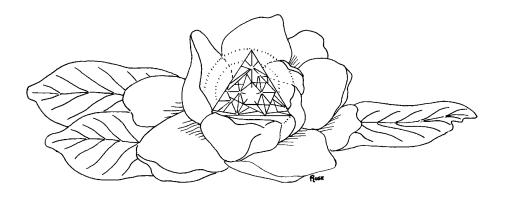
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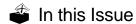


To provide the training, the atmosphere, the companionship and service opportunities necessary to "link Hierarchical intent with human aspiration."

Arcana Workshops

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Meeting Location: 3916 Sepulveda Boulevard Suite 202 Culver City, CA 90230 Mail Address: P.O. Box 506 Manhattan Beach, CA 90267-0506 www.meditationtraining.org webdisciple@meditationtraining.org telephone: 310-391-9772 Thoughtline August 2000



WE ARE THE BREATH

P. 1 - by Tom Carney

THE YELLOW BRICK ROAD

P. 6 - by Miki Webb



Workshops and Study Groups

<u>Forming.</u> *Please call for start dates* Tuesdays 7:30 to 9:00 PM, White Magic

On Going

Thursdays 7:30 to 9:00 PM, Astrology



Up Coming Events

August 14, 7:45 PM

Leo Community Meditation Meeting Arcana Workshops, 3916 Sepulveda Blvd. Suite 202, Culver City

August 14, Monday

In addition to the regularly scheduled meeting at the Culver City Headquarters, Arcana Workshops will be holding a Full Moon Meditation Meeting in the High Sierras at Tuolumne Meadows. This meeting will coincide with the exact time of the Leo full moon, 10:14 PM. For information concerning the assembly location please call or e-mail Arcana.

September 12, 7:45 PM

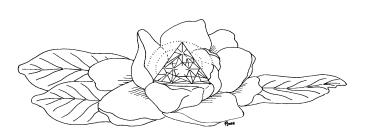
Virgo Community Meditation Meeting Arcana Workshops, 3916 Sepulveda Blvd. Suite 202, Culver City

> Meditation Training Workshop Saturday, September 23, 9:30 AM to 5:00 PM Sunday, September 24, 9:30 AM to 1:00 PM

The Creative Power of Meditation with Tom Carney

We welcome both beginning and experienced meditators to these two days of exploring and developing a practical understanding of meditation. *For details, please see the enclosed flyer.*

Arcana Workshops, 3916 Sepulveda Blvd. Suite 202, Culver City



We are the Breath

The entire world is a planet-

Kumara's poem, his equation,

his effort to give us a window

size metaphor. It is Sanat

into his purpose.

Good Evening Brothers and Sisters

Occasionally, in our deepest meditations, our most successful meditative efforts, we are able to escape the chains of our identification with form and penetrate into what we can only refer to as silence or, as I have come to know it, the breath. And what exactly is the breath? What is silence? Saying it is Love, saying it is Beauty, saying it is God—while statements of pure fact—doesn't really convey much. Since the beginning of our recorded history, those among us who have been able to make that journey into the silence—the explorers, the travelers, the penetrators—have been trying to share with us, have been driven by the sheer beauty and

wonder of the discovery to share with us, that which they have encountered in the silence.

The driving need to communicate that vision of

glory has ever been the force that has generated what we call art and, little as it is realized, science. For science, just as art, is really an effort to convey the unconveyable. Art and science are efforts to transform the formless Truths touched in those moments of high release into formulated equivalents. Scientists call these formulated equivalents equations. Poets call them *metaphor*. Einstein's E=MC² is as much a metaphor as is Shakespeare's King Lear an equation. They are both windows into the world of formless Truth.

Thus, metaphor is the vehicle used by the fore-searchers in their attempts to reveal the nature and quality of the facts of Reality to those on this side, the form side of the veil. Seen in this light, all of creation becomes a metaphor. Genesis, which is itself a metaphor, relates the tale of the creation of the first metaphor, the manifestation out of NOTHING of the Earth by the grand stroke of the Master Artist in another metaphor called "6 days." Think about it. The entire world is a planet-size metaphor. It is Sanat Kumara's poem, his equation, his

effort to give us a window into his purpose, into what it is he has in mind.

