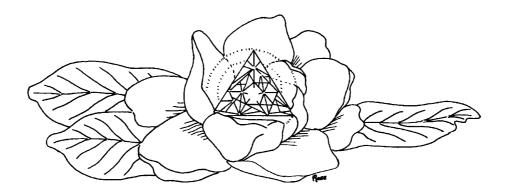
ThoughtLine

April 2000



To provide the training, the atmosphere, the companionship and service opportunities necessary to "link Hierarchical intent with human aspiration."

Arcana Workshops

Arcana Workshops is a non-profit tax exempt corporation and your donations are tax deductible.

Meeting Location: 3916 Sepulveda Boulevard Suite 202 Culver City, CA 90230 Mail Address: P.O. Box 506 Manhattan Beach, CA 90267-0506 www.meditationtraining.org webdisciple@meditationtraining.org telephone: 310-391-9772

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✓ Up Coming Events

April 15-16 - Annual GCM Conference – 'A World Religion for the 21st Century' Meditation Mount, Ojai - Call 805-646-5508 for details.

The Three Linked Festivals of Spring

April 17, Monday 7:45pm - Aries Easter Festival (See enclosed program.)

May 17, Wednesday 7:45pm - Taurus Wesak Festival

June 15, Thursday 7:45pm - Gemini Festival of Humanity

On Going

Thursdays, 7:30 – 9:00pm Esoteric Astrology

Calendar Note

The Three Linked Meditation Festivals of Spring occur in the solar signs of Aries, Taurus and Gemini. These festivals are three parts of one festival. During the first (Easter) Festival, at the full moon of Aries, Humanity and the Earth's Planetary Hierarchy receive and absorb a great surge of the fiery, initiatory Will energy. From this is formed a shared vision, on the inner planes, of some vital next step in Humanity's ongoing spiritual evolution. During the second (Wesak) Festival, under the influence of Taurus, this shared vision is brought into sharper focus and further conditioned by the energy of Enlightenment. This reception, on behalf of Humanity, of the energies of Will and Enlightenment is the achievement of the first two Festivals. With the conscious assistance of human meditators, these energies are stored in the Chalice of the Hierarchy to be mixed with the energy of Love at the third (Humanity/Good Will) Festival. The combination of these three great spiritual forces is thus achieved at the Gemini Full Moon and distributed to all of Humanity in the form of blended spiritual energy which we experience as GOOD WILL.

Arcana Workshops suspends its normal hosting of the Community Meditation Meetings during the period of the Three Linked Festivals electing instead to join the greater Los Angeles community in a joint and synchronous observation of these three sacred points. We encourage all meditators to join forces in this intergroup effort to invoke on behalf of humanity the grace and light of our Elder Brothers and Shamballa.

Arcana Workshops will be holding an exact time meditation meeting after the public festival in Taurus. Please watch this page for information concerning that event.

Beginning With the Word

Years ago I would make a lighthearted joke about how we are not *physical bodies with auras* but *auras with physical bodies*. I would then go on to lament that I had not been given an operating manual on how to run my auric energy body.

I can look back and see that this was the beginning of a spiritual awareness, of "me" starting to shift the sense of "who I am." My sense of identity was beginning to shift to "the Body of Light" that is, the light body that invisibly generates the physical form. These days I have gotten more sophisticated in my language about this subject. I recognize the etheric light body and the other component parts that make

up the aura; I can recognize and sense the distinctions between these interpenetrating layers of energy, in gradations from the most dense to the most refined, all intertwined, all present at the same time. I can sense

the distinctions between the physical etheric energies, the emotional or astral energies, the mental energies and the Buddhic energies.

In recognizing that I was an energy body, I went on to distinguish that this body of energy was invisibly encapsulated by a highly permeable "soap bubble" of "energy substance" that formed my spheroid perimeter. This permeable perimeter, or *ring pass not*, kept my "energy stuff" separate from your auric energy stuff and at the same time, left us sensitively receiving emanations from each other. Naturally, this opened up a host of new questions around distinguishing what I was sending and what was being sent to me. The awareness and confusion grew, and my request for an operating manual became more urgent.

