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# October 2003

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#### Workshops and Classes Held At Arcana Workshops

Location: 3916 Sepulveda Blvd., Suite 202, Culver City, CA. Information 310-391-9772 or 310-545-0910 Meditation Training Workshop- Tuesday Mornings @ 11:00 (Please Call)

Introductory Meditation Training Workshop \*\* Eight Tuesdays @ 7:00 PM

\*\* Starts October 7 Enroll Now Call 310-545-0910 or 310-374-7155 Nature of the Soul - Wednesdays 7:00 to 9:30 PM

Up Coming Events

October 9, 2003, Thursday 7:45 PM

October Community Meditation Meeting Arcana Workshops, 3916 Sepulveda Blvd. Suite 202, Culver City, CA For directions and information: e-mail <u>webdisciple@meditationtraining.org</u> Phone 310-545-0910

November 7, 2003, Friday 7:45 PM November Community Meditation Meeting Arcana Workshops, 3916 Sepulveda Blvd. Suite 202, Culver City, CA For directions and information: e-mail webdisciple@meditationtraining.org Phone 310-545-0910

#### Group Meditation New Moon Cycle Seed Thought August 27 Through September 25

The call has gone out for [angels] to approach humanity... They will teach humanity to see etherically, and this they will do by heightening human vibration by interaction with their own. They will give instruction in the effect of color in the healing of disease... They will teach humanity how rightly to nourish the body and to draw from the surrounding ethers the requisite food. *Externalization of the Hierarchy P. 508-509* 

#### September 26 Through October 25

**"The manifestation of the Mother of the world will create the unity of women by communication to women of the Highest Forces."** The manifestation of the Mother of the world will create the unity of women. The task now is to create a spiritually sovereign position for women. And the transmission to women of direct communication with the Highest Forces is necessary as a psychological impetus. Of course, through the new religion will come the necessary respect. *Leaves of Morya's Garden II P. 65* 

Note: Write to the Editors at <u>webdisciple@meditationtraining.org</u>

# A Time For Love

How can one separate Virgo and Love. I cannot imagine any example of true love in action that is more profound, more vivid, more ubiquitous than the demonstration, eternally and daily, of our Mother the Earth, of the Kingdoms we call Angels and Devas, than Virgo and what this Cosmic Life symbolizes in story and prophecy for us. So, I am writing a love letter.

We have had many reports from many sectors of the network of intergroup discipleship concerning the cloud of depression and doubt that has caught many of us in its dark and sticky substance during the past month or so. It is

quite easy to point to present physical plane situations that are generating a great deal of this substance. And then, of course, there is the Mars phenomenon.

In the darkest hour, those times at night, for example, when blessed sleep eludes us, when our minds are busily burning and turning over our most deep seated fears or angers, our down deep, deepest hurts, our greatest anxieties and disappointments, our darkest discouragement and the deepest shadow of despair, then is the time for love.

Many of the astrologers, with whom we communicate, have pointed to the closeness of Mars and its influence along the lines of the destroyer during this period.

Also, we need to recall that very strong emotionally charged events, personal, group and world wide, generate very powerful vibrations in space. They create a hole, or make some kind of indelible mark as it were, in the continuum. As we cycle again through those particular time zones, the latent energy signatures of those painful, sad and terrible events of the past again impinge upon our consciousness. Some of these signatures, like the death of a loved one, last for many years. These old vibrations of past, half forgotten sorrows often account for those moments of melancholy and doubt which sweep over us when it seems that all about our little spheres is quite lovely. In these times, and particularly in the darkest hour, those times at night, for example, when blessed sleep eludes us, when our minds are busily burning and turning over our most deep seated fears or angers, our down deep, deepest hurts, our greatest anxieties and disappointments, our darkest discouragement and the deepest shadow of despair, then is the time for love.

> Every disciple who has any path experience at all knows that these pits, into which we frequently and easily slip, lie ahead on the Path. With out any

notice at all, we just wake up in them.

These places of depression, experienced disciples also know, are frequently the substance of our own making. The results of our own self-focused or self-serving thinking, they become our own self-inflicted tests. Regardless of their particular form makeup, there is no way to avoid these depressions, and I use this term in both its psychological and physical sense, but there is a way out of them. The way out is through the application of Divine Love.