Let's take a closer look at that. Please, close your eyes for just a minute. Visualize with me. See the Earth. See it whole. Can you see it swimming in space (yet another metaphor), a deep blue globe slightly bulging at the center, with feathery white wisps of cloud trailing around it here and there? This is Earth. This planet is somehow equivalent to God's Purpose for us.

The question is "What is the Truth that we are beholding here? What ineffable Truth does this globe of beauty and wonder, racing though

space, signify?" Well, for a starter, Earth is our Home. This planet of which we are an *intrinsic* part, within whose triple body—physical, emotional and mental—we actually live and move and have our

being is, at a very deep place in our collective psyche, home to us. It is "H-OOOOM" to us, our sacred word. It is the slowly unfolding revelation of God's Purpose. It is who and why we are.

One World, After All!

As a result of our gaining the ability, 50 or so years ago, to fly into space, we are able have photos of Earth taken from space. Although seldom mentioned as such, this event is highly significant of the advance of human understanding concerning the nature of reality. What had been the often ridiculed dream of Unity of countless visionaries for countless centuries was suddenly presented to the entire world as actual physical fact. We were able to see that there was, after all, only one world.

Not being one who gives much credence to coincidence, I think occurrences such as this are effects of evolution. This ability to see the entire planet whole from off the planet was indicative of our growing synthetic awareness.

August 2000

Millions of humans have been incarnating over the past 125 years who have a highly developed synthetic sense. The presentation of physical evidence in many categories of the physical sciences to support this sense of synthesis is enabling growing numbers of humans to get in touch with what they intrinsically know is so.

Reincarnation is an essential aspect of the Wisdom. You do not hear much about it even at spiritual-type conferences because it is among the most misunderstood, abused, even savaged and ridiculed concepts that we have. I am saving a talk on reincarnation for a later time, but just now and here, let me point out that reincarnation is what makes evolution coherent.

Evolution, if it is successful, results in the development of higher forms of consciousness demonstrating through very much the same physical vehicles. Thus humanity has

moved over the last, who knows actually how many millions of years, from a state of consciousness best described as mass which is akin to herd consciousness, consciousness, to that well-known state of consciousness we all call self-consciousness. Now, humanity, as a kingdom of nature, is evolving into a state of consciousness best described as group consciousness.

Oh, and, just to make the point here, let me reiterate that all of this evolving was done over this vast period of time in virtually the same physical body. I mean, the physical mechanism itself has not evolved. Evolution is not about physical development. It is about development of consciousness. It takes the development of consciousness to tap and use the various attributes of energy manipulation of which this physical mechanism is capable. Telepathic rapport and interplay, for example, are not some science fiction dream. These skills come into use as the result of a condition of mind readily available to those who are group conscious. I might say the same thing about etheric vision. Look for these very human abilities to become more and more common as the century unfolds, and do not forget how fast we are moving here.

So, to return to the point, there are many, many millions on the planet right now who have incarnated with this developed synthetic sense. They have an innate sense of the wholeness of life, of the interconnectedness of all beings. They understand and can register— to put it into a metaphor— Brotherhood. More about Brotherhood in a minute.

As a result of this synthetic sense, growing numbers of people are gradually seeing that the self-conscious-generated notion of a separated reality and the concept of competition that is intrinsic to that view are illusory. We are gradually understanding the ages-old mystical proposition that "All is One" as an actual fact of physical plane reality, that everything is actually

> connected and one. As we become able to admit to the existence of the subtle planes, we will see that they, too, are part of the oneness of Life. And, although we

have a ways to go yet, many of us have already made the leap from the fact of the One Planet to the fact of the One Humanity and the interrelatedness or interconnectedness of not just our fellow humans, but of all life.

And thus, as we are getting underway here in our participation in what is possibly the most dynamically creative opportunity ever to face humanity, or most of us at least, I come to the metaphor about which I want to talk with you all this evening. This metaphor literally underlies everything I have said so far, and an entire universe of things I have not said. The metaphor is **Brotherhood**.

When I greeted you this evening with the salutation, "Good evening Brothers and Sisters," did any of you have a moment of pause, a sense that I had overstepped a line that I was, perhaps, being too familiar or even ingenuous?