If this is who I am, how do I effectively, most masterfully, "run" this type of energy system?

The martial arts gave me some powerful insights; I studied and practiced Tai Kwon Do for over 6 years, testing to just one belt short of the coveted Black Belt. I was amazed how I could, with fist or foot, bust through and break 4 inches of boards and not hurt my physical body at all.

I saw through experience that focus of attention and intention was the key. When I did not focus, when my intention was fuzzy, I could not break through.

When my intention was focused, I could "effortlessly" break through and the experience was exhilarating.

When doubt or fear grabbed my attention and clouded my focus, I failed; and it hurt. When I could succinctly direct my attention and energy, I produced a result.

We were trained to envision our hand on the other side of the boards. Imagining our hand or foot, landing 6-12 inches on the other side of the boards, the obstacle (4 inches of wood) was de-emphasized and the goal or target, clearly envisioned, created a point of tension. The lessons were practical and immediate: Focus on the obstacle and you get

stopped. Focus on the intended goal or outcome, beyond the obstacle, and 'breakthrough" occurs. Said another way; focusing along a line of purpose causes the intended outcome, or result.

If this is who I am, how do I effectively, most masterfully, "run" this type of energy system?

Attention + Intention = Tension = Breakthrough

This simple and, perhaps, obvious idea has great application to our lives; many progressive management systems used in business today are utilizing this formula.

It is showing up in business and common speech today as the "language of possibility." I think that behind this idea is an operating principle: that one can focus the attention so as to enliven a spark of purpose within a human being, stirring a great reservoir of life within him/her that has tremendous power. It is so powerful that it can revive the dead or nearly dead because it is a link to the Life aspect itself.

I actually had a personal experience with this in 1979. My husband, Bill, had had a severe heart attack. He had been in critical condition in the ICU for several days and was not responding; he was "alive" but unconscious. During the attack his heart had stopped and he had been defibrillated back to life. I was desperate, as most young wives with a five-year-old daughter would be; death seemed so close to my husband.

I called a mutual friend, Rick, who I knew "believed in" out-of-body experiences and the immortal character of the soul. Together we focused

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our intent and called Bill back. We clearly sent the idea that there was unfinished work to do here; that his child, wife and others needed him back—operating in his physical form on the physical plane. We focused the thought; "Bill come back! You are needed here!"

Bill came back! Shortly after our "recall session," he returned to consciousness and shared with us a "classic experience" of being outside of his body . . . of heading toward the light, a blissful glorious light, and then of being touched with the idea that he had an unfulfilled purpose, unfinished business with his family and others, that he needed to return and complete!

He told us of the turning back from the joyous light, returning to his body, of sensing himself over the body and then the experience of tremendous pain as he reentered physical form and "woke up." He recovered his health and

rejoined his life with his friends and family.

This event illustrates the importance of purpose as it relates to *aliveness*. There seems to be a seed within all of us, a vital kernel of "I want to make a difference" that, when touched, sparked or enlivened, changes our lives. The sense of a valuable purpose and of "being present to" the future possibility of expressing that purpose seems to be the driving and vitalizing force of many of our true leaders. A most obvious example: "I have a dream," a la Martin Luther King.

I suspect that this "seed" actually lives like a little flame within the breast of all human beings. I have noticed that my most effective teachers and mentors have learned the skill of touching that seed of purpose and enlivening the sense of possibility. Guided by their words I begin to actively imagine what it would be like living that purpose, and not only for myself but also for others.

What Could Be

These clever folk have somehow gotten me to look away from the obstacles and gotten me "next to," "present with" and actively envisioning my purpose being accomplished. I notice that as soon as the image of what *could be* begins to live in my imagination the obstacles seem to disappear. There is no four inch board there; there is just my hand or foot having arrived twelve inches beyond the board.

We all run into, "I can't" in our lives, and we can see our family and friends running into "I can't." We in the esoteric community have gotten glibly sophisticated about discussing these things like, "Oh, those are just crystallized thought forms or astral glamors that need to be broken up or dispelled or cleared so our vision can be restored." We know from our own roadwork that this is sometimes easier said than done. For myself, having just finished raising two children through their teen years ... the humility of the roadwork still smarts.

