are soul and as soul, we are infinite. When Scorpio finally learns "I am the Soul", this is the liberation of Scorpio, and real transformation where true alchemy occurs.

We are being asked to help shepherd these changing times. How do we shepherd? By staying awake, by being conscious, by holding our alignment no matter what the outside circumstances are. As conditions shift and sway and change, we stand receptive, we stand still, and allow for our consciousness to be impressed by that light of knowing.

One thing Scorpio is really good at is standing still. Another keyword for Scorpio is focus. When practiced Scorpio can focus its beam of concentration to the precision of a lazar beam.

We can all benefit by bringing some of these Scorpio energies into our life: The ability to distill, to measure and understand the real value of something, to be able to discern, to be able to perceive the gross and subtle differences in something, to discern between the plethora of information out there (and in our self), to know what is true, what is of value, what is significant and why it is. Then we have the patience to wait for the right moment, so that Sagittarius energy can fling it into action in the world, as Sagittarius is so gifted at doing.

A Zodiacal Cycle

The section of the zodiacal cycle from Libra to Pisces, briefly works like this.

Libra measures, weighs, and balances

Scorpio defines, refines, and transforms. Sagittarius presents it to the world like a slingshot. Capricorn grounds it, makes it real, and makes it into something. Aquarius ideates and forms an ideal. Finally, Pisces synthesizes the energy by first dissolution, then dissolving, and finally absorbing it into the system as a collective given in our group consciousness.

The Great Mandala

We are part of a great mandala. We are all connected to a grand and divine plan and these are the revelations of Scorpio. It digs deepest, it can fly highest. And when it knows, it knows. Scorpio relentlessly asks the question, "What do I know? What do I really know?" From Scorpio we learn to discern real truth, we can pierce the veil. As these Wesak energies are grounding, we can help amend them like soil, with our soul light.

We have just passed through a process of transformation. We are seeina the manifestation of the Wesak and how it is expressing itself personally and collectively. We are experiencing the physical reality of this energetic push and all of our reactions and resistance to it. It is in Scorpio where these physical manifestations are tried and tested. Like a sword that is forged over and over again over white-hot fires, making it stronger and stronger, we are also being forged. Scorpio tests the material; it burns it away and what remains is the ash, like sacred vibhuti. This purified, precious material becomes the awareness of our next collective step.

As the new year is almost upon us it is time to reassess and take advantage of what Scorpio discovered in the laboratory of our lives. What has changed? What has transformed? How can we add our transformed note to the collective note and add our cohesive sound to the world?

The Lesson of Scorpio

This is the lesson of Scorpio. Scorpio is the sign that indicates the world disciple. And we are disciples on the path.

This is the lesson of Scorpio. We stand as love in the center, bowed head, praying, "Thy will be done," amidst the incoming energies, clear-seeing, discerning, knowing.

Scorpio lances the veil; it pierces the fog, and sees truly, burning through the maya and the glamour.

We transmute the energies that have been given. We uplift them to love.

When we meditate we are trying to touch the highest thing we can get to, the highest thing we know. We aspire. We reach. We endeavor to blend and be with the synthesized ashram. And it's already waiting for us there; all we have to do is blend into it, by dropping our effort, returning to our source.

The way was made clear a long time ago by other aspirants like ourselves. And by our efforts now, we make the way clear for the next wave, by establishing a center that is tried and true, forged through the fires of Scorpio.

And all we have to do is stand quietly at the center, where the Will of God is known, and we are There.

As the Master Morya has pointed out, "The measure of understanding is the degree of love."

Diana Lang Scorpio 2005

Cascading lupine Purpling the mountain's side. The Color of Joy!

-tom