Inclusive or Exclusive

If so, it is not surprising, for this metaphor, Brotherhood, which is more grand even than the metaphor of our planet, Earth, has been reduced in common usage to a point where its greater, deeper connotations are totally eliminated. Today, the term is simply that, a term. It is used as a method of excluding people

Evolution is not about

consciousness.

physical development. It is

about the development of

from a group as much as it is used to include people in a group. There are, most obviously, the people who are brothers and sisters by virtue of having the same mother and father. People who do not have the same mother and father are not brothers or sisters. Also, people are identified by their membership in a particular organization—the Elks, for example—and all those who are members of that organization are called *brothers*.

More inclusively, but still very exclusive, the concept is at times applied to racial and/or religious groups. However, even within these groupings there is rejection of the concept of brotherhood. Many people of the same religion or racial group deny a brotherhood connection with others from their groups. The denials are based on all sorts of issues, but when you get right down to it, the "it" they are based on is the old delusional, self-conscious concept of superiority/inferiority.

Exclusive Spiritual Groups

Sadly, this separative or exclusive sense operates within many spiritual groups, too. It is, in fact, the absence of brotherhood among those who are working in the esoteric communities that

presents one of the most difficult obstacles to the externalization of the Brotherhood of Light. Again, the separating forces are self-conscious-generated notions of superiority and inferiority.

Brotherhood, intrinsic in the very foundation of Genesis, is a metaphor for the *relationship* structure within the Universe of Becoming.

Brotherhood, intrinsic in the very foundation of Genesis, is a metaphor for the *relationship* structure within the Universe of Becoming. I hardly know how to say this, but the idea is that there is Divinity and there is Matter. And everything— that is, *everything*— in between is a result of the unity of these two and is, therefore, related. There is no *separation*, anywhere in universe. Not only are all humans brothers, but we are brothers with all things, too, from the tiniest bug or grain of sand or electron up to the grandest of Heavenly Men including The One About Whom Naught May Be said ... except that He, too, even if somewhat exalted, is our Brother.

So many words. At this point, I think we should have a little brotherhood experience. Let's all

stand up. We need a stretch anyway. Now, let's all look around at one another. Ladies and gentlemen, these folks you see before you are not just your friends and neighbors, or just some people whom you may not have met before this evening; these are your Brothers and Sisters! Let's get acquainted with each other on a brotherhood level. Realize the truth of our essential divinity and, therefore, of our brotherhood here— now. These are your brothers and sisters.

Well, let me tell you how I got onto this brotherhood thing. At the Taurus Festival in 1999, I participated in a group meditation in Geneva, Switzerland. It was a real hummer. At that meditation, three seeds were dropped into my consciousness. The first was Essential Divinity. Needless to say, most of my mental life for the next 9 months was hooked, one way or another, into that metaphor. Along about Aquarius of this year, I began to think about the second concept, which was Brotherhood. I wondered at the time about the order of these three seeds. The order has now become clear.

Let me give you an example. Master Morya released his book, *Infinity*, before he wrote a

number of his later books. He did this because Infinity is a foundational concept within

which all others exist. (Brotherhood #296.) It only took

a few days of thinking about brotherhood for me to realize that in the same way that Morya's book *Infinity* is foundational to, say, *Fiery World*, Essential Divinity is a metaphor within which the metaphor of brotherhood rests like a jewel in a lotus, and I can see now that all of the pondering and meditating on Essential Divinity actually prepared me for an exploration of brotherhood.

I am particularly interested in sharing with you what I have so far discovered, much of which, I realize, will be old news for a lot of you, but even so, I am hopeful that— as a result of this little talk and the work we are going to do after it— some of you, anyway, will sort of adopt the metaphor of brotherhood as a germinal thought for the rest of this cycle. It is, I assure you, a

key idea. Brotherhood is a very large, very deep idea. It is, for example, foundational to the entire effort we call Right Human Relations, and it needs all the energizing it can get. I can tell you that if you do this work, the real insights into the concept will occur in Capricorn. At least, that is how it worked in regards to Essential Divinity.

So. I do encourage everyone, all of you who are here this evening, certainly, to ponder on brotherhood, the synthetic reality, and to try to implement it in your daily lives. Spiritual livingness is simply the daily demonstration of brotherhood. Speak out about brotherhood, too. Advocate, be a spokesperson as well as a demonstrator of the synthetic reality.

