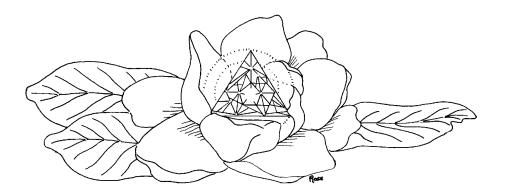
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February 2005



To provide the training, the atmosphere, the companionship and service opportunities necessary to "link Hierarchical intent with human aspiration" and the Will to Good.

Arcana Workshops

Arcana Workshops is a non-profit tax exempt corporation and your donations are tax deductible.

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✓ In this Issue What Is This Plan?

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✓ Workshops/Classes Held At Arcana Workshops

Fourteen Rules For Group Initiation - Sundays @ 9:00 AM. (Please Call)

Fourteen Rules For Group Initiation - Tuesday Mornings @ 11:00 (Please Call)

New Study/Discussion Group, Walking The Endless Way - Tuesday 7:00 to 9:00 PM

Exploring, Understanding and Working with Esoteric Principles and their Practical Applications in Daily Living along with Occult Meditation Techniques and Alignments

Drawing On the Works of Alice A. Bailey, Lucille Cedercrans and The Agni Yoga Series Focalized by Tom Carney (Please call 310-545-0910 for more information)

✓ Up Coming Events

February 23, 2005, Wednesday 7:45 PM

February(Pisces) Community Meditation Meeting Arcana Workshops, 3916 Sepulveda Blvd. Suite 107, Culver City, CA

The Three Linked Festivals
Arcana Workshops, 3916 Sepulveda Blvd. Suite 107, Culver City, CA

Aries March 24, 2005, Thursday 7:45 PM Taurus April 23, 2005, Saturday 2:00 PM Gemini May 22, 2005 Sunday 2:00 PM

Group Meditation New Moon Cycle Seed Thought

February 9 Through March 10, 2005

He will again appear and guide mankind into a civilization and a state of consciousness in which right human relations and worldwide cooperation for the good of all will be the universal keynote. *The Externalization of the Hierarchy* P. 609

March 10 Through April 8, 2005

For in perfect balance there is no weight. Thus one more step and hidden meaning of a so oft-quoted Truth is revealed "In Heaven, so on Earth." From the R Archives "Divine Love" P.2

Note: Write to the Editors at webdisciple@meditationtraining.org

What Is This Plan?

been engaged in a great work, the science of Impression through the technique of Invocation and Evocation. This is why we are gathered at this time at the Full Moon and have gathered in such a manner since the injunction was first given. There are many ceremonies, words and expressions used by esotericists that may have vague meaning or comprehension; it is our task to clarify to make understandable these concepts. It is towards this end that I have chosen to talk about "What is this Plan?".

Approximately 505 years ago, the Elder Brothers of the Hierarchy called a conclave of all departments. The purpose was to determine what could be done to hasten integration within the minds of men, for integration is "the keynote" of our Universal Order. This would create a synthesis and unification of thought and, therefore, bring about a unified world. Only then could there be a beginning understanding of the manifestation of purpose of the Divine Life which had brought all into being. For, "When the world of thought is unified then the outer world will fall into a synthetic order." *Treatise on White Magic pg. 402*

At this conclave they had 3 objectives:

- To view the plan on as large a scale as possible and refresh their minds as to its vision.
- ➤ To note the energies and forces that would be available for use.
- ➤ To train probationers, chelas and initiates for the work planned in future centuries.

While engaged in this process they observed certain key phenomenon within the ranks of aspirants:

- A failure of disciples and even initiates to possess continuity of consciousness,
- A failure within the ranks for spiritual impression,
- > An inability for telepathic interplay,
- An inability to recognize or differentiate various grades of hierarchical workers within their midst.
- The proclivity for the lower psychism and desire for psychic phenomenon.

This was pronounced and evident in early 20th Century when Master DK's writings came forth and is still evident today at start of the 21st Century.

Now it is important to note that the "continuity of consciousness" that was being discussed is not personality recollections from past lives but the achieved spiritual capacities gained, the essence of those lives stored in the permanent atoms.