As disciples on the path, it is one of our self-assigned goals, "...to hold the vision of the Plan

before the eyes of men, for 'where there is no vision, the people perish.'" (A Treatise on the Seven Rays, Vol. V, p.233.)

The "clean up" of our own equipment needs to occur coincidentally with the holding of the vision of the Plan before

others. This is where we as esotericists have differed a bit in our emphasis from some of the other new age or self-help groups.

In our effort to serve others in both objective work and subjective work, work which we have often done in group formation, like the dissipating of world "glamours" and the transmutation of separative and destructive thought forms, we continually strive to be in touch with the "greater vision," gradually expanding our sense of divine proportionality.

There is a tension in this, a vertical tension where, in our striving, we approach, appreciate and appropriate the very substance of the Plan into our vehicles. This higher tension actually serves to obliterate the "horizontal tensions" of the daily life. It is an antidote to stress in the daily world and comes out of a fierce commitment to see the higher vision and fulfill the needs of the horizontal world simultaneously, coincidentally cleansing our vehicles and "allowing" our lives in real time and space to work harmoniously and without "stress."

It is our job to act as an intermediary group, between the Hierarchy and humanity, receiving light and power and impression and using what we have received under the inspiration of love to build the New World of tomorrow into each day.

I would like to suggest that, if your life is not on fire with vibrant life-giving purpose, that your vision is not yet big enough. I have heard some retired people say, "I don't know how I ever held a job,

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creations abound in this

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evidence of the synthesis that

comes from a higher spiritual

'cause now that I don't have to work, just taking care of myself takes all of my time."

In contrast, have you ever noticed that when you have been "caught up" in the "fever of a creative project or service" that "somehow" your essential needs get tended to almost effortlessly and

coincidentally and possibly miraculously? While, conversely, when we have decreased our sphere of responsibility, the same basic tasks somehow expand to consume the space and time that is available? More gets done where there is a "higher tension." There is a greater velocity that goes with this tension,

along with a higher incidence of coincidence or synchronicity. Spontaneous mutual co-creations abound in this "higher tension." These are evidence of the synthesis that comes from a higher spiritual or monadic focus.

This line of thinking could be construed as a sales pitch for the benefits of service work for both the server and the served. But it is true, somehow in the "heat" of service—time expands and seems to disappear entirely at certain points. Sometimes it feels like you have just "stolen" some free moments from those stockpiled in eternity or had a sojourn into Timelessness.

As one contributes in service, the sense of the personal self and any sense of separation from the other dissolve in the pouring-out of response to the need of another. It has been said that one of the outcomes of the implementation of the Plan is the obliteration of time. I think there is a clue here. I wonder if Mother Teresa had a sense of timelessness as she strove to live her commitment to support people to die with love and dignity?

Right Human Relations

As esotericists and world servers, implementors of the Plan, we have the best of all possible roles in the world. It does not really matter within which area of society we decide to serve. If we are working with people, there is constantly an opportunity for Right Human Relationships to be expressed and practiced. You can count on opportunities to serve. Especially watch your own response to the demand that people make for inspiration. People want to be inspired! It is our job to fulfill on that demand because we "...receive inspiration from the Spiritual Hierarchy

and go forth, consequently, to inspire." (A Treatise on the Seven Rays, Vol. V, p.233.)

People every day are asking to be inspired, although sometimes the requests are very indirect. The requests come camouflaged; crusted over with cynicism, disappointment and hopelessness. Because

of the vertical spiritual tension that we maintain as meditators, working as a group in service to the Plan, widening and strengthening the Antahkarana (that vertical energetic pathway between Hierarchy and humanity) we have a constant supply of "spiros" or spiritual

energy to flow into the horizontal world of men. With this we inspire. By word, by deed, or just by holding our vertical alignment in a social gathering, we give the spiritual energies radiating access. This last process alone can enliven the spark of purpose and possibility in the minds and hearts of the people that our aura enfolds or permeates.

The higher and more focused the orientation of our tension on the inner planes, the wider the sphere of influence our radiant and magnetic field will encompass. The intensity of the focus at the center (vertical alignment), the dot at the center of the circle, is directly proportional to the range of the diameter, to the width of the circle of society (really "sphere") that our field of energy will influence in the "horizontal world."