One of the reasons— most of the reason actually— that it was not possible to advance the awareness of brotherhood very swiftly in the past 2500 years is that there were simply not enough souls with the necessary synthetic sense

in incarnation. I think, however, that now there is. As I have said, I think that millions of humans have been incarnating over the past 125 years who have at

least a relatively developed sense of wholeness, of the synthetic nature of Reality. I think that there is a vast and fertile field of waiting minds out there, minds that are already ready for the seeding. However, this large and growing number of people within whom this shift in human consciousness has to some degree occurred, need to have some sort of jump start, some sort of opening, some sort of concrete presentation of ideas that will act like tuning forks for them or maybe fertilizer—you know, just get them going.

There is, by the design of the forces of retrogression, of course, almost no evidence of brotherhood, of the synthetic reality, being presented on the international stage or through the international media. Consequently, the souls who have the synthetic sense have very little with which to resonate. Occasionally a story that speaks to the fact of the One Life will make it into the media, but by and large the planes of thought are either obfuscated by emotional confusion or filled with the old separative, self conscious and competitive kinds

of matter. We need to provide folks with points harmonic resonance, examples demonstrations of the synthetic reality, and we need to do it as often and beautifully as we can. Djwhal Khul said, almost 50 years ago now, that, "There is only one way in which focused evil will, with its responsiveness to the Shamballa force, can be overcome and that is by the opposition of an equally focused spiritual will, displayed by responsive men and women of goodwill...." (A Treatise on the Seven Rays, Vol. III, p. 586.) I think that the required people "...who can train themselves to be sensitive to this type of new incoming energy and can learn how to invoke and evoke it." are in place. (My italics.) Can anyone doubt that we— who have accepted the task of discipleship— that we are being invoked? Of course we are. What we need to do, the major challenge before all would-be disciples, is to become evocative. As Morya has pointed out, "Thought is the mover of evolution." (Infinity #395.) What we think, what disciples think, and how we act, matters. It

matters very much.

Aquarian disciples do not have the luxury of hanging out in the rarefied atmosphere of non-action.

We live in a political world,

brothers and sisters. Aquarian disciples do not have the luxury of hanging out in the rarefied atmosphere of non-action. Spiritual livingness needs to go on among the living, among the people whom we are serving. This is a hard one for those who do not quite have the synthetic sense going, and it is incumbent on those of us who are making the effort to draw an inclusive circle, to draw them in as we work.

Political action, by which I mean standing up and being seen, on the part of disciples will help clean up the concept of politics, too. As disciples we, of course, realize that we must always work with clarity and practicality, that our means must always be compatible with the values of the ends. Honesty and fairness are not signs of foolish naiveté. They are the tools with which we will build a better world. Let us remember that brotherhood, interrelatedness of all Life, only makes sense. So, let us work forthrightly, without any hesitation or doubt. Let us expect to be understood. Let us expect that what we have to

say will resonate within the minds and hearts of those whom we encounter.

Shamballa Force

Now is a great time for us to rededicate ourselves to such a service. What other reason could any one of us possibly have for being in incarnation now? Anyway, we have been talking about the impending inflow of the Shamballa Force for at least the last two years. Well, it is here. Tonight we stand recipients of what has been perhaps the greatest inflow of Spiritual Will that has impacted this planet since Genesis. Can you not expect that creations of equal magnitude will manifest in the next "6 Days?"— things like the New World Order and the New Humanity? Remember friends, this Shamballa energy is incentive, it is the most powerful creative, building energy there is. It brings "...an illumination which reveals the underlying synthesis, which indicates the dualism which must finally vanish and which indicates also the secret of right human relations." (A Treatise on the Seven Rays, Vol. III, p. 378.)

So, this is a time of great opportunity for humanity, and for us, because we are the Way Showers. The energy which is needed to move

We are here now. We are the ones we have been waiting for. humanity forward on the path of evolution is even now present in us, in our system. The disciples upon whom the responsibility of directing that energy into appropriate

channels has been placed are present. We are here now. We are the ones we have been waiting for. All we have to do is do it.

Standing, as we have, consciously and in group formation, in the path of the inflowing Shamballa Force, will allow us to be evocative. It will enable us to work from in to out, from up to down, from spirit to form. We will be able to respond to the invocative cry from our brothers and sisters and to in turn call out that divinity which is within them.