The mechanics of the energy flows are simple to see and understand. Love, of course, never concerns one's self. Love, by its very nature, is solely concerned with others... all others in all kingdoms and all dimensions. By nature, love is focused out, away from, its point of origin. So the immediate result of the application of Love

is to focus one outside of one's own personality world, outside of one's own self-conscious existence. So, with the application of Divine Love, one's problems are

"as if by magic" forgotten and one is focused (at first with out realizing it) on the problems of others.

That these problems are exactly the same as the problems one sees as ones own takes a long time to recognize, but eventually one does realize that there really are no "personal problems". There are no personal problems, because there is in reality no separate existence. Although we are individual persons, made, up of course, of the group of personalities we have been in many, many incarnations, we are all united in the One Human Family.

The Family of Man, the entity of mankind, has these problems of relationship on all levels of its manifold existence. Ultimately, these problems are aspects of and are generated by the great illusion of separation. These areas of illusion are the veils that separate us from the light. They consist of vast thoughtforms which, because they are not truth, but lies, create areas of darkness and un-reclaimed or un-regenerated substance that take huge anti-evolutionary forms. forms ideologies, These false assumptions, prejudices and fears of all kindsjust float through our lives like so many dark jelly fish, entangling and stinging the unwary in their tentacles.

Rather than identifying with the other, which is what love does, we identify the other with ourselves. This view will not lead to solutions that work for the other person.

It would be great if it were as simple as that, as simple as saying. "O.K. enough of that. I am going to apply love now." and the depressions, the fears, the angers, the self-pity and hurts and humiliations would just go away. It would be great if it were that simple, and actually, it is. And so, we come to that marvelous and mostly

> overlooked injunction of the Wisdom, "With selfforgetfulness I gather what I need for the helping of my fellow men." **Discipleship In The New Age I, p.246**

There are two points here. One is that pain, sadness, depression, discouragement, despair, all of these debilitating astral energy sumps are directly related to our being focused on ourselves. The other is that if we truly want to serve our fellows, our brothers and sisters we need to have a clear vision of what their need is.

Just a few words about this phenomenon we call self-centeredness: First of all, I think that it is not correct to think of self-centeredness as a flaw or as something bad. It is neither. Selfcenteredness is a place in consciousness. Although I have not given up hope that it is a place in consciousness that is not necessary for the evolutionary development of humanity, that it is a condition over which humans might be able to jump in the future, most of my colleagues and co-workers think I am a dreamer in this respect. So, self-centeredness is the place in consciousness where many, probably, most, people should be in terms of their evolutionary development.

The problem with self-focus or selfcenteredness for the disciple is two fold. On the one hand, one can never see another clearly when one is looking through the glass of one's self. One doesn't really *see* from this position, one projects one's own sense of reality out on to the landscape. Rather than identifying with the other, which is what love does, we identify the other with ourselves. This view will not lead to solutions that work for the other person.

It is easy to see this phenomenon working in terms of the way the United States has been approaching other countries of late. Our position is totally self-focused, and we simply project all of our views concerning "good government" and so forth, plus all of our prejudices and fears and miss-conceptions regarding the culture, the motives and goals of others on to the country or "being" and proceed to impose *our solutions* which will "solve" *their problems*. Obviously— obviously to all but the self-focused ones— these solutions will fail and in the end cause much more damage, pain and death that anything else.

One is reminded of Master Morya's injunction regarding advice:

"Often advice does not achieve its purpose for the reason that it is given as if for oneself. The condition of the brother is not taken into consideration, and the advisor puts himself in the place of the advised. Then the sympathy and pity and solicitude flow about the advisor himself. From such counsels one must of course expect harmful results—not only for the case itself but also in regard to the sufferer. His consciousness is pierced by an alien thinking as if by spikes. These clefts are healed with difficulty, for such counsels may be practically applicable yet their execution demands a quite different aura." Community, 131.

It is only with self-forgetfulness that we can gather what we need for the helping of our fellow men. Love is an energy, driven by the spiritual will, that identifies with the "other" regardless of what the other is. Love has eyes. Love actually sees the issues from the point of view of the one being served.

Again, looking at the energy flows, as disciples, when we lose our detachment, when we allow ourselves to fall out of love or back into a self focused condition, we unwittingly insert a shield between our connection with the soul and thereby our connection with the Ashram and our brains. Self-focus cuts off, as it were, any inputs from the Triad and the soul. The vertical channel between the Triad, soul/mind and brain is simply not open.