Love In Action

In our culture this magnetic radiation often gets called "charisma" but it is important to make a distinction here: The energy that I am referring to consisting of the qualities of magnetic attraction with an attendant radiation is reflective of the qualities of the 1st Ray of Purpose, Power and Will and of the 2nd Ray of Love Wisdom respectively. The Pope has this energy signature. The Dali Llama has it. Nelson Mendella has it, and Mother Theresa had it. At some of his highest moments John F. Kennedy had it. We have all met less well known people with a degree of these qualities. At our highest moments even we have it. This is the magnetic radiation of the Great Heart. This is Love in action. This is not to be confused with charisma.

I am not talking about the animal magnetism we know so well which is also called charisma and which we see in some rock stars or movie stars like

Madonna, Mick Jagger and Marilyn Monroe. The distinction is that with charismatic animal magnetism the stimulus is primarily to the energy centers below the heart and it has a corresponding effect.

Love or true magnetic radiation is often seen in men and women, who with great focus of purpose, have taken as their service the transformation of some grave injustice and the implementation of a universal principle. It is the effort to serve the good of the larger life that generates this field of radiance. This is LOVE at it's highest level and expression. It affects the hearts of men and addresses the whole of humanity.

In the most practical way...how do they do it?

In part, I believe it is simply their relationship to their word.

We all know of the Gospel of John, Chapter 1:

"In the beginning was the Word, and the Word was with God, and the Word was God."

This is word with a capital W, which The American Heritage Dictionary calls The Logos. The American Heritage Dictionary defines Logos as follows:

"1.a. Cosmic reason, affirmed in ancient Greek Philosophy as the source of world order and intelligibility. b. Reason or an expression of reason in words or things. 2. The self revealing thought and will of God as set forth in the Gospel of John, often associated with the second person of the Trinity. (Greek *logos*, speech, word, reason.)"

These men and women have established an essential relationship to their Word, which in turn is reflected in their "word," in their daily expression.

These men and women have established an essential relationship to their Word, which in turn is reflected in their "word," in their daily expression.

Their speaking seems

to come out of their being as the "self revealing thought and will of God." These individuals have, because of their focused intent and alignment with prime cause, become prime creators or co-creators themselves. They have unified with or more accurately identified with universal principles or truths... i.e., a part of the Plan. As you study these

people, you can see that they are being their truth. They "make a stand" for certain principles and thereby invoke the living truth into their vehicles through their vertical alignment. They understand these principles. "Standing under" them – then, they declare or speak them into their world of influence.

Universal spiritual principles exist in their seed form within the hearts of all people

These leaders keenly observe the "daily horrors", the problems of life, operating with the absence of spiritual principles in place and the human suffering that results. They are not discouraged or stopped. They are so identified with the higher principle, so clear in their own spiritual vision, a vision which originates above the level of thought, that they can actively create through their word,

a living vision within the minds of their fellow men.

Universal spiritual principles exist in their seed form within the hearts of all people. They are often crusted over with fear and doubt, cynicism and anger. These leaders vibrate, and with their words and actions, inspire, thus awakening the seeds that lay dormant in their fellow men. In doing so, they bring Life and manifestation of the principle or part of the Plan for which they stand.

Most of us have had the experience of a moment where we had the courage of our convictions and expressed a truth into an uninviting situation, or watched another do so. The flight of the energy that followed as that thought landed within the mind of another, enlivened a sense of hope, ignited a spark, bringing life from the grave of disappointment and discouragement.

The Spark of Purpose

The spark of purpose ignites, and then impulse toward action follows. As leaders in our spheres of service, it is necessary to responsibly consider where this energy gets focused, so we actively cause principled action to manifest.

Now, more than ever, as we open the gate to the New World, it is vital that we clarify our thinking.

Every horror in the world can be seen as a call for the implementation of, or an enlivening of, a spiritual principle and quality. Some of these principles and qualities have yet to be revealed. As active witnesses in the world of our daily lives, at each occurrence we can bring to mind the principle that is lacking and

envision its presence. This is part of the work of the 7th Ray ... spirit into matter.