The aspirants and initiates referred to in future centuries come into prominence beginning in 1875 when during this time the Theosophical movement explodes upon the scene. Charles Leadbeater, Annie Besant, and Mabel Collins are but a few notable Disciples within this group. It was within the persona of H.P. Blavatsky that the Master D.K. brought forth the significant teachings of the Ageless wisdom that would begin our particular lineage.

Her treatise *The Secret Doctrine* would initiate a platform which a future set of teachings would unlock. The key as was promised would come through Alice Bailey in 1925. It was at this time that Alice Bailey became the amanuensis or telepathic-receptor for the Master D.K.'s work.

In this same time-frame, Helena Roerich was also working with the Master M. The Agni Yoga Series are the product of this key contact.

Seed groups from these notable initiates gained root during this time and through another 50 year cycle precipitated during the mid 1960's certain other key groups and another generation of workers and unlocked furtherance of "the teachings." Besides the Arcane School, there appeared the School for Esoteric Studies, Arcana Workshops, Meditation Groups Inc., The New Age Bible and Philosophy Center, The Two Disciples and their Rainbow Bridge work and other groups located around the world. Lucille Cedercrans, working with the Master R., brought forth The Nature of the Soul work. Each of these groups reached prominence approximately around 1975. These groups in conjunction with those Souls at Lucis Trust have conveyed the outworking of this plan; for all of us, and all those in incarnation now within "the New Group of World Servers," were referred to in the early 16th century.

On October 10, 1934 The Master D.K. in an address to disciples, sent an urgent appeal indicating the present world crisis, the work that had for centuries been ongoing. He asked us to ponder on what more we could give in:

Meditation
Understanding of the plan
Love of our fellowmen *Externalization of The Hierarchy* pg.23,

These things sound relatively simple and would seem the least we could do as aspirants, but encoded within these things are the heart and soul of our work, our part of the plan.

It is stated that "Meditation only becomes effective creatively and on all the three planes in the three worlds when the antahkarana is in process of construction." Discipleship in the New Age vol.2 P.236

When meditation is discussed it is not our mystical reveries of the past, a desire for beatific repose, but creative meditation as it relates to the Science of Impression and the three planetary centers: Shamballa, Hierarchy and Humanity that is of moment. The name Science of Impression is that given to the process whereby the establishment of the required relationship in all these units of life takes place. The technique of Invocation and Evocation is the name given to the mode or method whereby the desired relationship is brought about. The Creative-Work is the name given to the manifestation of the results of the above two processes. "The three aspects of the Technique of Invocation and Evocation with which the average disciple should concern himself are those of the building of the antahkarana, the correct use of the lower mind in its two higher functions, the holding of the mind steady in the light and the creation of the desired thoughtforms, and the process of precipitation whereby the impression is enabled eventually to take tangible form." Telepathy and the Etheric Vehicle pp. 50 & 51,

Antahkarana, that wonderfully mysterious and most inscrutable of words, plays a key role and is the golden-thread weaving its way throughout all of the Master D.K.'s work. Its centrality in meditation, in initiation and in our future cannot be overstated. It is the secret to unlocking our understanding of the Plan.

The second thing to work on as the Master D.K. had expressed it was "understanding of the plan". On page 403 in *A Treatise on White Magic* the master gives a hint "You might here ask and rightly so: What is this plan? When I speak of the plan I do not mean such a general one as the plan of evolution or the plan for humanity which we call by the somewhat unmeaning term of soul unfoldment. These two aspects of the scheme for our planet are taken for granted, and are but modes, processes and means to a specific end. The plan as it is

presently sensed, and for which the Masters are steadily working, might be defined as follows: -It is the production of a subjective synthesis in humanity and of a telepathic interplay which will eventually annihilate time. It will make available to every man all past achievements and knowledges, it will reveal to man the true significance of his mind and brain and make him therefore omnipresent and eventually open the door to omniscience. This next development of the plan will produce in man an understanding-intelligent and cooperative-of the divine purpose for which the One in Whom we live and move and have our being has deemed it wise to submit to incarnation. Think not that I can tell of the plan as it truly is."