Falling into this state leaves us only with those input vectors from the horizontal and lower spheres of our consciousness. These are primarily the lower mental planes and the astral force vortexes of emotional memory. The solutions to the problems of discipleship, and to the problems of right human relations which humanity faces on the world stage, will not be found in these horizontal and lower regions of consciousness. The solutions to the human relations problems of humanity and to the problems of discipleship— which are, after all, only micro examples of the problems humanity faces— are to be found only in the realms we call the Triad.

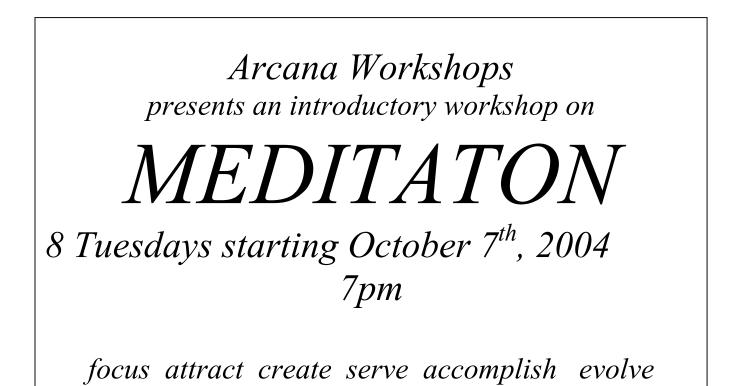
Eventually, and every aspirant to the Path knows this from deep personal experience, the self-conscious life palls. eventually, Eventually the person reaches a point where he or she begins to find the life that flows from self-consciousness, to be vacuous and arid. One begins to think that there is-there must bemore to living than striving to satisfy an apparently never ending stream of desires for things, for ambitions of personal power, for feelings of personal value and so-forth. It is when one reaches this bottom that one usually finds one's way into some kind of program that will endeavor to open the realms of higher consciousness

In the esoteric field, we call these programs, discipleship training. Providing this training, by whatever name, for the applicants to the higher ways was the core purpose of every spiritual tradition that has ever existed. It is the core purpose of every truly esoteric group in the world today. The paths to the mountain top of initiation are many and varied, but they all lead to an expansion of consciousness that reveals to the traveler the transitory nature of the self conscious life, the futility of attachment to the material worlds of things, feelings, positions and personal power, and the glorious adventure that awaits every son of God.

And so we come back to the injunction, "With self forgetfulness we gather what we need for the helping of our fellow men." Self forgetfulness immediately puts one in Love, gives one access to the Wisdom of the Great Ones and incidentally to their compassion. With self-forgetfulness we open our selves to an inflow of love and compassion that allows us to see and to serve.

It was, I think, not an accident that D.K. placed this injunction first in the 5 o'clock alignment, "May we do our part in the One Work through self forgetfulness, harmlessness and right speech." Self-forgetfulness is the doorway that allows the Cosmic Energy of Divine Love to flow into our equipment. When Love is present then harmlessness and right speech are automatic.

> Tom Carney September 2003



## Letter From Sydney

Dear Friends,

Te hear much about the so-called Age of Terror and desperate people feel driven to almost mindless acts of destruction - and yet there is such a growing "peace awareness" amongst thousands, even millions, of people in all lands around the globe that we might wonder how both these human contexts can exist at the same time. One is focused on frustrated desire for its separate existence at the expense of any and all others and uses fear as its weapon. The other is based on an inclusive love of the whole and all the interdependent parts within it. In a sense one does not exist in consciousness until the other has been developed. Terrorism is not recognized as such until we have a better understanding of the reality of our world and that its continuance is based on peace as an organizing principle - both for its future and for the means to get there.

The terrorist consciousness is being uncovered in all peoples, nations, governments and religious institutions. It rationalizes its existence in a myriad of ways but all are based on a sense of the superior importance of certain people, races, locations, ideas or beliefs over all others even to the point of seeing all else as expendable. This presumed superiority, although paradoxically it exists together with a sense of lack and a need to understand more, still excuses the exploitation or destruction of anything other than itself. Yet if we think it through, on the evidence of thousands of generations, when any part of the whole global system is destroyed it diminishes every other part within it.

The same rationalization that "excuses" terrorism has in the past supported slavery and, although this has apparently been eliminated from most cultures, oppression of people still

persists in more subtle forms such as enforced economic dependence thus leading to oppression through denial of the resources that should be shared by all. Our global resources belong ultimately to the permanent life of the planet and not to any temporary forms which tenant it.

