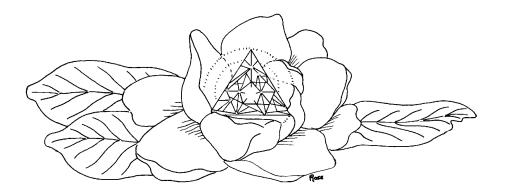
ThoughtLine

March 2002



To provide the training, the atmosphere, the companionship and service opportunities necessary to "link Hierarchical intent with human aspiration" and the Will to Good.

Arcana WorkshopS

Arcana Workshops is a non-profit tax exempt corporation and your donations are tax deductible.

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Workshops and Study Groups Held at Arcana Workshops

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The Millennium Disciple - Tuesday Mornings @ 11:00 (Open Enrolment, Please Call)

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Nature of the Soul - Wednesdays 7:00 to 9:30 PM

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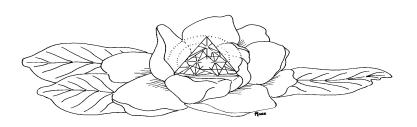


June 23, 2002, Sunday, 7:45 PM

Cancer Community Meditation Meeting Arcana Workshops, 3916 Sepulveda Blvd. Suite 202, Culver City

Three Linked Festivals

Please note that Arcana Workshops joins in the Los Angeles Intergroup Committee's public presentation of The Three Linked Festivals. We will not hold Community Meditation Meetings at our Headquarters during Aries, Taurus and Gemini. Please refer to the enclosed program for the location, date and time of the next festival in Los Angeles.



Aquarius: Liberating Humanity Through Group Service & Synthesis

would like to share with you this evening some thoughts on the specific energies of Aguarius and what they mean for us as disciples and for all humanity. These are the energies of liberation--liberation individual from the prison house of self interest into the expansive light of group service. We will also examine how Aquarius brings new life Uranian revolutionary change Jupiterian radiation into the world, and how the 7th ray offers the opportunity for new types of synthesis that can make the outworking of the Plan more effective.

The keynote of our united group thought and meditation this evening is *Aquarius*: *Water of life am I poured forth for thirsty men*.

The symbol of Aquarius is, as you know, a man carrying on his shoulder a jar of water, pouring it forth freely and unceasingly to everyone in need.

Leo To Aquarius

Yet a long incarnational history precedes the emergence of the soul fulfilling this potent symbol. Humanity, as the incarnating soul on its cyclical journey, enters into mass consciousness in Cancer, individualizes in Leo, and transforms itself into the world server in Aquarius. The Tibetan describes this journey from Leo to Aquarius in the following way in words from the Old Commentary:

"The Lion begins to roar. He rushes forth and, in his urge to live, he wields destruction. And then again he roars and — rushing to the stream of life — drinks deep. Then, having drunk, the magic of the waters works. He stands transformed. The Lion disappears and he who bears the water pot stands forth and starts upon his mission." *Destiny of Nations Page 146*

So how does the roaring, individualistic lion transform himself into the selfless, group oriented world server in Aquarius? And what does it mean to serve a group, and pour forth the water of life "through the medium of a group."

In Leo, the individual develops self-awareness and strives to fulfill the Delphic injunction, "Man, know thyself." In the process of doing so, the individual often traps himself in the karmic prison of self created desires and thought forms. In modern life this is demonstrated through the misery of the consumption, sex, money or power- addicted individual who eventually, through often painful experience, comes to realize that s/he is trapped in a prison of his own making. This is the plight of the self-aware individual who has not yet discovered or oriented towards the soul. It is also the plight of the majority of humanity today.

And as humanity, the world disciple, moves around the Great Wheel, from the lessons of the individual in Leo, through the 2nd birth in Virgo, achieving balance in Libra, passing the tests of Scorpio, finding direction in Sagittarius, and achieving initiation in Capricorn he arrives at Aquarius, where he functions as the world Server and the Liberator. For having passed through all these challenges, integrations and growth, the individual finally realizes the limitations of self-awareness, expands his consciousness and now stands awakened to the reality that s/he is in fact, the whole.

He then comes to the great realization that Christ so fully demonstrated, that the life of service is a path of joyous sacrifice. Our current externalized world teacher, the Dalai Lama, has stated it simply as, "if you wish to be truly happy, then dedicate yourself to making others happy."

For it is in sacrificing our individual self, with all its self-centered motivations and goals and the prison of karmic effects this creates, -- by sacrificing all this we then transcend and thus make sacred all that has limited and imprisoned us in the past, for we have fulfilled its purpose as a lesson on the road to soul realization.

Serving As a Group

In Aquarius the disciple first learns to serve a group, then to serve as part of a group, and finally to serve through a group. What do these stages actually mean?