- ♦ One may create a shower of radiant sendings, but one may also fill the space with locusts (Infinity I, p.8).
- ◆ Let us recognize the power of our thought life. Energy will follow our thoughts, no matter what! Where the energy flows the results will show. Let us be mindful, therefore ... to consider our thoughts as Creator Thoughts . . . Logoic thoughts.

Even the playground of gossip, a particularly "locust-ed" arena, represents an opportunity to connect a "gripe about someone" (the lower) into a "vision session" (the higher). The queries would be:

"What would this person and situation be like if they embodied the Spiritual Principle or Quality, the lack of which has engendered complaint?

What would all of us be like if we followed that missing principle?"

Shamballic Energies

We can expect that the forthcoming Shamballic energies will flush forth in vivid, living color and highlight the injustices of the world that still need balancing and rectification. Expect it. This is our opportunity, whether we are out front as leaders or behind the scenes doing subjective work. It is our opportunity to deeply anchor the universal spiritual principles with which we have so deeply familiarized ourselves and continue to reveal more.

Morya says in his book *Infinity I*,

Where the earthly crust ends for geologists it begins for Us. Impregnated with the emanations of your actions and saturated with the crystals of darkness of human thought, this crust presents a resistance harder than flint. But through the ceaseless striving of thought this dense sphere, which holds Earth tightly in its clutches, can disperse like a thin vapor. Should we not dissolve these accumulations, when we may choose between the thread into Infinity or a pile of obstructions? (Infinity I #2, p.6.)

The mastery over unconscious thoughts will provide the understanding of the dimensions of Infinity. Limitless is the stream of thought. The possibilities flowing from the streams of the luminaries are endless.

Tonight we "stand on" these Luminary Principles, at the top of the mountain here in Capricorn. The gate to the spiritual kingdom is at our backs, we have seen the light and we turn toward humanity, the light of illumination shining through us in to the world of men.

Carol Houst Pisces 2000

Please Notice

Enclosed with this issue of *Thoughtline* are two copies of our publication Full Moon Magic. You will note that one copy covers the years 1998, 1999 and 2000. The other covers the next three years, 2001, 2002 and 2003.

The new edition is available from us by request. We are making no charge for these; however, we do have expenses in the creation of them and donations for numbers greater than 2 or 3 would be most gratefully received.

Getting Ready For Shamballa: Go for It!

arpe diem, or, if you don't do Latin, Seize the Day. This old admonition has never been more appropriate than it is right now. Whatever it is that you have been thinking about doing some day, whatever little project you have been nursing on the back burner over the years, or whatever project of any size that you have been waiting to do until the time was right, this is it. This is the time to dream the impossible dream because this is the time for the fulfillment of dreams. And, if you do not have a dream, get one, a big one. The energy of Life is flowing our way, and what we desire, what we dream, what we will, whatever it is, has a very good chance of happening.

Shamballa Force

I think that we need to see this Spiritual inflow of Life Force, which we are calling the Shamballa Force, in the same light that everything else occurs in universe, and that is in waves, or cycles. As I see it, the Shamballa Force, herein after called the S Force, has been building over the past several years and is approaching some kind of a peak. Anyone who has spent any time contemplating the planet's oceans or the Ocean of Life will know what I mean here. The waves come in sets and each succeeding wave in the set gets larger, climaxing, as any surfer will tell you, in the ninth wave which is the Big Kahuna wave.

It is anybody's guess just when this wave set of energy from the Bright Center started, but I think that one of its earlier effects, and if we had seen it, portents, was the collapse of the Berlin Wall. These are waves of Spiritual energy, of Life energy or Will, and, unlike the old days where they were sort of filtered through the protective screen of the Hierarchy, they are today breaking directly on the shores of humanity. They will energize as never before, our dreams, desires, hopes, aspirations. It would be prudent, therefore — as we move into the exposure of the inflow of this energy

which will begin in earnest with the full moon of Aries – that we sort of review our dream set, take a look, a close look, at our desires and wishes. The wise disciple will take very seriously the opportunity for purification which will occur during Pisces, and the traditional Christian period of purification known as Lent. I think of this period as that space of quiet water between two waves which occurs just before the build for the next swell starts.