As we move into our meditation now, I want to leave you with this small remembrance. When I was very young, just barely 5 years old, I was told the story of Genesis. I remember

well the nun who related this to me, in the first school I attended. To my 5- or 6-year-old mind, she was incredible. She was this giant in flowing black drapes that whisked when she walked. She looked as if she were in perpetual pain with her shiny white face poking and pinched through that starched white oval surrounded by that enormous flowing black cape thing. She told the story of the Making, and it stuck very well. Perhaps it was my imagination, but she seemed to dwell on and delight in telling how God made man in his own likeness by scooping up a handful of clay and breathing into it, and how we had failed to live up to God's hope for us and had disappointed Him every single day since. I had this image of a little mud doll into which God had poked this little hole sort of like a belly button, and blew air into it. Time and time again in my religious training and life in general this notion of being made of clay, of being no more substantial than dirt, from dust to dust and so forth, was reinforced in my consciousness. This notion had never set well with me, however, and it was with great joy that I figured out, some 27 years later, that I was not the clay, but the breath.

We Are The Breath

And so my message to you, my brothers and sisters, is that *We are the Breath*. Yes, we are the Breath. Om mani padme hum. We are the Breath. Om mani padme hum. We are the Breath.

Tom Carney Taurus 2000



Our Yellow Brick Road

("Our Yellow Brick Road" was the opening invocation at the 2000 Gemini Festival in Los Angeles)

Welcome to the Gemini Festival of Humanity sponsored by the Los Angeles Intergroup. This is the third of the Three Linked Festivals of Spring. Since Aries, we have been courting the new wave of energies available to implement the Plan. Tonight, we seek to coax these powerful energies right down into our etheric bodies. As Glenda Christian told you last month, the three linked festivals include a "double whammy" this year because of the 2000 Shamballa impact. This month, we are going for a hopefully positive "triple whammy" as we will be conjunct with the very center of our galaxy at the exact time of the full moon tomorrow afternoon. Thus, any alignment we manage tonight may take on galactic proportions.

Far Reaching Magic

We are here to celebrate the far-ranging magic In fact, Gemini is partly of Gemini. responsible for us being here at all, as it helped give birth to our fourth kingdom when we first individualized out of the animal kingdom. Geminis are often written off as being too ungrounded and capricious to be taken seriously. But Djwhal Khul advises that there is method in this mutable madness. Gemini may stimulate many changes, but these shifts are specifically designed to further evolve our Christ consciousness, for Gemini, with the Great Bear and the Pleiades, forms the triangle of the cosmic Christ. Gemini is the primary pathway by which the Christ's energy, the Ray of Love Wisdom, reaches our solar system and holds it together. Gemini is also the point of entrance for the 2nd Ray energy of Sirius, home of the Great White Lodge on which our own spiritual Hierarchy is modeled. As the conveyor of all this 2nd Ray energy, Gemini forms our very own "yellow brick road" for the Reappearance.

Diwhal Khul has stated that evolution is driven by the desire of opposites for each other. Gemini, with its 2nd Ray attractive power, is where we first intuit that opposites can be resolved into a higher synthesis. Gemini's love wisdom actually becomes a third healing factor, forming a triangle with various pairs of opposites, until the ideal balance between them is found. In the case of the zodiac, Gemini triangulates with each sign and its polar opposite. Eventually, Gemini's influence will change the zodiac from twelve separate signs into six fused potencies where we will have access to the whole continuum of skills and virtues of any two opposing signs as needed. Gemini's energy is, thus, the ultimate in conflict resolution. Pick any polarized situation in your life and invite Gemini in to find a point of higher fusion. Gemini helps resolve the dualities between body and mind, between lower mind and higher mind, between soul and personality. females, between males and between generations, between nations, etc. When we eventually manage to fulfill our human destiny and become divine hermaphrodites, we will have carried this fusion process right up to the two planetary rulers of Gemini-Mercury and Venus, which in Greek are known as Hermes and Aphrodite and when fused become "hermaphrodite."

The ultimate goal of Gemini is to manifest brotherhood on Earth. Gemini is constellation of the mythological brothers, Castor and Pollux. These brothers, though quite different, cherished each other and were inseparable throughout many adventures. When Castor was slain in a war among the gods, Pollux was so desolated, he begged Jupiter to exchange his life for that of his brother. Jupiter was so impressed by this act of selfless love that he elevated the twins to the heavens as the constellation Gemini. There they continue to shine as lighted models

6

of the brotherly potential in all of us. The Gemini Labor of Hercules further emphasizes this special power of brotherly service. It is only when Hercules forgets his personal quest for the Garden of Hesperides, and makes time to relieve Atlas of his worldly burdens, that the garden finds him.