The individual first approaches the group from his/ her point of individual consciousness, with his own ideas and images of how they would like to serve the group. For example, "I want to be the teacher, or the leader, or lead the meditations."

Yet in the process of offering to serve the group, the individual may discover that how they sought to serve may not be what is needed. For example, a person may bring many new ideas into a group and discover what is needed is greater love and unifying energy. Or a person may bring great love and devotion and discover that a greater mental focus is required. Or they may want to be the organizer, when the group needs greater clarity about its purpose

Through this effort to serve the group, the individual gradually recognizes the fundamental truth of the three great injunctions of group work, self forgetfulness, harmlessness and right speech. Without them no true group work is possible. With them, the group can work unitedly with great potency.

Self-Forgetfulness means letting go of the demands and desires of the little self – desires for recognition, power or control within the group.

<u>Harmlessness</u> means always holding every member of the group in a protecting field of love, regardless of their behaviors.

<u>Right speech</u> means speaking when you know what motivates your speech and what you are trying to accomplish with your words, until words have "lost the power to wound.".

When these three principles are beginning to be fulfilled, the individual discovers the next stage of group work, which is to serve as part of the group. He/she learns to blend his contribution, efforts and energy into the group purpose and group rhythm. The individual becomes sensitive to the ebbs and flows in the group life and learns to mentally work as part of a group consciousness. S/he learns to think as others in the group think, so that all dedicated points of view are included and understood.

I have seen this phenomenon in groups that have worked together for many years, to the degree that if an individual who represents an important point of view is not present during a discussion or decision, then someone else will represent that point of view, contributing to the clarity and completeness of the group understanding. So group work becomes not just putting in what you think, but adding what everyone thinks, even if they are not present!

This approach is validated through quantum physics theory which has recognized that an observed event or situation is influenced by the observer, and thus science has concluded that the most reliable way to accurately understand a reality is to increase the number of observers!

What is not recognized either scientifically or in various groups, is that the quality and depth of an observation is a function of the consciousness of the individual making it. Not all observations or perceptions are equal, as the lenses of each individual may need to be cleansed in order to see clearly. In fact the whole process of spiritual evolution might be

described as one of cleaning and polishing the inner and outer lens of the mind. Those with a clear mental lens can make observations that are the most wisely inclusive, have the highest purpose and see the deeper causal energies at work, and thus are likely to be the most profound and useful.

Aquarius fosters this type of perception, for it is a universal, impersonal energy that lifts the individual's focus into the larger realms of group and planetary life, and away from that which focuses only on the personality life.

Having learned to serve as part of a group, eventually the individual learns to serve through a group, and see their service in group terms, for at this stage identification has shifted from oneself as a "part" of the group to identification with the group as a whole. The group life, group purpose and goals are all that are in the Aquarian disciple's consciousness.

When individuals in a group are at this stage, there is no longer a group of disciples working together, but a discipleship group. Such a group is then in a position to begin fulfilling the Aquarian ideal the Tibetan held before us, of groups serving other groups. This is the beginning of inter-group work, when groups cooperate and work together to carry out purposes and projects that all agree serve the greater good.

Uranian Revolutionary Energies

The next stage of development of service through Aquarius is indicated by one of the rulers of Aquarius, Uranus. Uranus, the exoteric ruler, which is now emphasized, since it is in its home sign of Aquarius until March, 2003, transmits the energy of freedom and liberation through Aquarius. Uranus rules electricity and the flash of the intuition. It causes sudden changes and expansions in the conceptions of people. It brings the lightning like insight of

direct knowing from the buddhic plane. It stimulates telepathy and higher psychic abilities.

It is also associated with the revolutionary spirit, since it was discovered during the French revolution – which expressed the keynotes of Liberty, Equality and Fraternity – also keynotes for Aquarius. Let us not overlook these transformational aspects of Aquarius, where revolutionary change can occur overnight. Have we not seen a Uranian transformation of human consciousness in the wake of the 911 events? Are not the revelations of the Enron corruption scandal and the Argentina financial crisis causing revolutionary upheavals in capitalism?

Yet the purpose of all these crises is to lead us to greater freedom –freedom from slavery of all kinds – slavery to money, power, outworn ideas or anything else that traps and holds human consciousness in limitation. The Tibetan tells us that "the underlying spirit of freedom will triumph as it is organized into a revolt against slavery."

So the people of Argentina are expressing their revolt against the slavery of a predatory economics that has enslaved them with debt and inflation. So too are members of the human family who struggle to throw off the shackles of old, outmoded ideas —many of which are found in antiquated religions and political ideologies, and some even in esoteric groups.

So Aquarius gives us the energy, through Uranus, to liberate ourselves from all that binds us to limiting forms by helping humanity recognize the inner authority of its own soul, and to live in the light of that presence.