The isolation and elimination of any personal motive will have pronounced effects on any of our service efforts. This is a perfect time
– on a slightly more
sophisticated level –
to examine our
motives, to look
closely at the whys of
our dreams, plans,
projects and to try to
discriminate between
those motives which
serve the separated

personality and those which serve the needs of our brothers and the Plan. As we all know, most of us have mixed motives to some degree. The isolation and elimination of any personal motive will have pronounced effects on any of our service efforts. It will free up motive power that is being used to feed the personal desires and make this available for the service effort. And, it will go a long way toward eliminating fear because fear is always connected with personal motives, with the worry of not achieving or being successful. The soul is fearless. It does not know doubt and it does not know fear. All of this lies embedded in the simple statement from the Teaching, "With self forgetfulness, we gather what we need for the helping of our fellow man." What we gather here is Soul Light, Courage, leading to that most esoteric of concepts, Divine Indifference and - what is truly at the core of the S force - peaceful silent Will.

The Hidden Will be Revealed

There is another aspect of the inflowing S Force that we should note. As any great wave will do, the Shamballa Force will uncover that which has been buried in the sands. Here we are dealing with the sands of the Great Illusion, the sands of narrow self conscious vision and the sands of ignorance and forgetfulness. As it foretells in the Bible, at the end of the age, "that which has been hidden will be revealed." Most of the analysis around this foretelling has to do with the "bad guys" being exposed, and — heaven forbid — with everyone's personal sins being revealed. To a relative extent, this is true. We are living more and more in a fish bowl type of environment.

The Fact of the One Humanity

On another and much more significant level, however, what is being revealed is the fact of the one Humanity and the importance of the individual — facts that the forces of retrogression have worked very hard at keeping from our vision. The inflowing wave of S Force is washing away the sands of separation, causing a tremendous acceleration in the evolution from self to group consciousness. Everywhere on the planet the ideas of internationalism and interdependence are gaining strength and visibility.

The political or economic action on the part of a nation on the basis of self or personal interest is coming more and more into question because it is getting harder and harder to think that the lives, the welfare, the health, of the people in, say Africa, are not inseparatively bound up with our own. Likewise, the ancient notion of national sovereignty being a condition that has greater weight than world Justice and the basic human values of the right to live and be safe in one's home, free from the terror of repression or extermination on the grounds of religious or racial or cultural differences is under extreme pressure. This separative notion of the old self conscious systems will likely give way to International Law and Courts and a world wide system of Justice and human dignity before long. True, there are still many powerful voices raised in the defense of these ancient and backwards

ways, but the sheer volume of the noise they are making is indicative of their close collapse.

The Great Unfolding

I see this tremendous acceleration in the unfolding of group consciousness and the resulting new cultural imperatives as directly linked to the release of the S Force. We are very close to it just now. Perhaps we are too close to really get a good look at it, but it will continue to build up speed and power in the next few generations because the unfolding builds on the progress of the preceding wave.

I am reminded of a whisper from the Master M. "Even the worm will set no limits to its dark passages, and you, with your face in the stars, you can not resemble the worm." So, this is Don Quixote time. This is the time of the impossible dream. Let us act, and let us do what ever we do with courage and love and joy, and, above all, because the **Tides of Life** are flowing with us let us expect unprecedented results.

Tom Carney, Aries 2000

Toiler, when the energy is transmuted into an ocean of light, does thy consciousness quiver or expand?



Toiler, is thy heart fearful or exultant when before thee looms Infinity?

New Era Community

A Pilgrim's Prayer

To set aside all differences

To share responsibility

To recognize that we are one

To strive for unanimity

To see beyond the shadows

To breach the shrouding veil

To leap into the sky

And catch a comet by the tail

To reach the destination

Which has ever been the goal

Attaining liberation

And shining forth as soul

May our works be works of love

And not be works of pride

May we ever work as one

With Purpose as our guide

With Light and Love and Power

May we implement the Plan

And may we with our every word and deed

Serve God and Man.

Bruce Allen 1/00