Such matters are becoming clarified in the increased enlightenment pouring into human consciousness. This increase is both in intensity and scope - more and more of us think in larger terms and larger wholes. We have seen the one world in all its beauty as our shared home. We share the results of new exploration towards other neighboring planets and other heavenly bodies in our shared space. On our Earth we are mutually concerned about such things as health and security. National boundaries are no longer international and inviolate as global confederations form to address what we increasingly recognize as planetary issues. More and more nations recognize that "domestic" and "foreign" policy are simply different areas of impact of the same life concerns shared by all.

The human family is moving inexorably towards a recognition and realization of its oneness and towards the consequent expression of that integration in all that we do. Many concepts and values are being transformed into human-wide, planet-wide issues - loyalty (to values rather than specific forms), safety (of the whole rather than the exclusive part), health (interdependent wholeness), enfranchisement and representation (of all at the global level). We may have global terrorism but we also have a growing global realization of what peace is and what it requires to bring it into fuller expression - based on conscious sharing of all resources to all parts of the global life. The fear that something may be lost in this immersion in global realization is a distortion of the truth by a consciousness still steeped in a sense of separation and need to compete for limited resources - limited in perception only. In fact this fear is unfounded because the preservation of any part of the wonderful diversity of life expression in the world can only be assured by the life of the whole system. Fear is what distorts, separates what is really whole and spirals us down into the desperate fight for "survival of the fittest" under the laws of evolution of the physical form. Yet human consciousness has arrived at a degree of spiritual awareness where we are becoming initiators on behalf of the whole. We are now capable of creating our future in line with intention as humanity divine becomes integrated and expanded to a point where we touch the divine vision for the planetary life and begin to act under the Law of Synthesis and of Destiny. Rather than succumbing to the ancient animal nature we are seeing the triumph of the essential spirit in all and a culmination of our purpose and destiny. Thus we point the way for the evolution of the other kingdoms.

Yet what subtle and beguiling faces fear wears, always colored by a lack of something desired, for its other face is desire - desire for honor and recognition amongst colleagues, for reward by those in control of resources (whether material or so-called spiritual), for whatever we perceive as bringing pleasure and comfort rather than pain. So subtly has fear/desire been woven into the fabric of our life that we are still revealing where it binds us, we are still expanding our awareness in the light of the unfolding revelation of our oneness with the abundance of life through all its dimensions.

In the book, Leaves of Morya's Garden, we read: "We wish to speak of matters of great import. Do not lose yourselves in clouds of everyday dust." The energy and focus that has been channeled into the prison of the "everyday dust" can be magically freed in an instant of release as it goes on to say:

You can conquer and attain enlightenment, But give Me your offering. If you are afraid. Give Me your fear. If you are in doubt, Give Me your doubt. If you are angry. Give Me your anger. And if you give Me a handful of trivial objects, I will accept these dusty playthings and recast them in My Tower. . . . Thus, I have accepted your fear and your doubt and your anger - this is for Me. And for you I give the path to the Light. For I wish you to approach Me joyous and radiant in the time of the Great Darknessbefore the New Dawn

Through identification with all that is we release the petty illusions and glamours of the partial life. Then does the spirit of the whole flow freely through us and we are true Being. How differently does the world appear from that central yet expanded and all encompassing point of living. Then we are not giving up anything for something else, something external to our being, because we embrace all things. Then anything done for one is done for the whole. Sacrifice is no longer "giving up" or losing anything but returning it to its true place as belonging to the whole, which we are in essence. If we give up comfort - it is not lost but transfigured into the bliss of the subtle dimensions where physical comfort has no relevance. If we give up recognition by peers or temporal authorities it is transfigured into the recognition of the One Life which knows us as itself. If we give up pleasure we are also released from the hold of pain - then joy, life and divine purpose are all that motivates our living.

Christ did not give up the form life *for* us so much as because He is us - identified with the whole of humanity and with the greater life. Identification with the life in all things makes every act an act on behalf of all. Only a consciousness under the illusion of separation experiences any loss, any giving up. Nothing is lost. Nothing dies. Only form changes through time as the One Life comes into expression.

We are indebted to our Co-workers at the Sydney Goodwill Unit Of Service for the above letter.

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