Jupiterian 2nd Ray Radiation

Yet Aquarius also brings another energy to us through its esoteric ruler, Jupiter, with its great 2^{nd} ray love wisdom stream of energy. The Tibetan tells us that the work of Jupiter and Ray Two is the fusion of heart and mind. It is learning to "think with the heart" and "feel with

the mind", until they are fused in full loving wisdom.

This flow of love wisdom will naturally keep expanding the service of a group until it may eventually reach all around the world. Love wisdom allows a group to radiate far beyond the small circle that the group may have imagined was its ring-pass-not of service. Through its radiation, the 2nd ray helps a group transcend itself-- its own self-imposed limitations and blockages -- by melting them down through radiation. The 2nd ray offers a kind of spiritual radiation therapy for the cancer of separateness. And what happens to the group when this therapy is complete? It radiates!

Such a group serves by the quality of the energies it is able to transmit by its very being. So a group's service is not primarily what it is doing, but the quality of its being. We in the West are very preoccupied with all our doing and accomplishment, but we often lose the quality of being that is essential for true service to occur. So if the Buddha were here in modern day America, he might say to us, "Don't just do something, stand there!"

For the purpose a group stands for and the energies it radiates is the most important determinant of the true esoteric effect its life and service will have on the world. "Standing in spiritual being" is the liberating potency available to us as groups in Aquarius.

The Waters of Life and Livingness

And this brings us to that mysterious phrase in Aquarius the "Waters of Life." We all use this phrase, yet have we really understood what it means? We know from the teaching that life or Spirit is electric fire, the Soul is solar fire, and the personality or matter is fire by friction. So how does electric fire or life, become water? The teaching is very clear on this for it states "life is the livingness that enables." As we each grow spiritually, and as the Christ demonstrated,

greater life flows through us, giving us greater capabilities, enabling us. So as greater service is rendered, greater life flows through ourselves and groups we serve through, and there is a down flow of the essential electrical energy of Life which sustains every living being, even the tiniest atom.

And it is our task, as serving groups to transduce (or step down) this electrical energy of life into heart energies that humanity can use to liberate itself --as love and light in the heart. When we become proficient, or dare we say *adept* at doing this, it brings the individual or group into the energetic field of the Spiritual Hierarchy. We then transmit this energy of light and love from the Hierarchy, the Planetary Heart Center, to humanity, because we have been given the livingness that transforms what was old into something new --building the new world.

And through the use of the skillful will, we develop life more abundantly, with light, love and power enabling the individual or group to cooperate with Shamballa, the center of life in its essence. This brings life more abundantly to a liberated humanity and greater livingness shines through the life of humanity, the livingness of the intent of God shining through his creation.

Synthesis

There is one other influence that flows to humanity through Aquarius, and that is the 7th ray energy of ceremonial order and magic. This is the energy that synthesizes Spirit, the highest frequency of energy, and matter, the lowest frequency. It is the cause of the awakening realization within humanity that we not only live in a world created by a great Being, we call God or Spirit, but that same Spirit is also within us, immanent.

The 7th Ray also brings with it the will to be and know simultaneously on all planes of manifestation. One of the unique capabilities of

human beings is the capacity to be aware and to function on multiple levels of consciousness, all the way from the physical, emotional and mental to the spiritual dimensions of higher mind, intuition and Divine will. This idea is now being reinforced in quantum physics as super string theory, which theorizes that the universe is a series of strings capable of vibrating at multiple frequencies, each frequency representing another dimension of reality.

And if likewise we, as humans have the ability to vibrate to multiple frequencies or dimensions, this makes us natural synthesizers. We can, in meditation, vibrate at a very high frequency, and then as we carry these frequencies from meditation, they permeate our vehicles and we express them, in stepped down vibrations, as we interact mentally, emotionally and physically with people and the world.

This makes us living focal points of synthesis in action, for each of us, to varying degrees, is using our multi-dimensional awareness as we move up and down the spectrum of dimensional energies each day, yet always radiating what we are in touch with into the world. For the Tibetan tells us "life is loving synthesis in action," and therefore daily living seems to be one way that we express our synthetic selves. And Aquarius with its 7th Ray influence through Uranus makes this synthesis from Spirit to matter, from the Monad to the gonad, even more pronounced.

Thus the true Aquarian server can work with both Spirit and matter with equal facility, depending on the needs of the work to be done. He has the ability to synthesize them both as needed. This means we can meditate on the purpose of Shamballa and deal competently with finances. It means we can feel great universal heart love for all cosmic life, and also pick up the trash as we walk around the world. For the Aquarian disciple or group fuses individual and group awareness with a greater purpose, fuses the pairs of opposites of spirit

and matter, and uses them both for spiritual purposes.