Djwhal Khul says brotherhood is a great mystery that is only now resolving on the logoic and monadic planes of our system. Perhaps the Shamballa impact, the recent multiple planetary conjunctions, the current galactic alignment, and the Three Linked Festivals are all working in unison to bring this mystery more within our grasp. May our upcoming meditation within the intuitive, loving matrix of Gemini put us in touch with this mystery of brotherhood. If we are successful, we might just free up our longsacrificing brothers, the Buddha and the Christ, for their next steps. We might also get a glimpse of our own Aquarian future.

Hand in Hand

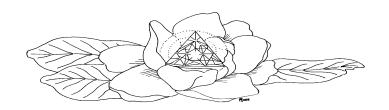
So we have filled our vehicles to the brim with a lighted elixir that can resolve dualities and elicit brotherhood. Where shall we sprinkle it? I suggest that since our country is ruled by Gemini, we use some of this energy to help resolve the various polarities that still divide our city. Los Angeles, America's heart The United Way of Los Angeles focussed on some of these dualities in its current local campaign entitled, "A Tale of Two Cities." (Now mind you, I had no idea our main speaker, Sylvia Catherine, was going to be quoting from Dickens' Tale of Two Cities when I chose this material. I think this bit of synchronicity is just Gemini providing us a mini-demonstration of its magic—the ability to attune two minds who have never met or spoken, simply because they have meditatively tapped into Gemini's cooperative intention.)

Anyway, following are several of the statistics shared in the United Way Campaign. Los Angeles county has enormous wealth and constitutes the 18th largest economy in the world. We have more millionaires per capita than any other city in the nation. Yet, Los Angeles is known as the nation's poverty capital with one in three of our children living below the poverty line. We also have more million-dollar homes than any other area in the US and more high-income households. Yet 236,000 LA residents are homeless. We have world-renowned medical facilities. Yet 28% of our residents have no health insurance. We have top-notch universities and one of the largest school systems in the country, but 27% of our adults lack adequate literacy skills and LA County students score in the lowest 1/3 of national test scores. Our local media manufactures many images of the good life for the world, but the poverty rate for LA seniors has been on the rise for ten years. The number of abused Los Angeles children placed in foster care has increased 86% since 1990. Drug related deaths here increased 26% between 1991 and 1995 and the largest single cause of death for LA County teens is homicide.

With Gemini's help, these areas of imbalance are within our capacity to heal. Gemini is connected not only with the healing power of the Christ, but also with the heart of the sun. Gemini radiates a unifying love of the whole. leaving no part out. If we are interested in initiation, Djwhal Khul warns that initiation can no longer be taken alone. We must recognize all humans as our brothers, for only "hand in hand" will the door of initiation now open to us. Let us begin to imagine the whole city of Los Angeles hand in hand, working to relieve each other's burdens, that we may help bring about a united heart center and help heal the world.

Miki Webb

Gemini 2000



Arcana Workshops Presents a Seminar on

The Creative Power of Meditation

Saturday September 23rd and Sunday September 24th 9:30 am to 5:00 pm Saturday and 9:30 am to 1:00 pm Sunday No charge for the Seminar, materials cost \$10.00

We welcome both beginning and experienced meditators to these two days of exploring and developing a practical understanding of meditation. The seminar is based on information in the Alice A. Bailey and Agni Yoga books. We will investigate Old Age systems of meditation as well as New Age systems of meditation as a prelude to this study of Higher-Mind Meditation.

You will leave this dynamic and interactive weekend seminar with a practical understanding of meditation work that will help develop and clarify your meditative path. There will be an experiential exploration of what meditation is, and of when, where, how and why we meditate.

Seminar Location: Arcana Workshops

3916 Sepulveda Boulevard, Suite 202 Culver City

Seminar Presenter: Tom Carney

Materials: Each participant will receive a 50-page booklet which includes handouts, specific meditation formats and seed thoughts that will facilitate both understanding of the creative meditative process and provide guidance for meditation throughout the year.

Space is limited, please register as soon as possible.

For registration or additional information:

Call Arcana Workshops at (310) 391-9772 Tom Carney at (310) 545-0910 e-mail Arcana Workshops - webdisciple@meditationtraining.org.

Additional information about Arcana Workshops is available on our web site. http://www.meditationtraining.org/