The master goes on to refer to the necessity to develop "that mechanism whereby a disciple may be en rapport with Those responsible for the working out of the plans...." A Treatise on White Magic P.404 Again, he means the construction of the antahkarana. In 1940 he stated in Externalization of The Hierarchy that there was a hiatus on the mental plane, a mental gap. In 1942 he stated "that from a scientific viewpoint and speaking esoterically there was an interruption in the divine circulatory—flow that impression had been interrupted. And that it was our task to stop the interruption."

The antahkarana is the channel, that link, that thread of consciousness contact from the brain to the soul. It is the continued thread of consciousness to the spiritual Triad setting up ultimately Monadic control. The Antahkarana is a conjoint effort between the personality and the soul. It is much more than this and a science unto itself. This quest takes the disciple through all of our textbooks and beyond. The Antahkarana is the subject of The Two Disciples work, Rainbow Bridge 1 & 2, and is an excellent resource for our work.

D.K. states that when the mind stuff the chitta, the abstract mind, and the intuition or pure

reason is unified in consciousness then the disciple has built the bridge which links the spiritual triad, the causal body and the personality. *A Treatise on White Magic* P 387

It is important to note that in constructing the bridge we clear all of the aforementioned impacts to impression through our meditation. It must also be remembered that all of our Solar System is in a creative meditation. We are a link in a long chain of intermediaries for humanity.

What is this meditation about? It is about the plan. As D.K. points out, "That which impresses Shamballa and is received by the Grand Council of the Lord of the World, comes via Sanat Kumara because He is in close contact with other planetary Logoi, wielding a united, focused, intelligent Will. It is Sanat Kumara Whose task it is to impress the Lives Who meet periodically in the Council Chamber with the next phase of unfolding Purpose. This Purpose is later "occultly-reduced" or stepped down until it emerges as the hierarchical Plan. This Plan is contingent upon imminence, atmic realization and pure reason, as the Hierarchy has termed these three aspects of reaction to impression from Shamballa". Telepathy and the Etheric Vehicle P. 68

We have seen the term "pure reason" come up many times in connection with the Hierarchy the teachings stipulate that "Pure reason, which is the supreme characteristic of the Members of the Hierarchy, will ever express itself in right action and right human relations, and that will manifest—when present—what love in reality is. Pure love is a quality or effect of pure reason." *Telepathy and the Etheric Vehicle* P. 69 It is in this context that we view the third thing for disciples to work on, that of loving our fellowmen.

So we see the inextricable link between meditation, understanding the plan and loving

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our fellow men with the mechanism to be established within our being. We know as a result of the work over the past two generations that the antahkarana—personal, group, and planetary—has been in process of construction and is ongoing. On July 17, 2002, Tom Carney generated an email, emanating from our workshops and our meditation work at the time. Our desire was to synchronize with the coming 9 year cyclical conclave of Hierarchy in this email he quotes as follows: "At those times, when the Hierarchy meets in silent conclave, a part of God's vision and his formulation of that vision for the immediate present is revealed for the next nine year cycle. They then in perfect freedom and with full cooperation lay their plans to bring about the desired objectives of the Heads of Hierarchy, as They in Their turn cooperate with still Higher Forces and Knowers" Esoteric Psychology II P.241 Tom goes on to say, "It would be nice if we could select a series of themes and seeds that will help generate a receptive center for that meeting. It is a three year objective, but I think we can sustain such a subjective effort...."

At that time in 2002 we were meditating on the 6 Laws and Principles which will control the coming era, the new civilization and the future world culture. *Discipleship In The New Age II P. 236* We then set a course for our 2003 meditation to focus on the Externalization of the Hierarchy. The 2004 meditation work would focus on the Reappearance of the Christ, and, to synchronize with this year, 2005, our meditation work would focus on the restoration of the Plan. This work has been engaged in and sponsored not only by Arcana but by the World Service Intergroup and all the groups there represented and by many of you within the N.G.W.S.

We, the disciples now in incarnation, have an ashramic duty spanning centuries; we pick up the threads of those servers who came before us. The injunctions given, the hints imparted, the mechanism to be developed are all a part of The Great Work, the Great Consummation. May we leave additional key threads for those coming behind us.

Eugene Smith Aquarius January 24, 2005

Editor's Note: A deeper discussion on the Science of the Antahkarana will appear in a future paper.