So tonight we have explored the multiple dimensions of Aquarius and the energies it offers to us. We are able to distribute the energies of group work, group life and group service as an evolutionary goal for humanity the world disciple, as it moves around the wheel from Cancer, through Leo to Aquarius.

We also know that Aquarius, through Uranus, releases a revolutionary energy of freedom from all forms of slavery, by helping humanity recognize the inner authority of its own soul.

Standing In Spiritual Being

And through Jupiter, one of the rulers of Aquarius we are now aware of the potential for the inflow of love wisdom, a new radiation of inclusive being that is possible for humanity. This energy allows us to recognize that service is fundamentally about "standing in spiritual being."

We also recognize that the Aquarian down flow of electrical life can flow in greater abundance to all humanity through our circulatory meditation work, and the livingness and sharing of the waters of life through our daily expression in the world.

So let us hold in mind these potencies of Aquarius as we move into our meditation work together.

Gordon Davidson Aquarius 2002

Meditation Form

The following form is used by Arcana's core groups at their regular weekly workshop meetings and as members choose during the week. It is designed for group meditation, yet, as we know, all of our meditation work is group meditation. So, please feel free to adapt this form to fit your specific situation.

BUILDING THE CHALICE

At this point, we prepare the group instrument for an act of group service upon the plane of mind. *Pause*. We gather and blend our forces into a sincere desire and determined will to be a ready instrument for the Forces of Light and Love. With the physical eyes closed, see with the **mind's eye** two persons in this group with whom you already feel a sense of fellowship in service—whether they are present here or at a distance ... **See them and yourself as three points of a triangle ...** Turn toward them with your heart ... Visualize a stream of loving regard, of heart energy, flowing *around* the triangle from you ... to first one ... on to the other ... and return ... Again, send a stream of loving regard from you ... to one, on to the other, and return —thus circulating heart energy around the triangle three times.

Now, let individual persons fade out of your field of visualization. See each triangle simply as a three-pointed field of heart energy ... the triangles interlacing with one another ... weaving the group chalice. Thus is created the light body of this group. It is a chalice built of relationships, bright and shining with service. *Pause*. Now, as one group self, see our group connecting through loving recognition with two other groups on the planet. Thus is created the planetary network of light and love through which the Christ may reappear.

LIFTING THE CHALICE

Let us raise the chalice, now, into the Light of Hierarchy. *Pause*. As one group self we recognize and take our place within the Ashram of Synthesis. *Pause*. We realize and honor the presence of the Master R, the Master M, and the Master D.K.. We project a line of light and love through the Ashram to the Christ who stands at the heart of the Ashram of Sanat Kumara, the Lord of the World. The Christ stands at the center of a great triangle made up of the Buddha, The Avatar of Synthesis and the Spirit of Peace. *Pause*. See the energy of the Christ, his loving wisdom and his peaceful silent will carrying the energy of these three great lords radiating throughout the Hierarchy. Standing within the field of this radiance, let us affirm together: "We assert the fact of our identification with Hierarchy." *Pause*. Extend the antahkarana towards Shamballa, the Center where the Will of God is known ... the Bright Center lying far in the distance. *Pause*.

Holding this alignment, let us open to impression.

Insert Seed Thought (2/11 through 3/13 - *Unanimity* "*Immutable is the law of the Oneness in infinite diversity*." 3/14 through 4/12 - *Essential Divinity The Fact of our Essential Divinity* (silence 10-20 minutes).]

CREATIVE INTERLUDE:

Very gently allow the abstract mind to impress the cleared and waiting lower mental substance with the insights gained in the silence. Allow 3 to 5 minutes for this activity.

FILLING THE CHALICE (Anchoring and distributing the energy)

See the energies of *Shamballa* and the *Christ*, transmitting the energies of the *Buddha*, the *Avatar of Synthesis* and the *Spirit of Peace* flowing to all life on Earth. *Pause*. Together sound the affirmation:

At the center of all love we stand; from that center, we, the soul, will outward move; from that center, we, the one who serves, will work. May the love of the divine Self be shed abroad, in our heart, through our group and throughout the world. *Pause*.

[Adapted from *The Externalization of the Hierarchy*, p 315.]

See these energies flowing through the five planetary inlets—New York, London, Geneva, Darjeeling and Tokyo—and through our group, blending with the energies of the New Group of World Servers and with those of people of goodwill everywhere, creating a pathway of Light for the descent of the Christ to Earth. Then see the energy flowing into the divine, lighted center of Earth itself, radiating and uplifting the substance of the Earth.

Sound the Great Invocation, seeing the invoked energies distributed through the 5 planetary inlets and throughout the consciousness of humanity.

Om Om Om